

Fayetteville State University 4-Year Career Plan



Office of Career Services
Fayetteville State University
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www.uncfsu.edu/CareerServ/

Freshman Year

Exploring- Self-Assessment & Career Planning Activities

- Begin to identify interests, abilities, skills and personal/work values
- Seek career advising to discuss choosing a major and /or identifying possible career options
- Explore a wide variety of majors
- Talk to academic and career counselors about the majors you are seriously considering
- Develop and practice good study habits, organizational and functional skills
- Investigate and join campus organizations that might interest you. ***This is a good way to develop leadership, organizational and planning skills***
- Participate in campus activities – get involved in what’s happening on campus
- Seek summer, part-time and volunteer jobs to explore careers and gain valuable experience
- Answer the following four key questions:
 - What do I want to do when I graduate?*
 - What can I do with the degree that I am seeking?*
 - What do I need to do to develop myself further?*
 - How can I ensure that I start the career I am seeking after graduation?*
- Read the newspaper and watch the news often. Keep up with current events
- Register with the Office of Career Services
- Attend ALL activities sponsored by the Office of Career Services



Sophomore Year

Deciding-Career Exploration & Investigation Activities

- Continue exploring your academic interests through a variety of courses
- Learn about career options in the various majors by talking with professionals in those areas
- “Shadow” – spend a day on the job with a person in a career that interest you

- Talk to family, friends, peers, counselors, professors, etc. about your career choices
- Meet with your academic advisor to discuss requirements and procedures for declaring a major in your chosen field
- Confirm your choice of an academic major
- Investigate and join campus organizations that might interest you. This is a good way to develop leadership, organizational and planning skills
- Investigate internships, co-ops, part-time work, summer jobs, and volunteer programs to gain valuable experience
- Investigate international programs and study abroad programs
- Seek internships and co-ops that will assist you in gaining valuable work experience
- Read the newspaper and watch the news often. Keep up with current events
- Create or update your resume and have it critiqued by the Office of Career Services
- Register with the Office of Career Services
- Attend ALL activities sponsored by the Office of Career Services



Junior Year

EXPERIENCE ~ GAINING CAREER EXPERIENCE

- Start considering options for after graduation: Career and/or graduate/professional school
- Research career options and decide which ones are most appealing
- Conduct informational interviews with professionals in your chosen career field
- Continue building practical experience through employment, volunteer work, internships and co-ops
- Seek leadership positions in campus organizations to develop and strengthen organizational, public speaking, writing and other relevant skills
- Identify and research companies of interest. Seek out those attending career fairs and information sessions and establish contact with representatives
- Visit the Office of Career services for job listings, employer and graduate school information and company literature



- Participate in mock interviews and polish your interviewing skills
- Seek internships and co-ops that will assist you in gaining valuable work experience
- Begin networking- make contacts and keep a journal of employment possibilities and contacts



- If considering graduate study, identify possible schools and request admissions information. Begin preparation for and begin taking admissions exams
- Update and develop an effective resume and have it critiqued by the Office of Career Services
- Read the newspaper and watch the news often. Keep up with current events
- Attend ALL activities sponsored by the Office of Career Services

Senior Year

Career/Continued Education Seeking ~ Job Search/Transition to Work & Continued Education Activities

- Update and develop an effective resume and have it critiqued by the Office of Career Services
- Register with the Office of Career Services
- Become actively involved in the on-campus recruitment program, participate in on-campus interviews, information sessions and resume referral services
- Attend all activities sponsored by the Office of Career Services
- Visit the Office of Career Services for job listings, employer and graduate school information and company literature
- Identify companies who do not interview on campus, research them and network to establish contacts
- Plan and design your own individual job search strategy – ***the Office of Career Services is your first line resource***
- Participate in mock interviews and polish your interviewing skills
- Take all of the graduate admissions exams needed for admission to graduate/professional school
- Network. . .Network. . . Network!!
- Join professional associations and become actively involved
- Continue developing related work, leadership and other skills necessary for your personal career objectives