Course: NUR 421 – Nursing and Women’s Health
Curriculum Level: IV (senior level only)
COURSE CREDIT: Three (3) Lecture Credit Hours
PRE-REQUISITES: Acceptance into the Nursing Program
Class Meets: online
Instructors: virtual
Office Hours: virtual
Office Phone: virtual
E-mail Address: virtual

FSU Policy on Electronic Mail: Fayetteville State University provides to each student, free of charge, an electronic mail account that is easily accessible via the Internet. The university has established email as the primary mode of communicating with enrolled students about impending deadlines, upcoming events, and other information important to student progression at the university. Students are responsible for reading their email on a regular basis to remain aware of important information disseminated by the university. The university maintains open-use computer laboratories throughout the campus that can be used to access electronic mail. Students making inquiries via email to FSU faculty and staff about academic records, grades, bills, financial aid, and other matters of confidential nature are required to use their FSU email account.

Rules and regulations governing the use of FSU email may be found at: http://www.uncfsu.edu/PDFs/EmailPolicyFinal.pdf

I. Description:
This course is designed to focus on the current health care challenges and global issues of women’s health and implications for evidence based professional nursing practice. Women’s roles in a complex society will be examined to facilitate increased self awareness as consumers and providers in the health care delivery system

PRE-REQUISITES:
Acceptance into the Nursing Program or special consideration

II. DISABLED STUDENT SERVICES: In accordance with Section 504 of the 1973 Rehabilitation Act and the Americans with Disabilities Act (ACA) of 1990, if you have a disability or think you have a disability to please contact the Center for Personal Development in the Spaulding Building, Room 155 (1st Floor); 910-672-1203.

III. Title IX – Sexual Misconduct
Fayetteville State University (University) is committed to fostering a safe campus environment where sexual misconduct — including sexual harassment, domestic and dating violence, sexual assault, and stalking - is unacceptable and is not tolerated. The University encourages students who may have experienced sexual misconduct to speak with someone at the University so that the University can provide the support that is
Consulting with a Health Care Professional - A student who wishes to confidentially speak about an incident of sexual misconduct should contact either of the following individuals who are required to maintain confidentiality:

Ms. Pamela C. Fisher
Licensed Professional Counselor
Spaulding Building, Room 165
(910) 672-387
psmith@uncfsu.edu

Ms. Linda Melvin
Director, Student Health Services
Spaulding Building, Room 121
(910) 672-1454
lmelvi10@uncfsu.edu

Reporting an Incident of Sexual Misconduct - The University encourages students to report incidents of sexual misconduct. A student who wishes to report sexual misconduct or has questions about University policies and procedures regarding sexual misconduct should contact the following individual:

Ms. Victoria Ratliff
Deputy Title IX Coordinator for Students
Spaulding Building, Room 155
(910) 672-1222
vratliff@uncfsu.edu

Unlike the Licensed Professional Counselor or the Director of Student Health Services, the Deputy Title IX Coordinator is legally obligated to investigate reports of sexual misconduct, and therefore cannot guarantee confidentiality, but a request for confidentiality will be considered and respected to the extent possible.

Students are also encouraged to report incidents of sexual misconduct to the University’s Police and Public Safety Department at (910) 672-1911.

IV. READINGS

Required articles are posted under “Weekly Modules” on Blackboard


Recommended


V. STUDENT LEARNING OUTCOMES:

By the end of this course, the student:

1. Becomes a knowledgeable consumer in the healthcare delivery system while simultaneously serving an advocate for women in the healthcare delivery. (Advocate)
2. Explores specific health screening procedures that are recommended for women throughout the life span. (Clinician) Develops strategies to facilitate and coordinate health awareness and promotion, disease prevention, and diagnostic and treatment services for women. (Collaborator/Coordinator)
3. Examines community resources available for women clients. (Collaborator/Coordinator)
4. Knowledgeable in global health issues that affect women.
5. Develops strategies a professional nurse can use to maximize health potential for self and for women. (Educator)
6. Summarizes nursing and health care services needed by and available for women across the life span and the implications for professional practice. (Leader)
7. Examines the current research on women’s health, the changes that are needed in women’s health research, and the importance of women’s health research pertaining to health care delivery and professional nursing practice. (Researcher)
8. Examines how to incorporate the six professional roles in providing comprehensive health care services for women.

VI. COURSE REQUIREMENTS AND EVALUATION CRITERIA

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Possible Points/%</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Discussion Board</td>
<td>50%</td>
<td>Designed to assist you with mastering course content and to receive additional support in challenging concepts, discussion board exercises are required and will be 50% of the course grade. Please note that the Discussion Board assignments coincide with the weekly topics. Discussion board participation is interactive and a dynamic process.</td>
</tr>
<tr>
<td>Quiz</td>
<td>10%</td>
<td>This will be a short answer analytical open book quiz.</td>
</tr>
<tr>
<td>Women’s Health Power Point</td>
<td>15%</td>
<td>You will be required to present a PowerPoint presentation on a selected Women’s Health issue.</td>
</tr>
<tr>
<td>Women’s Health Paper</td>
<td>25%</td>
<td>You will complete a professional paper addressing the Women’s Health issue presented in assignment above.</td>
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VII. LEARNING STRATEGIES:

Course Assignments

Discussion, individual assignments, leadership assessments, student presentation, professional research/journal analysis of evidence based practice, and individual reading assignments.
Discussion Board:

This is an 8-week course. Most weeks will require active participation in Blackboard Discussion Board.

1. Each student is expected to access the Black-Board Learning System each day for announcements, other assignments, and other pertinent communication. Please do not wait until the last minute to review weekly assignment requirements because this does not allow ample time to resolve any IT/course issues.

2. Each student is expected to participate in the “Discussion Board”. Students should make an “initial post” (your answer/analysis of the DB assignment) by 3rd class day each week—see course schedule for due dates.

3. Students are also required to make professional responses to 2 peers on a different day than the initial posting. (See DB grading Rubric)

4. Grades will be affected if these directions are not implemented and maintained. (See DB grading rubric). Feel free to reference the articles that I have posted but since they are ‘outdated’ be sure to also use ‘current’ professional references.

Women’s Health Project:

The Women’s Health paper and Women’s Health Power Point presentation make up the Women’s Health project and are on the same topic that you will select. The focus of this project is to identify an issue that affects women’s health and warrants exploration and commentary. Your assignment will integrate relevant nursing content from this course as well as all previous coursework; links to current research; evidenced-based practice and discussion of clinical implications. The approved topic must be covered in depth with a significant analysis of the implications for the roles of professional nurse.

A selected topic must be submitted for approval before starting the project

Women’s Health Power Point Presentation: Plan and outline the format and content of the presentation; state objectives for the presentation and identify at least one related course objective/student learning outcome; select/prepare appropriate media (PowerPoint) to post to the class discussion board.

Create a power point presentation with a title slide and slides that describe the related objectives; student learning outcomes; the background to the problem; an abbreviated presentation of the review of the relevant literature; implications for evidence based clinical practice and/or research. Provide a reference list for class members. The presentation should be no more than 15 slides with at least one slide for the underlined titles listed above. The 15 slides include the title and reference slides. The presentation will be reviewed in Slide Show Mode. Students are required to review and professionally respond to 3 peers using the DB grading rubric format.
**Women’s Health Professional Paper:** (I will preview each section of your paper if submitted on or before the required due date—see the course schedule for details).

**Title Page:** APA format and appropriate running head.

**Abstract:** provide a synopsis of the topic/thesis as per APA guidelines in 100-150 words.

**Introduction:** provides an overview of the paper and describes the objectives of the paper.

**Review of Literature:** contains literature to describe the relevance of the topic; reflects current and relevant literature (articles older than five years must be pre-approved for use); demonstrates synthesis of major points from selected readings, and provides a framework for the analysis section. **References from the nursing literature are to be included.** Discussion of the selected topic should apply methods and theories learned in this course and any previous nursing courses. Examples of level heading that you may need in the review of literature section are: Relevance, Findings, Limitations, Discussion, and Conclusion (these are not required but often help to make your paper more organized). If you use more than one level heading be sure to review APA. At least **THREE nursing research articles** included; application of appropriate nursing theory for clinical setting identified and supported with references.

**Analysis and Application to Professional Nursing Practice includes:** a discussion of the selected Women’s Health issue and its challenges; a comprehensive analysis and application of the selected topic to professional nursing practice; **including the professional nursing roles identified in the ANA Essentials of Baccalaureate Education (see student learning outcomes); and at least one of the essential professional AACN values.**

**Analysis and Application to Professional Nursing Practice:** Paper clearly identifies strategies to approach challenges and issues related to women's health care topic, analysis and application reflect clear understanding of professional nursing practice, application of selected nursing theorist is discussed, and at least one of the six ANA professional nursing roles is addressed.

**Bibliography (References):** The bibliography should include at least 6 professional, refereed journal articles. Appropriate literature has been selected, paper demonstrates synthesis of major points from selected readings, reviews and develops the framework for the analysis section. All references are properly cited in the body of the paper. References are appropriate to the topic. Citations follow APA guidelines. There is a balance of text and journal articles. References over five years old must be considered “classic” and have approval from faculty for inclusion.

**Grammatical and Spelling Format:** paper is free of grammatical and spelling errors. **APA (Sixth Edition) Format is followed throughout the entire paper. Content of paper should be between 3-5 pages – not counting references, title page or attachments.** The paper looks professional. Greater than five errors in this area can result in a failing grade. References must be given proper credit in the body of the paper.

**VIII. Grading Scale for the Department of Nursing**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>A</td>
<td>93 – 100</td>
</tr>
<tr>
<td>B</td>
<td>85 – 92</td>
</tr>
<tr>
<td>C</td>
<td>84 – 78</td>
</tr>
<tr>
<td>D</td>
<td>77 – 70</td>
</tr>
<tr>
<td>F</td>
<td>≤69</td>
</tr>
<tr>
<td>I</td>
<td>Incomplete</td>
</tr>
<tr>
<td>P</td>
<td>Pass</td>
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</table>
F = Failure

REVISION OF GRADES – STUDENT RESPONSIBILITIES

The following revisions became effective on August 16, 2007.

WN GRADE DISCONTINUED:
  
  STUDENTS: Do not expect faculty to withdraw you for non-attendance. Drop or withdraw* from classes according to the deadlines published in the catalog. *See warning below about class withdrawals.

NEW TYPE OF GRADE: INTERIM GRADES – (New name for “midterm grade,” with additional purposes). Interim grades will be assigned from the first week of the semester until the deadline for class withdrawals. Interim grades are used for informational and warning purposes only; they are not part of your permanent transcript and have no effect on your GPA. Instructors may assign interim grade of F to warn students of poor academic performance or they may assign “X” or “EA” grades. (See below for explanations) After midterm, faculty will assign all students an interim grade of A – F to inform students of their academic status as of midterm.

- INTERIM GRADE X = NO SHOW – Assigned to students who are on a class roster, but never attend class. For warning purposes only; NOT a final grade.
  
  STUDENTS: Check interim grades early in the semester. If you have an X grade, either begin attending the class or withdraw* from it. *See warning below about class withdrawals. If you do not take action in response to an X grade, you will receive a final grade of FN. (See “FN” below)

- INTERIM GRADE EA = EXCESSIVE ABSENCES - Assigned to students whose class absences exceed 10% of the total contact hours. For warning purposes only, NOT a final grade.
  
  STUDENTS: Check your interim grades often. If you have an “EA” grade for a class, you are in jeopardy of failure if you do not take immediate actions. Either resume attending the class or withdraw from it. *See warning below about class withdrawals.

NEW FINAL GRADE:
- FN = FAILURE DUE TO NON-ATTENDANCE – Assigned to students who are on class roster, but never attend the class.
  
  An FN grade is equivalent to an F grade in the calculation of the GPA.

  STUDENTS: You must attend (or withdraw* from) all the classes for which you are enrolled. *See warning below about class withdrawals.

WARNING ABOUT CLASS WITHDRAWALS:
- When you withdraw from a class, you are wasting your money and time. You receive no refund for withdrawing from individual classes and you slow your progress toward degree completion.

- If you withdraw from or fail more than one-third of your classes, you will no longer be eligible for financial aid.

- STRIVE TO EARN CREDIT FOR ALL THE CLASSES IN WHICH YOU ENROLL; WITHDRAW FROM CLASSES ONLY WHEN IT IS ABSOLUTELY NECESSARY!

It is the responsibility of each student to complete all work and meet all objectives as required. Students ARE responsible for maintaining a paper copy of all work submitted. Overall, competencies for this program are outlined in the Student Handbook. The Examinations are to be taken when scheduled. Unexcused absence from a test will result in a zero (0). A make-up test, if given, will be based on the original test objectives, but the items will be different. Plagiarism, misrepresentation, fabrication of information, and abetting any of the above. Plagiarism in particular presents pitfalls to be avoided: any failure to document any words, ideas, or other contributions that do not originate with the author constitutes plagiarism. Widespread use of the World Wide Web (Internet) requires particular attention to proper documentation practices. Individual course syllabi offer additional clarification about requirements for proper documentation. See FSU Student handbook at http://www.uncfsu.edu/handbook/pdf/Web%20pdf/Codeofconduct.pdf. Actions outlined in the Fayetteville State University Student Handbook under Disciplinary System and Procedures will be followed for incidents of academic misconduct. See: http://www.uncfsu.edu/handbook/index.htm

Preparation of written work should contribute to clear communication. All work should be typewritten, following guidelines of the Publication Manual of the American Psychological Association (6th edition). A cover page/title page and reference page should be included. References should include journals and books other than the ones listed in nursing course textbooks.
Good writing is an art and craft. Correct grammar facilitates clear communication. Ideas should be developed clearly and logically. Papers with numerous grammatical errors, poor sentence structure, and improper documentation can lose points. A writing center is available on campus if a student needs assistance. All work is expected to be turned in on time.

MISSING ASSIGNMENTS

It is the responsibility of each student to complete all work and meet all objectives as required. Five (5) points will be deducted from the overall course grade each week requirements are not met. Students ARE responsible for maintaining a paper copy of all work submitted. Overall, competencies for this program are outlined in the Student Handbook. Students are asked to relate any comments/concerns to the instructor promptly.

NURSING DISCLAIMER

This syllabus is not an unchangeable contract, but, instead, an announcement of present course requirements and policies only. Implicit in each student’s enrollment is an agreement to comply with the course requirements and policies, which the professor may modify to exercise properly his/her educational responsibility.

ON-LINE NEEDED EQUIPMENT: As outlined by FSU policy

ON-LINE ACCESS: If problems arise with accessing On-line courses, please contact Internet Technical Services (ITS) at: 910-672-2085.

IX. ONLINE NETIQUETTE:

“Netiquette” is important and you are expected to follow the rules. You are entitled to express your opinion. You are entitled to an audience. You are expected to learn. You are expected to teach. You have a right to disagree. You have a right to respond. It is your privilege to change your mind. It is your privilege to remain silent. Responsibility on all sides will ensure that the forums will not be subject to improper censorship. The hosts of the forum will also make sure that coarse language or any form of racist, ageist, sexist or homophobic language is banned from the online discussions.

“Netiquette” adapted from http://www.albion.com/netiquette/corerules.html
BLACKBOARD LEARNING SYSTEM:
The FSU Blackboard will be used as an important mode of communication between faculty and students in this course. Please enroll using your e-mail. Class grades and other faculty/student feedback will be posted using this medium.


X. ACADEMIC SUPPORT RESOURCES
Students are recommended to use Fayetteville State University’s wide range of support services, to include Smarthinking, Criterion, FSU Writing Center, University College Learning Center, and University Testing Service.

XI. BIBLIOGRAPHY


