Health and Physical Education
PROGRAM INFORMATION SHEET

The Department of Middle Grades, Secondary and Specialized Subjects offers a Bachelor of Science Degree in Health and Physical Education leading to teacher certification in K-12. The degree requires 128 credit hours. In support of the mission of the University and School of Education, the department is committed to preparing students as facilitators of learning in the fields of health, physical education, recreation, dance, and related service areas. The department is further committed through its curricula to assist students in the development of cognitive, psychomotor, and affective learning patterns as requisite tools for effective teaching.

A member of the NCATE accredited School of Education, the Health and Physical Education Program is approved by both the NC State Department of Public Instruction and UNC Board of Governors to offer the BS degree leading to certification in teaching K-12. Students in the Health and Physical Education Program are trained to implement effective strategies to teach health and physical education to students in kindergarten through twelfth grade. All students in the program receive quality training in classroom management, assessment techniques, and professionalism.

ADMISSION REQUIREMENTS

To the Department
Students entering the Department of Middle Grades, Secondary and Specialized Subjects must complete a Declaration of Major Form (https://forms.uncfsu.edu/departments/Declaration Major Minor/index.cfm) to receive departmental advisement and be assigned an advisor in the major. All majors must choose a Bachelor of Science in Health and Physical Education with a concentration in Health and Human Performance.

To Teacher Education
Applicants must meet the following in order to be admitted to Teacher Education:

- Complete all courses in the University College Core Curriculum;
- Complete EDUC 211 with a grade of C or higher;
- Pass Praxis I Or the Core Academic Skills for Educators (Core) tests;
- Have a cumulative GPA of 2.50 or higher;
- Earn a grade of C or higher in all professional education, major core, and concentration courses;
- Complete Admission to Teacher Education Application Form;
- Complete a Security Background Check;
- Complete the Clearance Form (Health and Deportment Status); and
- Complete Department Interview

Note – Student must be admitted to teacher education one full semester prior to student teaching.
To Student Teaching
Students must meet the following to be admitted to Student Teaching:
- Have an official degree evaluation after 90 hours;
- Must have been admitted to Teacher Education;
- Have a cumulative GPA of 2.50 or higher;
- Earn a grade of C or higher in all professional education, major core, and concentration courses;
- Complete Admission To Student Teaching Application Form;
- Complete a Security Background Check;
- Complete the Clearance Form (Health and Deportment Status);
- Apply for graduation after 90 hours of course work in major; and
- Complete student teaching interview and writing sample.
Note - Student must be admitted to Student Teaching a semester prior to the actual experience.

Program Requirements
University College Core Curriculum 39-40 hours
EDUC 211 Laboratory Experience in Area Schools 3 credits

Professional Education Courses 35 credits
EDUC 210 Technology Applications for Teachers 3 credits
EDUC 310 Foundations of Education 3 credits
EDUC 330 Educational Psychology and Human Growth & Development 3 credits
EDUC 331 Instructional Design and Assessment 3 credits
EDUC 421 Principles of Secondary Education 3 credits
EDUC 450 Classroom Management/Parent Counseling and Guidance 2 credits
EDUC 464 Methods and Materials in Health & Physical Education 7-12 3 credits
READ 320 Teaching Reading in Secondary Schools 3 credits
EDUC 470/480 Student Teaching in Secondary Schools 11 credits
EDUC 490 Professional Education Seminar 1 credit

Health and Physical Education Core Courses 54 credits

Exit Requirements
Students must meet the following to complete the Health and Physical Education Program:
- Successfully complete student teaching;
- Submit a portfolio for review;
- Earn a satisfactory rating on the LEA/IHE Certification of Teaching Capacity and the Student Teaching Exit Criteria; or
- Have a cumulative GPA of 2.50 or better with a grade of C or better in each professional education, major core, and concentration courses;
- Submit graduation application and fees; and
- All Evidence(s) [Unit Plan, Content Project, Leadership Project and Case Study Project] required for teaching licensure in North Carolina Standards must be submitted and scored at the proficient level for each indicator on the rubric(s) prior to program completion.

Licensure Requirements
Students seeking licensure must submit the following to the Office of Teacher Education:
- All Evidence(s) [Unit Plan, Content Project, Leadership Project and Case Study Project] required for teaching licensure in North Carolina Standards must be submitted and scored at the proficient level for each indicator on the rubric(s) prior to program completion.
- In order to apply for your license in Health/Physical Education you must take and successfully pass the Health/Physical Education PRAXIS II exam.
- Application for a NC Teaching License;
- Processing fee payable to NCDPI; and
- Official degree-dated transcript.

“The Preparation of Knowledgeable, Reflective, and Caring Education Professionals to Support Student Learning and Family Participation in a Diverse, Technological, and Global Society.”

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