I. INSTRUCTOR: Mei-Chuan Wang, Ph.D.
E-mail: mwang@uncfsu.edu (Preferred medium of communication)
Office: Nursing Education and Research Center, Room 221
Office phone: 910-672-2289
Office hours: Monday 8:30-3:30 pm, Tuesday 8:30-9:30 or by appointment

COURSE PREREQUISITES: Masters level major in Counseling, PSYC 680, PSYC 682

FSU Policy on Electronic Mail: Fayetteville State University provides to each student, free of charge, an electronic mail account (username@uncfsu.edu) that is easily accessible via the Internet. The university has established FSU email as the primary mode of correspondence between university officials and enrolled students. Inquiries and requests from students pertaining to academic records, grades, bills, financial aid, and other matters of a confidential nature must be submitted via FSU email. Inquiries or requests from personal email accounts are not assured a response. The university maintains open-use computer laboratories throughout the campus that can be used to access electronic mail. Rules and regulations governing the use of FSU email may be found at http://www.uncfsu.edu/PDFs/EmailPolicyFinal.pdf

II. DISABLED STUDENT SERVICES: In accordance with Section 504 of the 1973 Rehabilitation Act and the Americans with Disabilities Act (ACA) of 1990, if you have a disability or think you have a disability to please contact the Center for Personal Development in the Spaulding Building, Room 155 (1st Floor); 910-672-1203.

III. COURSE DESCRIPTION:
Counseling psychology graduate training includes systematic, intensive supervised experiences in the application of psychological principles and skills to human problems. Internship is intended to provide the psychologist-in-training experiences with a diversity of client populations. This supervision experience will include exploration of theoretical perspectives, a scientific approach to clinical work, treatment planning, and case conceptualization. Students will also explore their own reactions to clients and the therapy process

I. Title IX – Sexual Misconduct
Fayetteville State University (University) is committed to fostering a safe campus environment where sexual misconduct — including sexual harassment, domestic and dating violence, sexual assault, and stalking - is unacceptable and is not tolerated. The University encourages students who may have experienced sexual misconduct to speak with someone at the University so that the University can provide the support that is needed and respond appropriately. The Sexual Misconduct policy can be found at the following link: http://www.uncfsu.edu/Documents/Policy/students/SexualMisconduct.pdf

Consulting with a Health Care Professional - A student who wishes to confidentially speak about an incident of sexual misconduct should contact either of the following individuals who are required to maintain confidentiality:

Ms. Pamela C. Fisher
Ms. Linda Melvin
Reporting an Incident of Sexual Misconduct - The University encourages students to report incidents of sexual misconduct. A student who wishes to report sexual misconduct or has questions about University policies and procedures regarding sexual misconduct should contact the following individual:

Ms. Victoria Ratliff
Deputy Title IX Coordinator for Students
Spaulding Building, Room 155
(910) 672-1222
vratliff@uncfsu.edu

Unlike the Licensed Professional Counselor or the Director of Student Health Services, the Deputy Title IX Coordinator is legally obligated to investigate reports of sexual misconduct, and therefore cannot guarantee confidentiality, but a request for confidentiality will be considered and respected to the extent possible.

Students are also encouraged to report incidents of sexual misconduct to the University’s Police and Public Safety Department at (910) 672-1911.

IV. COURSE LEARNING OUTCOMES: Through extensive practice of counseling and integration of theory and processes, upon completion of this course, students will be able to:

- Understand of and commitment to professional and social responsibility as defined by statutes of the APA/ACA ethical code of the profession.
- Have awareness of the full range of human variability and the capacity to conceptualize human problems.
- Understand of one’s own personality and biases and of one’s impact upon others in professional interaction.
- Demonstrate skills in relevant interpersonal interactions such as systematic observation of behavior, interviewing, psychological testing, psychotherapy, counseling and consultation.
- Contribute to current knowledge and practice.
- Practice working "intentionally" to enhance the factors associated with client improvement.

V. REQUIRED READING:

• North Carolina Board of Licensed Professional Counselors. NCBLPC Professional Brief. (http://www.ncblpc.org/license-info/jurisprudence-exam). Garner, NC.

1. Clients in Facilities
2. Code of Ethics
3. Confidentiality and Disclosure
4. Continuing Education
5. Graduate Counseling Experience
6. Involuntary Commitment
7. Licensed Professional Counselor
8. Licensed Professional Counselor Supervisor
9. Minors
10. Professional Relationships – Professional Corporations, Direct Solicitation, Referral Fees, & Sanctions
11. Professional Relationships – Sexual Relationships
12. Records
13. Social Media & Professional Counseling
14. Substance Abuse

VI. COURSE REQUIREMENTS AND EVALUATION:

The course is intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. This course is graded on a satisfactory (S) or unsatisfactory (U) scale. Satisfactory grades reflect completion of ALL course requirements and satisfactory evaluation from both on-site and university supervisors.

1. Internship agreement, Goals and activities form, and Liability insurance
   - Students should complete and turn in an internship agreement, signed by the site supervisor and me. This agreement specifies clinical services to be performed during internship.
   - Students will complete the internship goals and learning activities form for the current internship. These goals/activities are to be written and submitted to the supervisor and discussed in class. The contract should define areas of growth and goals that are professionally applicable.
   - Students should obtain appropriate professional liability insurance through the ACA/APA/CPH Student Plan prior to enrollment in this course.

2. Hours, Clinical logs, and Case notes
   - During the placement, students are in the field for 600 clock hours. Students are assigned to mental health agencies and supervised by experienced mental health professionals. Spend a minimum of 600 hours engaged in internship activities. Two hundred forth (240) of these hours should involve providing direct client service. This includes but is not limited to the provision of individual
psychotherapy, group psychotherapy, intake interviews, psychological assessment, and career counseling. The remaining hours should be spent in preparation for clients, client related paperwork, reviewing sessions, team or staff meetings, outreach, continuing education, and supervision.

- Keep a log that records the time spent in the field setting, and includes hourly descriptions of activities. Logs will be reviewed and signed by the site coordinator and forwarded to the faculty supervisor by the student. Students will turn in the signed and typed logs by the end of the semester. Students will also submit an electric copy of the log and cover page to the instructor by scanning the logs into a single pdf file and sending through email at the end of the semester.
- Maintain accurate case notes of counseling contacts instructed by your clinical site supervisors.

3. Supervision and Attendances

- Attendance and preparation for the internship seminar (1.5 hours weekly group supervisor; the group supervision hours can count toward your indirect contact hours). Students are expected to attend all class sessions except in case of illness or emergency. Students are expected to be punctual. Students will receive a grade of “unsatisfactory” if students miss more than three group supervision meetings.
- Attend weekly individual supervision provided through the internship site and the University licensed faculty.
- Students are expected to participate in class discussion in a respectful manner, offering feedback that is both supportive and challenging. In addition, students are expected to maintain confidentiality of class discussions.

4. Reading reflection papers, Role plays, and Case Presentations

- Case presentation: Each semester, students will present one detailed case conceptualization(s) for class discussion with a video or audio taped session. This case conceptualization should be written to include information regarding your client’s psychosocial history, presenting concern(s), your theoretically based conceptualization of issues and their causes, therapeutic strategies employed, a proposed "treatment plan" for where you would like the client to be in another 3 sessions (goals) and what the you plan to do to help the client reach those goals, and specific questions for feedback and discussion with peers and supervisor.
- Counseling skill training: each student will take turn leading a role play session throughout the semester (30 minutes).
- NCBLPC Professional Brief and journal articles: Each student will need to read and prepare for discussion for NCBLPC professional Brief content areas (http://www.ncblpc.org/ncblpc-forms#13_Exam_Briefs) and other assigned articles. Each student will provide a two-page paper that provides summary and reflection on each week’s reading assignment.

Feedback: It is important that the internship be a supportive, growth enhancing experience. Thus, students should come to class prepared to work on issues critical to provision of services, professional growth and personal growth. It is important that students feel free and comfortable to discuss issues without ridicule, harassment, or fear of retribution. Although feedback and discussion may be uncomfortable at times, all internship students should provide feedback in constructive and growth-enhancing ways.
<table>
<thead>
<tr>
<th>Weeks</th>
<th>Content</th>
<th>Reading</th>
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<tbody>
<tr>
<td>January 12</td>
<td>Internship supervision and course overview</td>
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<tr>
<td>January 19</td>
<td>Martin Luther King, Jr. Birthday Holiday</td>
<td>No class meeting</td>
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<td>January 26</td>
<td>Internship supervision and skill training</td>
<td>NCBLPC Professional Brief-1-5</td>
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<td>February 2</td>
<td>Internship supervision and skill training</td>
<td>NCBLPC Professional Brief-6-10</td>
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<td>February 9</td>
<td>Internship supervision and skill training</td>
<td>NCBLPC Professional Brief-11-14</td>
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<tr>
<td>February 16</td>
<td>Internship supervision and skill training</td>
<td>Bersoff, D. N. (2014).</td>
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<tr>
<td>March 9</td>
<td>Midterm break</td>
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<td>March 16</td>
<td>Internship supervision and skill training</td>
<td>Health Service Psychology Education Collaborative (2013)</td>
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<td>March 23</td>
<td>Internship supervision and skill training</td>
<td>Joint Task Force for the Development of Telepsychology Guidelines for Psychologists (2013)</td>
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<td>March 30</td>
<td>Internship supervision Case presentation 1 Case presentation 2</td>
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<td>April 6</td>
<td>Internship supervision Case presentation 3 Case presentation 4</td>
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<td>April 13</td>
<td>Internship supervision Case presentation 5 Case presentation 6</td>
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<td>April 20</td>
<td>Internship supervision Case Presentation 7 Case presentation 8</td>
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<td>April 27</td>
<td>Internship final supervision</td>
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<tr>
<td>May 1 (Friday)</td>
<td><strong>Internship final evaluation due</strong></td>
<td>Intern evaluation Clinical log with cover sheet (hard copy and scan copy)</td>
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</tbody>
</table>
Internship Activities Cover Page

Date________________________

Name of the Student: ___________________________

Name of Agency and Supervisor where graduate counseling experience occurred:
______________________________________________________

Address: ______________________________________________

Business Phone: _________________________________________

Total Number of hours of clinical supervision received during graduate counseling practicum experience

<table>
<thead>
<tr>
<th>From (month/day/year)</th>
<th>To (month/day/year)</th>
<th>Direct client contact hours</th>
<th>Indirect contact hours</th>
<th>Total Hours</th>
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## Internship Log

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<tr>
<th>Date</th>
<th>Time In</th>
<th>Time Out</th>
<th>Internship Activities</th>
<th>Direct hours</th>
<th>Indirect hours</th>
<th>Total hours</th>
<th>Site supervisor Signature</th>
<th>University Supervisor Signature</th>
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### Page Summary

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<th>Total</th>
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</table>
**Internship Goals and Learning Activities**
In the space below please list your learning goals for the internship and the activities you and your supervisor agree upon to help you achieve those goals.

<table>
<thead>
<tr>
<th>Learning Goals</th>
<th>Learning Activity</th>
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<tbody>
<tr>
<td>1.</td>
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<td>4.</td>
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<td>5.</td>
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Student Signature: __________________________ Date: __________

Supervisor Signature: __________________________ Date: __________

Faculty Signature: __________________________ Date: __________