



Fayetteville State University
School of Education
Department of Health, Physical Education and Human Services

Undergraduate

1. LOCATOR INFORMATION

Semester:	Fall 2009
Credit Hours:	1
Course Number and Name:	PEDU 122- Volleyball
Course Location & Meeting Time:	HPERC 101
Office Hours	
Instructor	Mr. Derwin Sheppard
Office Location	HPEC 318
Office Telephone	672-2559
E-mail	dsheppar@uncfsu.edu

FSU Policy on Electronic Mail: Fayetteville State University provides to each student, free of charge, an electronic mail account (username@broncos.uncfsu.edu) that is easily accessible via the Internet. The university has established FSU email as the primary mode of correspondence between university officials and enrolled students. Inquiries and requests from students pertaining to academic records, grades, bills, financial aid, and other matters of a confidential nature must be submitted via FSU email. Inquiries or requests from personal email accounts are not assured a response. The university maintains open-use computer laboratories throughout the campus that can be used to access electronic mail.

Rules and regulations governing the use of FSU email may be found at <http://www.uncfsu.edu/PDFs/EmailPolicyFinal.pdf>

2. COURSE DESCRIPTION

A practical study of the fundamentals of volleyball including the historical development of the game and the rules and techniques of serving, setting, volleying and scoring basic to playing the game. Students will be introduced to the basic skills and participate in competitive games.

3. TEXTBOOK

Dunphy, Marv, Wilde, Rod. Volleyball Today, 2nd edition, 2000, Wadsworth

4. SCHOOL OF EDUCATION'S CONCEPTUAL FRAMEWORK

The conceptual framework defines the unit's vision which underscores the school's purpose for preparing its candidates for teaching and leadership roles in a global society. The unit prepares candidates who support student learning, within the context of family and community participation, for a diverse, technological and global society. We achieve this vision through teaching, research, and service. Our conceptual framework serves as a lens through which we view our education professionals in the music program. The themes of our conceptual framework include knowledgeable and reflective education professionals; working with families and communities; respect for diversity and individual worth; technological competence and educational applications; and caring dispositions and ethical responsibility.

5. COURSE GOALS AND OBJECTIVES

- Demonstrate an integrated understanding of rules, techniques, and strategy as evidenced by progressive development in playing performance in volleyball by:
 - Successfully completing midterm and final examinations.
- Demonstrate an increase in scores on pre/post skills test by:
 - Successfully completing pre and post testing of volleyball skills.
- Develop skills used in officiating volleyball matches by:
 - Attending **FSU**, or local (community service credit) volleyball matches and volunteering to officiate as line judges.

4. Use the skills and knowledge learned during the volleyball section to meet community service requirements by officiating volleyball matches during tournaments in Lilly Gym.
5. Research information through internet access regarding volleyball and submit summary reports by:
 - A. Completing on-line assignments through the internet classroom established for this course
 - B. Use email to correspond with instructor and other students in class.

6. GENERAL REQUIREMENTS

1. Majors will wear official Majors uniforms ---non-majors will wear the Physical Education white top, royal blue shorts, socks, and tennis shoes. Physical Education uniforms must be purchased in the Physical Education Department. **NO EXCEPTIONS!**
2. All fingernails must be cut to avoid injury.
3. All assignments must be completed on time or ten (10) points will be deducted from the late assignments).
4. Acceptable papers and examinations will be given a grade of "A". Unacceptable papers and examinations will receive an "I" until they are acceptable.
5. All cell phone must be turn off during class.
6. Attend all classes ON TIME! (Two (2) tar dies will result in an absentee).

7. **Academic Integrity:** Academic integrity is designed to ensure that the principle of academic honesty is upheld.

Any of the following acts, when committed by a student, shall constitute academic dishonesty:

CHEATING: intentionally using or attempting to use unauthorized materials, information, or study aids in an academic exercise.

FABRICATION: intentional and unauthorized falsification or invention of any information or citation in an academic exercise.

FACILITATING ACADEMIC DISHONESTY: intentionally or knowingly helping or attempting to help another to violate any provision of this code.

PLAGIARISM: intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

8. DESCRIPTION OF PROJECTS:

Skills test: a pre and post test will be administered to evaluate students skills before and after skills have been taught.

Written Assignments: Each student will review four articles through an internet search and submit a one-page summary of each. Each must turn in a two-page history of volleyball including, founder, date, place, rules, court, dimensions, original name, and reason for its invention.

9. In addition to the University's policy on absenteeism, any unexcused absence above the allowable minimum will result in one (1) point being deducted from the student's final grade average. Example: Final grade average 92 = A; 3 unexcused absences = minus 3 points; 3 points deducted (92 - 3 = 89) = B grade.

Excused absences include **DOCUMENTED** emergencies, medical or otherwise; University service, i.e., athletics, band, choir, etc., or instructor's approval. **This policy includes all levels of classes (100 thru 400 level.)**

9. EVALUATION CRITERIA

(All exercises and examinations will be graded on a scale of 100%)

Written Assignments	25 %	5 % each
Written Tests	25 %	
Skills Tests	20%	
Class participation	5%	
Final Examination	25%	

92-100 = A
 83- 91 = B
 73- 82 = C
 64- 72 = D
 63- 0 = F

10. COURSE OUTLINE (with Assignment Schedule)

Date	Topic	Assignment Due
Week 1	History of Volleyball/Nature and Purpose	Discussions
Week 2	Pre/Skill Test	TBA
Week 3	Fundamental Skills	Demonstration
Week 4	Two Articles on volleyball are due	TBA
Week 5	Volleyball Rule Test	TBA
Week 6	Serve/Forearm/Overhand Pass/Attack	Demonstration/Participation
Week 7	Strategies	Demonstration/Participation
Week 8	Scoring Games during class	Participation
Week 9	EXAMS	TBA
Week 10	Verbal and Visual Signals Test	TBA
Week 11	Two Pages on the History of Volleyball	TBA
Week 12	Systems/ Offense/ Defense	Demonstration
Week 13	Two Articles Due	TBA
Week 14	Modified tournament	TBA
Week 15	Revision of semester materials/Post test	TBA
Week 16	FINAL EXAMS	TBA

11. TEACHING STRATEGIES (E.g., large and small group activities, individual and group projects, field observations, reflections, structured overview, lecture-discussion, demonstration, discussion, role play, panels, case studies, and Internet research, on-line discussion board.

12. DISABLED STUDENT SERVICES: In accordance with Section 504 of the 1973 Rehabilitation Act and the Americans with Disabilities Act (ACA) of 1990, if you have a disability or think you have a disability to please contact the Center for Personal Development in the Spaulding Building, Room 155 (1st Floor); 910-672-1203.

13. REFERENCES (Suggested Readings, Internet and/or Multi-media Resources)

- www.usavolleyball.org
- www.emporia.edu/vball/drills
- www.coachingvolleyball.net
- www.volleyball.org
- www.vball.net
- www.WOVD.com

Nichols, K. Volleyball: The Skills of the Game. North Pomfret, VT: Trafalgar Square Publisher, 2001.
 Scates, A. Winning Volleyball Drills. Dubuque, IA: Brown and Benchmark Publishers, 2002.
 Wise, M. Volleyball Drills for Champions. Champaign, IL: Human Kinetics, 2000.
 Stokes, R. and Haley, M. Volleyball Everyone. Winston-Salem, NC: Hunter Textbooks, 2003.