



FAYETTEVILLE STATE UNIVERSITY
 FAYETTEVILLE, NORTH CAROLINA

DEPARTMENT OF
 HEALTH, PHYSICAL EDUCATION AND HUMAN SERVICES

I. LOCATOR INFORMATION

Semester: Fall _____ Spring _____

Course No. & Name: PEDU 130 - Basketball

#Semester Hours of Credit: 1

Time Class Meets: _____

Office Hours: M _____ T _____ W _____ TH _____ F _____

Instructor	Office Location	Office Phone	E-mail
Mr. Samuel Hanger	Modular 106A	672-2263	shanger@uncfsu.edu
Mr. Alphonza Kee	HPEC 325	672-1396	akee@uncfsu.edu
Mrs. Eva Patterson-Kee	HPEC 315	672-1513	epatters@uncfsu.edu

FSU Policy on Electronic Mail: Fayetteville State University provides to each student, free of charge, an electronic mail account (username@broncos.uncfsu.edu) that is easily accessible via the Internet. The university has established FSU email as the primary mode of correspondence between university officials and enrolled students. Inquiries and requests from students pertaining to academic records, grades, bills, financial aid, and other matters of a confidential nature must be submitted via FSU email. Inquiries or requests from personal email accounts are not assured a response. The university maintains open-use computer laboratories throughout the campus that can be used to access electronic mail.

Rules and regulations governing the use of FSU email may be found at <http://www.uncfsu.edu/PDFs/EmailPolicyFinal.pdf>

II. COURSE DESCRIPTION

A practical study of the fundamentals of basketball, including the rules and historical development of the game, techniques of passing, dribbling, shooting, and conditioning, playing strategies, and team offense and defense.

III. TEXTBOOK

Schmottlach, Physical Education Activity Handbook, Allyn & Bacon, 11th edition

IV. SPECIFIC COURSE OBJECTIVES

1. Students will gain knowledge of the historical development of basketball.
2. Students will develop a thorough understanding of the rules of the games.
3. Students will acquire the fundamental skills needed for successful participation in basketball.
4. Student will gain an appreciation of the recreational values and concomitant learning experience.

5. Each student will develop knowledge of purchase and care of fundamental basketball equipment and playing areas.
6. The basic strategies of offensive and defensive systems will be employed by each student in competitive situations.
7. Each student will know basic organizational and administrative procedures governing tournament play.
8. Each student will be required to work with the computer bank of NTE sampling question.

V. COMPETENCIES

At the conclusion of this course, the student should be able to demonstrate at least 74% proficiency on the following performance indicators on written examinations, psychomotor skills tests or written oral reports.

1. To structure a historical sketch of the development of basketball from its origin to the present (in written form).
2. To demonstrate an understanding of the rules governing high school and collegiate basketball, both men and women.
3. To demonstrate proficiency in fundamental passing skills in practice and game situations.
4. To demonstrate proficiency in fundamental shooting skills in practice and game situations.
5. To demonstrate proficiency in fundamental dribbling skills in practice and in game situations.
6. To demonstrate proficiency in fundamental basketball footwork in practice and game situations.
7. To demonstrate an understanding of defensive and offensive factors and strategies.

VI. EVALUATION

1. All final grades will be assigned as a result of students overall average on all assignments quizzes, examinations, and skills tests.
2. Advanced notice will be given prior to all quizzes and examinations.
3. All oral reports, demonstrations and skill tests will be evaluated on content and manner of presentation.

Grading Scale

All grades will be assigned in accordance with university policy.

92	-	100	= A
83	-	91	= B
73	-	82	= C
62	-	72	= D
Below 62			= F
Failure/Absences			=FN

ABSENTEE POLICY

In addition to the University's policy on absenteeism, any unexcused absence above the allowable minimum will result in one (1) point being deducted from the student's final grade average. Example: Final grade average 92 = A; 3 unexcused absences = minus 3 points; 3 points deducted (92 - 3 = 89) = B grade.

Excused absences include **DOCUMENTED** emergencies, medical or otherwise; University service, i.e., athletics, band, choir, etc., or instructor's approval. **This policy includes all levels of classes (100 thru 400 level.)**

VII. COURSE OUTLINE WITH ASSIGNMENT SCHEDULE

1. Physical Conditioning
 - A. Flexibility exercise

- B. Cardiovascular fitness
 - C. Strength Development
2. Fundamental Movement Skills
 - A. Ready Position
 - B. Sliding
 - C. Backpedaling
 - D. Running
 - E. Pivot
 - F. "V" Cut
 - G. Pick/Screen
 3. Fundamental Passing Skills
 - A. Two-handed Chest
 - B. Two-handed Bounce
 - C. One-handed Bounce
 - D. Baseball
 - E. Underhanded Flip
 - F. Tow-handed Overhead
 4. Fundamental Dribbling Skills
 - A. Speed and Control
 - B. Opposite Hand
 - C. Keep Away
 - D. Backward
 - E. Dribble and Chase
 5. Shooting skills
 - A. Lay-ups
 1. Opposite hand
 2. Middle
 3. Reverse
 - B. Set Shot
 1. Opposite hand
 2. Two-handed
 - C. Jump shooting
 1. Standing
 2. Moving
 - D. Hook shooting
 1. Pivot jump shot
 2. Pivot turn-around
 - E. Free throw shooting
 1. Body position, relaxation, balance
 6. Defensive strategies
 - A. Mental Requirements
 - B. Body Position
 - C. Foot-Work
 - D. Man-to-Man Defense
 - E. Zone Defense
 7. Rules and Officiating

- A. Collegiate
- B. Men and Women

<u>Assignment</u>	<u>%</u>	<u>Due Date</u>
1. History of basketball including the founder, date, place, reason for its invention, 13 original rules, Court dimensions and some general rules governing the game today	20%	_____
2. Mid-Term Examination	10%	_____
3. Skills Test/Tournament	50%	_____
4. Final Examination	20%	_____
5. Daily Quizzes	10%	_____

VIII. COURSE REQUIREMENTS

- 1. Attendance will be governed by the University policy on attendance University Catalogue.
- 2. All assignments must be submitted on the date requested. Late assignments will not be accepted.
- 3. All students are required to wear the official University physical education uniform.
- 4. All students are expected to actively participate in all assigned activities and/or class discussions.

IX. **DISABLED STUDENT SERVICES:** In accordance with Section 504 of the 1973 Rehabilitation Act and the Americans with Disabilities Act (ACA) of 1990, if you have a disability or think you have a disability to please contact the Center for Personal Development in the Spaulding Building, Room 155 (1st Floor); 910-672-1203.