



Fayetteville State University
School of Education
Department of Health, Physical Education and Human Services

Undergraduate

1. LOCATOR INFORMATION

Semester	
Credit Hours	3
Course Number and Name:	PEDU 341-Basketball Theory
Course Location & Meeting Time	
Office Hours	
Instructor	
Office Location	
Office Telephone	672-_____
e-mail	

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2. COURSE DESCRIPTION

An exploration of the theories of play in the sport of basketball, with additional emphasis on the organization, supervision, and training of intercollegiate and interscholastic programs. To include: a philosophy of coaching, practice planning, budget development, and an analysis of various drills used to develop or enhance individual and team offensive and defensive systems. Also designed to familiarize students with ancillary issues, such as: individual player evaluation; team psychological development and motivation; sportsmanship; strength training and aerobic conditioning; leadership and the student-athlete.

3. TEXTBOOK

4. SCHOOL OF EDUCATION'S CONCEPTUAL FRAMEWORK

The conceptual framework defines the unit's vision which underscores the school's purpose for preparing its candidates for teaching and leadership roles in a global society. The unit prepares candidates who support student learning, within the context of family and community participation, for a diverse, technological and global society. We achieve this vision through teaching, research, and service. Our conceptual framework serves as a lens through which we view our education professionals in the music program. The themes of our conceptual framework include knowledgeable and reflective education professionals; working with families and communities; respect for diversity and individual worth; technological competence and educational applications; and caring dispositions and ethical responsibility.

5. COURSE GOALS AND OBJECTIVES:

This course is designed to help the student gain an understanding of the theoretical and practical application to developing and maintaining a basketball program. At the conclusion of this course, the student should be able to demonstrate at least 74% proficiency, or as stated in the behavioral objective or the following performance criteria, on oral and written examinations, class activity, written and oral reports.

1. Organize and administer a high school and college basketball program.
2. Develop a philosophy of coaching.
3. Develop a strategic outline, specific to the preferred style of play, to be used to outline the teaching of all phases of the sport over the course of the season.
4. Build a team offense and a team defense.

- Demonstrate and teach basketball fundamentals: shooting; passing; catching; footwork (pivoting, the jump stop); dribbling; the triple threat; screening; cutting; offensive and rebounding.

6. GENERAL REQUIREMENTS

- Class Attendance
- All assignments are to be organized in your PORTFOLIO, including exams, critiques, and other written assignments.
- Each student will make a power point presentation.
- Each student will make an oral presentation.
- Projects as assigned.

7. EVALUATION CRITERIA

Grade Scale	
92-100	= A
87-91	= B
73-82	= C
64-72	= D
Below	= F

8. COURSE OUTLINE (with Assignment Schedule)

Date	Topic	Assignment Due
Wks 1-2	History of Basketball	Power point presentation; history paper
Wks 3-4	Teaching fundamental skills	
Wks 5-6	Defensive strategies	
Wks 7-8	Offensive strategies	
Wks 9-10	Developing a style of play	Strategic teaching outline
Wks 11-12	Developing team play	2 article critiques
Wks 13-14	Value of sport; sportsmanship; student-athletes & leadership	Philosophy of coaching
Wks 15-16	Budget management, fund raising, scouting, recruiting	Portfolio due

9. TEACHING STRATEGIES (E.g., large and small group activities, individual and group projects, field observations, reflections, lecture-discussion, demonstration, discussion, and Internet research.

10. DISABLED STUDENT SERVICES: In accordance with Section 504 of the 1973 Rehabilitation Act and the Americans with Disabilities Act (ACA) of 1990, if you have a disability or think you have a disability to please contact the Center for Personal Development in the Spaulding Building, Room 155 (1st Floor); 910-672-1203.

11 REFERENCES (Suggested Readings, Internet and/or Multi-media Resources)

- Kresse, J. (1997). Attacking Zone Defenses (2nd ed.). Champaign, IL: Coaches Clinic.
- Krzyewski, M.W. (1989). Duke's Motion Offense: Attacking Man and Zone Defenses. Unpublished manuscript.
- McLendon, J. (1974). The Fast Break Game. Unpublished manuscript.
- O'Connor, B., Simmons, J., & O'Shea, P. (2000). Strength Training Today. (2nd ed.). Ontario: Wadsworth.
- Piscopo, J. (2000). 1-4 Offense. Ames, IA: Championship Books.
- Smith, D. (1982). Basketball Multiple Offense and Defense. Englewood Cliffs: Prentice-Hall.
- Treat, K. (1997). The Art of Basketball Practice. Ames, IA: Championship Books.

www.fundamentalsbasketball.com