



## Deer Oaks EAP Services

Fayetteville State University

August 1, 2009

Dear Fayetteville State University Employees and Dependents,

The State is pleased to announce that Deer Oaks EAP Services will be the provider of the Employee Assistance Program (EAP) Services for all permanent employees and dependents of Fayetteville State University, effective 1 August 2009.

The EAP benefit covers an assessment and referral visits, confidentially, at no cost to employees and their families. The university has pre-paid for this benefit for all FSU employees and their dependents.

The EAP benefit is not only free to all employees and their dependents, but it is also confidential. This service has a considerable amount of experience offering a variety of employee assistance to services including stress, depression, anxiety, workplace difficulties, substance abuse, marital problems, family or parenting conflicts, grief, violence and unhealthy lifestyles. The Office of Human Resources will offer informational sessions regarding, stress management, interpersonal skills, and supervisor mandated referrals as necessary.

Please take a moment to visit the websites below for additional detailed information. Should you have any questions or comments regarding the program, feel free to contact Sabrena McDonald in the Office of Human Resources or call (910) 672-2889.

<http://www.uncfsu.edu/humres/EAP.htm>

<http://www.deeroaks.com/>

<http://www.osp.state.nc.us/RIF/EERif/deeroaks.htm>