

Fayetteville State University  
College of Arts and Sciences  
Department of Nursing  
NURS 320: HEALTH ASSESSMENT ACROSS THE LIFE SPAN

## I. LOCATOR INFORMATION

Instructor: Eun Jin Lee, PhD, APRN  
Course: NURS 320 – Health Assessment Across the Life Span  
Office Location: Nursing Building  
Office Hours: Online  
Practice (not mandatory) Wednesday 9-5 pm by appointment at Nursing building 330  
Course Credit: 3 Credit Hours  
Cell Phone: 910-672-1105/ 859-552-4730  
Curriculum Level: Level III  
Class Meets: Online  
E-Mail: elee8@uncfsu.edu

**FSU Policy on Electronic Mail:** Fayetteville State University provides to each student, free of charge, an electronic mail account that is easily accessible via the Internet. The university has established email as the primary mode of communicating with enrolled students about impending deadlines, upcoming events, and other information important to student progression at the university.

Students are responsible for reading their email on a regular basis to remain aware of important information disseminated by the university. The university maintains open-use computer laboratories throughout the campus that can be used to access electronic mail. Students making inquiries via email to FSU faculty and staff about academic records, grades, bills, financial aid, and other matters of confidential nature are required to use their FSU email account.

Rules and regulations governing the use of FSU email may be found at:  
<http://www.uncfsu.edu/PDFs/EmailPolicyFinal.pdf>

## II. COURSE DESCRIPTION:

This course prepares the student to conduct comprehensive health assessments. Emphasis is placed on the acquisition, processing and interpretation of data collected from clients of all ages. A physical, psychological, socio-cultural, and spiritual approach is used to assess the client and to incorporate consideration of the client's needs, state of wellness, developmental level, and response to life experiences. The laboratory experience consists of practice with clients.

## PREREQUISITE:

Admission to the program

## III. REHABILITATION ACT

In accordance with Section 504 of the 1973 Rehabilitation Act and the Americans with Disabilities Act (ADA) of 1990, we ask if you have a disability or think you have a disability to please make contact with the Center for Personal Development.

Located: Spaulding Building, Room 155 (1<sup>st</sup> Floor)

Coordinator: Mr. Fred Sapp

Telephone: (910) 672-1203

#### **IV. REQUIRED TEXTBOOKS:**

Jarvis, C. (2008). *Physical examination and health assessment* (5<sup>th</sup> ed.). Philadelphia: W. B. Saunders.

Jarvis, C. (2008). *Student laboratory manual for physical examination and health assessment* (5<sup>th</sup> ed.). Philadelphia: W. B. Saunders.

#### **RECOMMENDED TEXTBOOKS:**

Bickley, L. S. and Szilagy, P. G. (2003). *Bates' Guide to Physical Examination and History Taking* (8<sup>th</sup> ed.). Philadelphia: Lippincott, Williams, and Wilkins.

#### **V. STUDENT LEARNING OUTCOMES AND PROFESSIONAL COMPETENCIES:**

At the conclusion of this course, the student will be able to:

1. Describe the holistic physical, psychological, sociocultural, and spiritual assessment as it relates to the nursing process, the self-care requisites, and developmental levels, level of wellness, and life experiences.
2. Prepare a health history and interpret the data for health assessment. .
3. Conduct comprehensive health assessments in a laboratory setting for clients of various developmental levels, distinguishing between normal biological variations and abnormal findings, documenting findings in the nursing record.
4. Use data collected and recorded in health history and health assessment to determine nursing diagnoses, make decisions to implement a nursing plan, including nursing interventions and client education, and evaluate outcomes.
5. Identify current research findings related to health assessment.
6. Explain the professional responsibilities of the nurse in performing health assessments, collaborating with other health team members and serving as a resource for the client in education and evaluation of self-care needs.

#### **VI. COURSE REQUIREMENTS AND EVALUATION CRITERIA**

Assignment	Possible Points	Description
Complete Health History	20	The complete health history covers I-VII Family history should be outlined in a genogram; please refer to your text for an example. The written paper should be submitted to instructor.
Quizzes	20	You will complete four (4) quizzes. Quiz content is based on the topics/content presented.
Discussion Board	20	Please note that the Discussion Board assignments coincide with the weekly topics. Discussion board participation is interactive and a dynamic process.
Comprehensive Health Assessment	20	Finish in 30 minutes. You have three options. Videotape: grade yours and send your DVD to instructor (Do not upload). Face-on-face: You may come on 9/22-28 with a partner by appointment Skype: Make an appointment.
Practice	20	Practice the health assessment weekly (week 1-week5), videotape, and grade yours. Each video should be less than 6 minutes. Upload your video under the assignment, upload your video on Youtube, or make an appointment for Skype.

**Grading Scale for this course:** Grading Scale for the Department of Nursing

A	93 – 100
B	85 – 92
C	78 – 84
D	70 – 77
F	≤ 69

**Grade for complete health history**

Review NUR 320 guide for organizing health history under course document. If you miss a part, you will lose one point. You can use a fake SSN. Do not miss genogram.

**Grade for quizzes**

Read how to prepare quizzes under course information.

**Grade for Discussion Board**

10 points weekly

Page limit: Times Roman 10-12 points 1page

You must post your answer and two responses to other students on time.

- 1) The grade for your answer consists of on-time, a physical, psychological, socio-cultural, or spiritual component, correct answer, complete answer, and reference (APA format).

- 2) The grade for your responses consists of on-time, courteous, analytic, correct responses, and reference (APA format).

### **Grade for Comprehensive Health Assessment**

Total score is 234. 187/234 is required to pass this exam.

### **Grade for Practice**

Five videotapes are required. Each video is 4 points.

Preparation of written work should contribute to clear communication. All work should be typewritten, following guidelines of the Publication Manual of the American Psychological Association (6<sup>th</sup> edition), 2009. A cover page and reference page should be included.

References should include journals and books other than the ones listed in nursing course textbooks. The APA Manual may be purchased in FSU's Bookstore.

Good writing is an art and craft. Correct grammar facilitates clear communication. Ideas should be developed clearly and logically. Papers with numerous grammatical errors, poor sentence structure, and improper documentation can lose points. A writing center is available on campus if a student needs assistance. All work is expected to be turned in on time.

Dishonesty In Academic Affairs See FSU Handbook [www.unctsu.edu/policy/policies](http://www.unctsu.edu/policy/policies)

### **ONLINE NETIQUETTE:**

1. Never divulge your user name or password to others.
2. Immediately delete email with attachments from senders you do not recognize.
3. It is most likely "spam". Do not click open web links in messages from unknown sources.
4. Never run an executable file (e.g., .exe) from an email. The university has security precautions in place for most of these situations, but computer hackers are getting more sophisticated all the time.
5. Do not forward personal email without the author's knowledge and permission.
6. Do not forward chain letters. Delete them.
7. Keep acronyms to a minimum. They can be confusing to your readers.
8. Delete unwanted messages to conserve space.
9. Never answer "spam". Your response will confirm your email address. Delete the message instead.
10. Please do not forward virus hoaxes. Contact your instructor if you have a question.
11. Do not use all capital text (CAPS LOCK); it is perceived as shouting.
12. Golden Rule: "Do Unto Others As You Would Have Them Do Unto You."

"Netiquette" is important and you are expected to follow the rules. You are entitled to express your opinion. You are entitled to an audience. You are expected to learn. You are expected to teach. You have a right to disagree. You have a right to respond. It is your privilege to change your mind. It is your privilege to remain silent. Responsibility on all sides will ensure that the forums will not be subject to improper censorship. The hosts of the forum will also make sure that coarse language or any form of racist, ageist, sexist or homophobic language is banned from the online discussions.

"Netiquette" adapted from Yale University Library

### **BLACKBOARD LEARNING SYSTEM:**

1. Each student is expected to access the Black-Board Learning System for announcements, other assignments, and other pertinent communication.
2. Each student is expected to participate in the "Discussion Board" as required by instructor.
3. Grades will be affected if these directions are not implemented and maintain

4. The FSU Blackboard will be used as an important mode of communication between faculty and students in this course. Please enroll using your e-mail.
5. Class grades and other faculty/student feedback will be posted using this medium.

### COURSE OUTLINE AND ASSIGNMENT SCHEDULE

DATE	TOPIC	ASSIGNED READINGS
<b>Wk 1 Oct 13</b>	Pain Assessment, Skin, Hair and Nails Neck, Peripheral Vascular (PV) <b>Discussion Board Assignment –week 1 (go to Discussion Board)</b> <b>QUIZ #1</b> <b>Videotape 1</b>	Jarvis, Chap. 8, 9, 10, 12, 13, 20
<b>Wk 2 Oct 20</b>	Assessment of the Head (H), Eye (E) and Ear (E) <b>Discussion Board Assignment-week 2 (go to Discussion Board)</b> <b>Videotape 2</b>	Jarvis, Chap. 14, 15, 16
<b>Wk 3 Oct 27</b>	Cardiac (C), Abdomen (A), Breast <b>Discussion Board Assignment-week 3 (go to Discussion Board)</b> <b>Videotape 3</b> <b>QUIZ #2</b>	Jarvis, Chap. 17, 19, 21
<b>Wk 4 Nov 3</b>	Thorax (T), Lungs (L), Musculoskeletal <b>Discussion Board Assignment- week 4 (go to Discussion Board)</b> <b>Videotape 4</b>	Jarvis, Chap. 18, 22
<b>Wk 5 Nov 10</b>	Neurological <b>Discussion Board Assignment-week 5 (go to Discussion Board)</b> <b>Videotape 5</b> <b>Quiz # 3</b>	Jarvis, Chap. 23
<b>Wk 6 Nov 17</b>	<b>No week 6 discussion board assignment</b> <b>Health Assessment Due (DVD should arrive by 11/23 noon)</b>	
<b>Wk 7 Nov 24</b>	Health Assessment and the Nursing Process, Critical Thinking-Decision Making Cultural Impacts; History Taking History Taking; Interview Skills, Documentation Skills <b>Complete Health History Due</b> <b>Discussion Board Assignment-week 7 (go to Discussion Board)</b>	Jarvis, Chap. 1, 2, 3, 4, 5
<b>Wk 8 Dec 1</b>	M/F Reproductive; Anus; and Rectum Techniques and Procedures Vaginal, Anus and Rectum; <b>QUIZ #4</b>	Jarvis, Chap. 24, 25, 26 Audio & CD ROM:

**Dec 9    Final Grades Due**