



Dear Fayetteville State University Students

Our campus has a SIGNIFICANT increase in the number of COVID-19 positive cases since last week. We have had high numbers across campus and not necessarily limited to one residential hall. Unfortunately we have reached the point where the number of positive cases is higher than the number of isolation rooms available. However, we will continue to follow the CDC guidelines for anyone who is a positive case or has a known contact. We recommend students get tested.

If you are COVID-19 positive:

- You are REQUIRED to isolate for 5 days and will need a NEGATIVE test to clear isolation
 - At this time we are HIGHLY ENCOURAGING students who are positive to go home to isolate if that is an option as number of isolation spaces is limited
 - If you cannot go home then you will be required to isolate in place in your resident hall room until isolation space is available. The university will continue to provide your meals
- Rapid or PCR tests will be accepted. You may test as early as day 4 to clear isolation
 - Seabrook will continue to have testing available for both rapid and PCR tests
- If you are still positive on day 5, you will continue to test until you are negative AND symptoms have resolved

If you are exposed to COVID positive case

- If you are vaccinated:
 - You do not have to quarantine in place. We recommend testing every 72 hours and continuing to wear your mask
- If you are not vaccinated:
 - You need to quarantine in place for 5 days, testing on day 4
 - If you remain negative, on day 5 you can leave quarantine if and you must continue to wear a mask through day 10

For your individual safety measures, please see the following:

1. Please be monitoring for signs and symptoms of COVID, Flu or other upper respiratory illness. This can include but are not limited to increased tiredness, body aches, headaches, fever, chills, sweats, congestion, runny nose, sore throat and cough. If you develop any symptoms, please call Student Health



Student Health Services

services or your primary care physician to get tested. Please also do not attend any campus events if you are sick. You should self-isolate in your resident hall or at home for at least 72 hours or until symptoms have improved. If you do get sick, make sure to increase fluids and rest as those are the most important part of flu treatment.

- 2. Given the widespread number of cases, we are recommending that students and staff consider wearing masks, particularly to indoor events. If you are Covid positive or have a known exposure, then you are required to wear your mask through day 10.
- 3. We are also advising all residential students to test every 72 hours. With the significant increase in cases, methods to stop spread is through regular testing and following isolation protocol
- 4. Feel free to call Student Health Services at 672-1259 if you have any questions or concerns regarding testing or your health status.

Thank you for your understanding!

VINETTE GOVAON
Vinette Gordon (Apr 28, 2022 17:21 EDT)

Vinette Gordon Director Student Health Services

Signature: Adrina Russell X r 28, 2022 18:06 EDT)

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Juanette Council

Dr. Juanette Council Vice Chancellor Student Affairs



Student Letter April 28

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