

## Resources for Transition Age Youth

**Exceptional Children's Assistance Center** <https://www.ecac-parentcenter.org/transition-to-adulthood/>

**Family Support Program—Transition to Adulthood (UNC Social Work)** <https://fsp.unc.edu/node/165>

**Independent Living Research Utilization** has a directory for finding your local center for independent living. <https://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/NC>

PACER's **National Parent Center on Transition and Employment** has comprehensive resources for resume building, college options, laws and rights, and more. <https://www.pacer.org/transition/>

**T-STEP – TEACCH School Transition to Employment and Postsecondary Education**

<https://teacch.com/clc/t-step-teacch-school-transition-to-employment-and-postsecondary-education/>

**Understood** <https://www.understood.org/en/school-learning/special-services/ieps/iep-transition-planning-preparing-for-young-adulthood>

**College Options for Students with Intellectual/Developmental Disabilities**

Think College is a national organization dedicated to developing, expanding, and improving research and practice in inclusive higher education for students with intellectual disability.

**Website:** [www.ThinkCollege.net](http://www.ThinkCollege.net)

**Email:** [thinkcollegeTA@gmail.com](mailto:thinkcollegeTA@gmail.com)

Opening Doors to College (movie) <https://openingdoorstocollege.com/>

**National Parent Center on Transition and Employment**

<https://www.pacer.org/transition/learning-center/postsecondary/college-options.asp>

**ABE Tops**

Wake Technical Community College

Raleigh, NC

The ABE Tops program is designed for adult students who have an intellectual disability or those who need continued support in functional academics. It is ideal for students who want to achieve a higher level of academic, vocational, and career building skills. Basic academic classes are free of charge. The Career Pathways are a partnership with ABE Tops, Continuing Education, and HRD, and give students the opportunity to earn one or more credentials. Career Pathway opportunities, which do have a small tuition attached to each, include Hospitality & Tourism, Housekeeping & Beyond, Landscaping, and Pet Retail & Beyond.

**Program Contact: Julia Tennant**

**Email: [Jatennant@waketech.edu](mailto:Jatennant@waketech.edu)**

**Phone: 919 334-1545**

**Website: [abetops.waketech.edu](http://abetops.waketech.edu)**

**ACE/Accessing Career Education**

Fayetteville Technical Community College

Fayetteville, NC

All of the programs are geared to provide individuals with the foundational skills that are critical to employment in the workplace. Classes are offered face to face, on and off campus, online, and during the daytime and evenings.

**Program Contact: Phillip Crawford**

**Phone 910 678-8497**

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### **First Steps Program/ABE (Adult Basic Education)**

Durham Technical Community College

Durham, NC

Durham Tech offers the Adult Basic Education First Step program (formerly Compensatory Education) to students with developmental disabilities and beginning adult readers who have the ability to benefit from an academic and career-focused setting. Our program focus is to accelerate academic skills in reading, math, language, and computer literacy. Courses are free and students may enter Adult Basic Education (ABE) courses at any time and progress at their own pace. Preregistration is required. For information regarding registration and student placement

**Program Contact: Betty Lyon**

**919 536-7219**

### **ABE Program**

Johnston Community College

Smithfield, NC

Our Basic Skills programs help adults refresh their reading and math fundamentals, complete a high school credential, or learn English as a second language. Students with intellectual disabilities are served in all of our programs, as most appropriate based upon their assessment scores. Adult Basic Education (ABE) is a program of instruction designed for adults who need to improve their reading, writing, speaking, problem solving, and computation skills. ABE is available to students with or without a high school diploma that wish to increase or review skills.

Program Contact: Jessica Rieger

Phone: 919 209-2065

Email: [jurieger@johnstoncc.edu](mailto:jurieger@johnstoncc.edu)

### **Beyond Academics at UNC Greensboro**

Greensboro, NC

**On Campus housing**

The University of North Carolina at Greensboro supports students with intellectual and developmental disabilities enrolled through Beyond Academics, which coordinates a four-year certificate program of study that emphasizes self-determination, life planning, and career development. Monarch is a 501(c)(3) nonprofit partner of the university that provides support services for enrolled students.

**Program Contact: Eric Marshburn**

**Email: [ericmarshburn@uncg.edu](mailto:ericmarshburn@uncg.edu)**

**Phone: 336 334-3905**

**Website: [beyondacademics.uncg.edu](http://beyondacademics.uncg.edu)**

### **Scholars with Diverse Abilities Program**

Boone, NC

**On Campus Living**

The Appalachian State University -Scholars with Diverse Abilities Program provides support for college-age students with intellectual disabilities who are pursuing postsecondary education at Appalachian State University. SDAP Scholars participate in a two year living and learning experience which prepares students for personal and occupational success. As an inclusive program, SDAP students are fully integrated into the university community. Scholars follow a program of study, take courses related to career and personal interests, live in residence halls with peers, work in jobs on and off campus, participate in social and extracurricular events, and engage in civic activities and service learning opportunities culminating in the College Achievement Award Certificate.

**Program Contact: Anna Ward**

**Email: [sdap@appstate.edu](mailto:sdap@appstate.edu)**

**Phone: 828 262-8389 Website: [sdap.appstate.edu](http://sdap.appstate.edu)**

### **University Participant Program**

Cullowhee, NC 28723

**On Campus Living**

The Western Carolina University- UP program is designed to provide a two-year, on-campus living and learning experience for persons with intellectual and developmental disabilities between the ages of 18 and 25. During the

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two year period, participants complete requirements for receiving a UP Certificate of Accomplishment based on the successful completion of an Individual Plan for College Participation. The program uses person-centered planning, paid, and natural supports to provide fully inclusive living and learning college experiences.

**Program Contact: Dr. Kelly Kelley**

**Email: [kkelley@email.wcu.edu](mailto:kkelley@email.wcu.edu)**

**Phone: 828 227-3297**

#### The Mason Life Program

Fairfax, VA

**On Campus Living**

George Mason University LIFE Program is an innovative post-secondary program for young adults with intellectual and developmental disabilities who desire a university experience in a supportive academic environment. The mission of the Mason LIFE Program is a dual purpose: the first is to provide a supportive academic environment for our students with intellectual and developmental disabilities; the second is to supply an apprenticeship for George Mason University students.

**Program Contact: Stephanie Atkins**

**Email: [satkins5@gmu.edu](mailto:satkins5@gmu.edu)**

**Website: [masonlife.gmu.edu](http://masonlife.gmu.edu)**

#### Pathways at UCLA Extension

Los Angeles, CA

**On Campus Living**

Pathway at UCLA Extension provides a blend of academic, social, and vocational experiences to students with intellectual and developmental disabilities. Our students are fully engaged in the UCLA campus while receiving specialized instruction and support. Pathway is housed within Continuing Education on the UCLA campus.

**Program Contact: Eric Latham**

**Email: [elatham@unex.ucla.edu](mailto:elatham@unex.ucla.edu)**

**Phone: 310 794-1235**

**Website: [education.uclaextension.edu/pathway](http://education.uclaextension.edu/pathway)**

#### UNC Chapel Hill

LEND-- <http://www.cidd.unc.edu/Education/LEND/Default.aspx>

Goals of the NC-LEND include:

**Interdisciplinary Training:** Provide exemplary interdisciplinary leadership training to health care and related professionals focused on screening, assessment, diagnosis, evidence-based treatment, and general health promotion for persons with ASD/DD and their families.

**Exemplary Interdisciplinary Clinical and Community-Based Services:** Provide exemplary clinical and community-based interdisciplinary services to individuals with ASD/DD and their families that are family-based and culturally and linguistically appropriate.

**Continuing Education (CE):** Facilitate community and continuing education that enhances family-centered, culturally competent, coordinated care and is aimed at improving systems-of-care and advocacy skills for populations with ASD/DD at the state, regional, and national levels.

**Technical Assistance and Consultation (TA/C):** Provide technical assistance and consultation (TA/C) to Title V and other local, state, and national partners to improve community-based services and supports for children and adults with ASD/DD and their families in an effort to eliminate health barriers and disparities.

**Research and Dissemination:** Provide exemplary leadership education in research and dissemination of findings related to ASD/DD.

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### Transportation Resources by County

- Durham County
  - <https://godurhamtransit.org/> <https://gotriangle.org/>
  - [https://healthydurham.org/cms/wp-content/uploads/2016/03/Transportation\\_English\\_final-2013.pdf](https://healthydurham.org/cms/wp-content/uploads/2016/03/Transportation_English_final-2013.pdf)
- Mecklenburg County
  - <https://www.mecknc.gov/HealthDepartment/RyanWhite/Pages/Transportation-Resources.aspx>
  - <https://www.mecknc.gov/dss/admin/Pages/MecklenburgTransportationSystem.aspx>
- Orange County
  - <https://www.orangecountync.gov/778/Transportation-Services>
  - Elderly/Disability Transportation <https://www.orangecountync.gov/FormCenter/Orange-Public-Transportation-18/Client-Certification-Form-93>
  - <https://gotriangle.org/orange-county>
- Cumberland County
  - <https://www.co.cumberland.nc.us//departments/planning-group/planning/ctp>
  - <https://www.findhelp.org/transit/transportation--fayetteville-nc>
- Johnston County
  - <https://www.cssjohnston.org/wwwjcatsorg#!>
  - [https://www.yelp.com/search?cflt=publictransport&find\\_loc=Johnston+County%2C+NC](https://www.yelp.com/search?cflt=publictransport&find_loc=Johnston+County%2C+NC)
- Wake County
  - <https://www.wakegov.com/departments-government/human-services/programs-assistance/gowake-access-transportation>
  - <https://www.wakegov.com/departments-government/health-human-services/programs-assistance/gowake-smartride-ne>
  - <https://goraleigh.org/> <https://gocary.org/> <https://gotriangle.org/>  
<https://transportation.ncsu.edu/riding-the-wolfline-bus/>

\*\*Additional Resources from ECAC—Exceptional Children’s Assistance Center <https://www.ecac-parentcenter.org/>

### **Choosing a Course of**

**Study:** <https://link.edgepilot.com/s/6d92f5c6/WPQMNL289UWjH9Z6iyDFMw?u=https://www.ecac-parentcenter.org/wp-content/uploads/Heading-to-High-School-Choosing-a-Course-of-Study.pdf>

### **Life's a Journey: Do More! Be**

**more!** <https://link.edgepilot.com/s/4cd5adb1/n4vm0Ngf2ESFHdn05QxVg?u=https://www.ecac-parentcenter.org/wp-content/uploads/Lifes-a-Journey-Learn-More-Do-More-Be-More.pdf>

### **Graduation**

**Requirements:** <https://link.edgepilot.com/s/4bdf4811/dJAghXjUvUO2YWV860bNCw?u=https://www.ecac-parentcenter.org/wp-content/uploads/NC-High-School-Graduation-Requirements.pdf>

### **Ways to Support your Adult**

**Child:** [https://link.edgepilot.com/s/9c076666/23DxaN4aSU\\_WGFF6DuMNQQ?u=https://www.ecac-parentcenter.org/wp-content/uploads/Ways-to-Support-Your-Adult-Child-1.pdf](https://link.edgepilot.com/s/9c076666/23DxaN4aSU_WGFF6DuMNQQ?u=https://www.ecac-parentcenter.org/wp-content/uploads/Ways-to-Support-Your-Adult-Child-1.pdf)