August 23, 2023

This is an important message to Fayetteville State University Students regarding COVID-19 Safety Protocols.

Dear Students:

The below information will provide the most up-to-date protocols regarding COVID-19. We highly encourage everyone to continue to follow the safety precautions recommended by the CDC and Cumberland County Health Department.

I. WHEN TO GET TESTED

Students Who Are Not Feeling Well Should Get Tested.

Stay home if you feel sick, wear a mask, self-isolate, and seek medical attention to get tested. You may contact FSU Student Health Services at (910) 672-1259 to arrange a testing appointment. Continue making well-informed decisions to protect your own personal safety and the health and safety of others. Testing is available by appointment at Student Health Services, Monday-Friday from 8:30am-3:45pm.

II. WHEN TO STAY ISOLATED

Students Who Have Tested POSITIVE Should Isolate

Students who test positive should isolate and follow CDC guidelines until they meet the criteria for ending isolation. If you have questions, contact Student Health Services at (910) 672-1259.

- **End isolation after 5 full days** if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
- Take precautions until day 10 - **including wearing a well-fitted mask any time you're around others inside your home or in public**. Do not go to places where you are unable to wear a mask. Avoid travel and avoid being around people who are high risk.
- Students who participate in educational experiences off-site should communicate with off-site coordinators regarding return to these clinical or practicum experiences. You may be subject to more stringent guidelines in these settings.
- For those students having symptoms after 5 days, contact Student Health Services (910) 672-1259.

III. EXCUSED ABSENCE DUE TO ILLNESS

- Students should communicate to your professors when you will be unable to attend in-person classes.
Please note that you will **NOT** be excused from online classes, **ONLY** from in person classes. If you are too sick to attend online classes, you will need a note from a medical provider.

- Excused absence requests will automatically be sent to your professors if you receive a positive test result through FSU Student Health Services.
- If you do NOT test through FSU Student Health Services, you must send in your positive results by uploading your test results within PATIENT PORTAL in Medicat. **Please note home tests will NOT be accepted to be excused from face-to-face classes. The test must show your name, date of birth, and date of test to be accepted.** Use the following link/QR code ([https://unccfsu.medicatconnect.com/](https://unccfsu.medicatconnect.com/)).

### IV. REMEMBER TO PROTECT YOURSELF & OTHERS

Even if you have a negative test result, be mindful about:

- staying physically distanced
- avoiding crowds and indoor crowded places
- washing your hands frequently
- monitoring for symptoms

If you are feeling sick, and feel you need further evaluation it is recommended that you schedule an appointment to be seen by a provider to consider other respiratory illnesses such as influenza.

### V. STUDENTS WHO HAVE BEEN EXPOSED BUT SHOW NO SYMPTOMS

The Center for Disease Control and Prevention (CDC) COVID-19 guidelines state that individuals who have been exposed are no longer required to quarantine but are recommended to wear a mask for 10 days and test on Day 5, if possible. If you start to feel unwell, please wear a mask and contact FSU Student Health Services at (910) 672-1259 to arrange a testing appointment. For general health related questions please contact healthservice2@unccsu.edu

Sincerely,

H. Juanette Council, Ed.D.
Vice Chancellor for Student Affairs

Ieschecia Graham Allen, MS, RHIT
Director of Student Health Services