

August 23, 2023

This is an important message to Fayetteville State University Students regarding COVID-19 Safety Protocols.

Dear Students:

The below information will provide the most up-to-date protocols regarding COVID-19. We highly encourage everyone to continue to follow the safety precautions recommended by the [CDC](#) and [Cumberland County Health Department](#).

I. WHEN TO GET TESTED

Students Who Are Not Feeling Well Should Get Tested.

Stay home if you feel sick, wear a mask, self-isolate, and seek medical attention to get tested. You may contact FSU Student Health Services at (910) 672-1259 to arrange a testing appointment. Continue making well-informed decisions to protect your own personal safety and the health and safety of others. Testing is available by appointment at Student Health Services, Monday- Friday from 8:30am-3:45pm.

II. WHEN TO STAY ISOLATED

Students Who Have Tested POSITIVE Should Isolate

Students who test positive should [isolate and follow CDC guidelines](#) until they meet the criteria for ending isolation. If you have questions, contact Student Health Services at (910) 672-1259.

- **End isolation after 5 full days** if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
- Take precautions until day 10 - **including wearing a well-fitted mask any time you're around others inside your home or in public.** Do not go to places where you are unable to wear a mask. Avoid travel and avoid being around people who are high risk.
- Students who participate in educational experiences off-site should communicate with off-site coordinators regarding return to these clinical or practicum experiences. You may be subject to more stringent guidelines in these settings.
- For those students having symptoms after 5 days, contact Student Health Services (910) 672-1259.

III. EXCUSED ABSENCE DUE TO ILLNESS

- Students should communicate to your professors when you will be unable to attend in-person classes.

- Please note that you will **NOT** be excused from online classes, **ONLY** from in person classes. If you are too sick to attend online classes, you will need a note from a medical provider.
- Excused absence requests will automatically be sent to your professors if you receive a positive test result through FSU Student Health Services.
- If you do NOT test through FSU Student Health Services, you must send in your positive results by uploading your test results within PATIENT PORTAL in Mediat. *Please note home tests will **NOT** be accepted to be excused from face-to-face classes. The test must show your name, date of birth, and date of test to be accepted.* Use the following link/QR code (<https://uncfsu.medicatconnect.com/>).

IV. REMEMBER TO PROTECT YOURSELF & OTHERS

Even if you have a negative test result, be mindful about:

- staying physically distanced
- avoiding crowds and indoor crowded places
- washing your hands frequently
- monitoring for symptoms

If you are feeling sick, and feel you need further evaluation it is recommended that you schedule an appointment to be seen by a provider to consider other respiratory illnesses such as influenza.

V. STUDENTS WHO HAVE BEEN EXPOSED BUT SHOW NO SYMPTOMS

The Center for Disease Control and Prevention (CDC) COVID-19 guidelines state that individuals who have been exposed are no longer required to quarantine but are recommended to wear a mask for 10 days and test on Day 5, if possible. If you start to feel unwell, please wear a mask and contact FSU Student Health Services at (910) 672-1259 to arrange a testing appointment. For general health related questions please contact healthservice2@uncfsu.edu

Sincerely,

H. Juanette Council, Ed.D.
Vice Chancellor for Student Affairs

Ieschecia Graham Allen, MS, RHIT
Director of Student Health Services

