Bronco Wellness

- Health promotion and education services
- Wellness classes, education and consulting
- 8 Dimensions of Wellness Model
- Campus and community health and wellness activities
- Student leadership initiatives
- Research and evaluation
- Service learning



Bronco Wellness Healthy Fun Fair Screening



Destress Fest



Certified Peer Education Training



Wellness Wednesday



Mental Health First Aid Training



Think Pink



Contact Information for Bronco Wellness

Letitia Johnson-Arnold, MS, CHES Medical and Health Program Consultant

Phone: (910) 672-2081

Fax: (910) 672-1366

Email: <u>ljohns75@uncfsu.edu</u>

Location: RJSC (room 133)



