

Fayetteville State University
Four-Year Degree Plan

Physical Education, BS
Catalog: 2025-2026

Total Degree Credits: 120 Hours

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Consider prerequisites, prior credit, course availability, and student needs in developing the individual plan. Courses fulfilling requirements are listed on the reverse. For information about prerequisites and other program requirements consult the appropriate Catalog Program of Study and an advisor.

Year 1										
Fall	Course	Cr	Pre-Req	Req		Spring	Course	Cr	Pre-Req	Req
	UNIV 101 - Freshman Seminar	1	N	1.1			UNIV 102 - Freshman Seminar II	1	N	1.1
	HEED 112 - Health and Wellness	2	N	1.2			SPEE 200 - Introduction to Speech	3	N	2.2
	ENGL 110 - English Composition	3	N	2.1			ENGL 120 - English Composition II	3	N	4
	PHIL 110 Or PHIL 220	3	N	3.1			Natural Science Selection (lecture and lab)	4	N	5.1
	Core Quantitative Reason (MATH)	3	N	3.2			Core Humn Creative Arts	3	N	6
	Global Literacy	3	N	7						
Total Credits		15				Total Credits		14		
Year 2										
Fall	Course	Cr	Pre-Req	Req		Spring	Course	Cr	Pre-Req	Req
	BIOL 150 and BIOL 150L	4	N	5.1			PEDU 205 - Net/Wall & Field/Striking Games	1	N	9.13
	Scientific Literacy - Social Sciences	3	N	5.2			PEDU 311 - History and Principles	3	N	9.13
	PEDU 321- Early Childhood PE K-6	3	N	9.13			PEDU 322 - PE in Middle Grades 6-9	3	N	9.13
	EDUC 210- Technology App for Teachers	3	N	9.1			HEED 300- Human Sexuality	3	N	9.12
	EDUC 211 - Lab Experiences in Area School	3	N	8			HEED 301 - Drug Education	3	N	9.12
							EDUC 310 - Foundations of Education	3	N	9.1
Total Credits		16				Total Credits		16		
Year 3										
Fall	Course	Cr	Pre-Req	Req		Spring	Course	Cr	Pre-Req	Req
	PEDU 215- Target & Invasion Games	1	N	9.13			PEDU 211 - Rhythms and Movement Concepts	1	N	9.13
	PEDU 450 - Physiology of Exerc and Kinesiology	3	N	9.13			PEDU 402 - Motor Learning	3	N	9.13
	PEDU 431 - Adapted Physical Education	3	N	9.13			HEED 320- Introduction to Health Education	3	Y	9.13
	HEED 372 - First Aid and Safety	3	N	9.12			HEED 310- Mental and Emotional Health	3	N	9.12
	EDUC 330 - Educ Psych & Measurement	3	N	9.1			PEDU 360 - Theories and Principles of PE	3	Y	9.12
	EDUC 331 - Instructional Design and Asses	3	N	9.1			READ 320 - Tch Read in Content Area	3	Y	9.1
Total Credits		16				Total Credits		16		
Year 4										
Fall	Course	Cr	Pre-Req	Req		Spring	Course	Cr	Pre-Req	Req
	PEDU 421 - Measurement & Evaluation	3	N	9.13			+ EDUC 480	11	Y	9.1
	PEDU 460 - Introduction to Personal Training	3	IP	9.13			+ EDUC 490 - Professional Educ Seminar	1	Y	9.1
	HEED 420- Nutrition	3	N	9.12						
	* EDUC 455 - Class. Manag. & Princ. of Sec. Tch	3	Y	9.1						
	* EDUC 464 - Meth/Mat in Phys Educ K-12	3	Y	9.1						
Total Credits		15				Total Credits		12		