

B.S. in Physical Education (Teaching)

Department of Health, Physical and Secondary Education

Program Information

The Department of Health, Physical and Secondary Education offers a Bachelor of Science Degree in Health and Physical Education leading to teacher certification in K-12. The degree requires 120 credit hours. In support of the mission of the University and College of Education, the department is committed to preparing students as facilitators of learning in the fields of health, physical education, recreation, and related service areas. The department is further committed through its curricula to assist students in the development of cognitive, psychomotor, and affective learning patterns as requisite tools for effective teaching.

A member of the (CAEP) Council for the Accreditation of Educator Preparation, the Health and Physical Education Program is approved by both the NC State Department of Public Instruction and UNC Board of Governors to offer the BS degree leading to certification in teaching K-12. Students in the Health and Physical Education Program are trained to implement effective strategies to teach health and physical education to students in kindergarten through twelfth grade. All students in the program receive quality training in classroom management, assessment techniques, and professionalism.

Admission Requirements

To the Department

Students entering the Department of Health, Physical and Secondary Education must complete a [Declaration of Major Form](#) to receive departmental advisement and be assigned an advisor in the major. All majors must choose a Bachelor of Science in Health and Physical Education.

To the Teacher Education

Applicants must meet the following in order to be admitted to Teacher Education:

- Declare HPE as your official major;
- Complete EDUC 211 with a grade of C or higher;
- Pass Praxis Core Academic Skills for Educators (CASE) tests; Composite Score of 468; or can be waived with a total score of 1100 on the SAT or a composite score of 24 on the ACT.
- Have a cumulative GPA of 2.7 or higher;
- Earn a grade of C or higher in all professional education and HPE major core courses;
- Complete the Admission to Teacher Education Application Form;
- Letter of Recommendation form;
- Complete the Clearance Form (Health and Department Status); and
- Complete and successful pass Departmental Interview.

To Clinical Experience (Student Teaching)

Students must meet the following to be admitted to Clinical Experience (Student Teaching):

- Have an official degree evaluation after 90 hours;
- Must have been admitted to Teacher Education;
- Have a cumulative GPA of 2.7 or higher;
- Earn a grade of C or higher in all professional education and HPE major core courses;
- Pass PRAXIS II Health and Physical Education (5857) test;
- Complete the Admission to Clinical Experience (Student Teaching) Application Form;
- Complete a Security Background;
- Check and complete the Clearance Form;
- Successfully pass the Clinical Experience (Student Teaching) Interview and writing sample.

Clinical Experience is only offered during the Spring Semester.

Note - Student must be admitted to Clinical Experience (Student Teaching) a semester prior to the actual experience.

Program Requirements

University College Core Curriculum		39 Credit Hours
EDUC 211	Laboratory Experience in Area Schools	3 Credit Hours
Professional Education Courses		33 Credit Hours
EDUC 210	Technology Applications for Teachers	3 credits
EDUC 310	Foundations of Education	3 credits
EDUC 330	Educational Psychology and Human Development	3 credits
EDUC 331	Instructional Design and Assessment	3 credits
EDUC 455	Classroom Management and Principles of Secondary Teaching	3 credits
EDUC 464	Methods and Materials in Health & Physical Education K-12	3 credits
READ 320	Teaching Reading in Secondary Schools	3 credits
EDUC 497	Clinical Experience in the Secondary School (HPE)	11 credits
EDUC 490	Professional Education Seminar	1 credit
Physical Education Courses		30 credits
PEDU 205	Net/Wall & Field/Striking Games	1 credit
PEDU 215	Target & Invasion Games	1 credit
PEDU 220	Rhythms and Movement Concepts for Physical Education	1 credit
PEDU 311	History and Principles	3 credits
PEDU 321	Educational Games for Early Childhood PE K-6	3 credits
PEDU 322	Physical Education in Middle Grades 6-9	3 credits
PEDU 360	Theory and Practice in Elementary Physical Education	3 credits
PEDU 402	Motor Learning	3 credits
PEDU 421	Measurement and Evaluation	3 credits
PEDU 431	Adapted Physical Education	3 credits
PEDU 450	Physiology of Exercise & Kinesiology	3 credits
PEDU 460	Introduction to Personal Training	3 credits
Health Education Core Courses		18 Credits
HEED 300	Human Sexuality	3 credits
HEED 301	Drug Education	3 credits
HEED 310	Mental & Emotional Health	3 credits
HEED 320	Introduction to Health Education	3 credits
HEED 372	First Aid & Safety	3 credits
HEED 420	Nutrition	3 credits

Exit Requirements

To graduate with a B.S. in the HPE, students must, successfully complete the university college core and:

1. Have accumulative GPA of 2.7 or higher with a grade of C or better in each professional, major core, and concentration courses.
2. Pass Praxis II (5857).
3. Successfully complete Clinical Experience (Student Teaching).
4. Earn a satisfactory rating on the Clinical Experience (Student Teaching), Exit Criteria, or LEA/IHE Certification of Teaching Capacity.
5. Formally submit an edTPA portfolio to Pearson for teaching licensure in North Carolina (Students are responsible for cost).
6. Submit graduation application and fees.

Licensure Requirements

To apply for a NC teaching license, in the HPE candidate must register using the NC DPI Online Licensure System.

- The URL is: <https://vo.licensure.ncpublicschools.gov>
- Complete an edTPA portfolio with a passing score required for teaching licensure in North Carolina.
- Must take and successfully pass the PRAXIS II Health and Physical Education exam and edTPA (Task 1, 2, & 3).
- Application for a NC Teaching License;
- Processing fee payable to NCDPI; and
- Official degree-dated transcript.
- Once you have submitted your application, please contact Dr. Jenny Washington at jwashington@uncfsu.edu and follow up with a call to 910-672-1587.

Contact Information

BACHELOR OF SCIENCE IN HEALTH AND PHYSICAL EDUCATION (K-12) 120 Credits

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