

B.S. in Physical Education (Teaching)

Department of Health, Physical and Secondary Education

Program Information

The Department of Health, Physical and Secondary Education offers a Bachelor of Science Degree in Health and Physical Education leading to teacher certification in K-12. The degree requires 120 credit hours. In support of the mission of the University and College of Education, the department is committed to preparing students as facilitators of learning in the fields of health, physical education, recreation, and related service areas. The department is further committed through its curricula to assist students in the development of cognitive, psychomotor, and affective learning patterns as requisite tools for effective teaching.

A member of the (CAEP) Council for the Accreditation of Educator Preparation, the Health and Physical Education Program is approved by both the NC State Department of Public Instruction and UNC Board of Governors to offer the BS degree leading to certification in teaching K-12. Students in the Health and Physical Education Program are trained to implement effective strategies to teach health and physical education to students in kindergarten through twelfth grade. All students in the program receive quality training in classroom management, assessment techniques, and professionalism.

Admission Requirements

To the Department

Students entering the Department of Health, Physical and Secondary Education must complete a [Declaration of Major Form](#) to receive departmental advisement and be assigned an advisor in the major. All majors must choose a Bachelor of Science in Health and Physical Education.

To the Teacher Education

Applicants must meet the following in order to be admitted to Teacher Education:

- Complete all courses in the University College Core Curriculum;
- Complete EDUC 211 with a grade of C or higher;
- Pass Praxis Core Academic Skills for Educators (CASE) tests; Composite Score of 468; or can be waived with a total score of 1100 on the SAT or a composite score of 24 on the ACT.
- Have a cumulative GPA of 2.7 or higher;
- Earn a grade of C or higher in all professional education and HPE major core courses;
- Complete the Admission to Teacher Education Application Form;
- Complete a Security Background Check;
- Complete the Clearance Form (Health and Department Status); and
- Complete and successfully pass Departmental Interview.

Note – Student must be admitted to Teacher Education one full semester prior to Clinical Experience (Student Teaching)

To Clinical Experience (Student Teaching)

Students must meet the following to be admitted to Clinical Experience (Student Teaching):

- Have an official degree evaluation after 90 hours;
- Must have been admitted to Teacher Education;
- Have a cumulative GPA of 2.7 or higher;
- Earn a grade of C or higher in all professional education and HPE major core courses;
- Submit PRAXIS II Health and Physical Education exam scores and/or proof of registration;
- Complete the Admission to Clinical Experience (Student Teaching) Application Form;
- [Educator Employment Liability Coverage](#)
- Complete a Security Background;
- Check and complete the Clearance Form;
- Apply for graduation after 90 hours of course work in the major, and
- Successfully pass the Clinical Experience (Student Teaching) Interview and writing sample.

Note - Student must be admitted to Clinical Experience (Student Teaching) a semester prior to the actual experience.

Program Requirements

University College Core Curriculum

EDUC 211

Laboratory Experience in Area Schools

39 Credit Hours

3 Credit Hours

Professional Education Courses

EDUC 210

Technology Applications for Teachers

3 credits

EDUC 310

Foundations of Education

3 credits

EDUC 330

Educational Psychology and Human Development

3 credits

EDUC 331

Instructional Design and Assessment

3 credits

EDUC 455

Classroom Management and Principles of Secondary Teaching

3 credits

EDUC 464

Methods and Materials in Health & Physical Education K-12

3 credits

READ 320

Teaching Reading in Secondary Schools

3 credits

EDUC 497

Clinical Experience in the Secondary School (HPE)

11 credits

EDUC 490

Professional Education Seminar

1 credit

Physical Education Courses

PEDU 205

Net/Wall & Field/Striking Games

30 credits

1 credit

PEDU 215

Target & Invasion Games

1 credit

PEDU 220

Rhythms and Movement Concepts for Physical Education

1 credit

PEDU 311

History and Principles

3 credits

PEDU 321

Educational Games for Early Childhood PE K-6

3 credits

PEDU 322

Physical Education in Middle Grades 6-9

3 credits

PEDU 360

Theory and Practice in Elementary Physical Education

3 credits

PEDU 402

Motor Learning

3 credits

PEDU 421

Measurement and Evaluation

3 credits

PEDU 431

Adapted Physical Education

3 credits

PEDU 450

Physiology of Exercise & Kinesiology

3 credits

PEDU 460

Introduction to Personal Training

3 credits

Health Education Core Courses

HEED 300

Human Sexuality

3 credits

HEED 301

Drug Education

3 credits

HEED 310

Mental & Emotional Health

3 credits

HEED 320

Introduction to Health Education

3 credits

HEED 372

First Aid & Safety

3 credits

HEED 420

Nutrition

3 credits

Exit Requirements

To graduate with a B.S. in the HPE, students must, successfully complete the university college core and:

1. Have accumulative GPA of 2.7 or higher with a grade of C or better in each professional, major core, and concentration courses;
2. Successfully complete Clinical Experience (Student Teaching);
3. Earn a satisfactory rating on the Clinical Experience (Student Teaching), Exit Criteria, or LEA/IHE Certification of Teaching Capacity;
4. Submit an edTPA portfolio for teaching licensure in North Carolina.
5. Submit graduation application and fees.

Licensure Requirements

To apply for a NC teaching license, in the HPE candidate must register using the NC DPI Online Licensure System.

- The URL is: <https://vo.licensure.ncpublicschools.gov>
- Complete an edTPA portfolio with a passing score required for teaching licensure in North Carolina.
- Must take and successfully pass the PRAXIS II Health and Physical Education exam and edTPA (Task 1, 2, & 3).
- Application for a NC Teaching License;
- Processing fee payable to NCDPI; and
- Official degree-dated transcript.
- Once you have submitted your application, please contact Dr. Jenny Washington at jwashington@uncfsu.edu and follow up with a call to 910-672-1587.

Contact Information

BACHELOR OF SCIENCE IN HEALTH AND PHYSICAL EDUCATION (K-12) 120 Credits

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