

# B.S. in Sport & Fitness Management

Department of Health, Physical and Secondary Education

## Program Information

The Department of Health, Physical and Secondary Education offers a Bachelor of Science Degree in Sport & Fitness Management. The degree requires 120 credit hours.

A Bachelor of Science in Sport & Fitness Management (SPFM) focuses on providing education and training for students to meet the challenges of careers in professional sports, both domestic and international, intercollegiate, interscholastic, and recreational sports organizations. The degree will incorporate 21st-century skills needed to address the need of the business of sport and fitness management. In addition, the curriculum allows students the opportunity to obtain certifications (Personal Trainer; Aquatic Facility Operator; First Aid & CPR; Lifeguard and Water Safety Instructor) that will make our students more marketable and expand his/her knowledge base.

### Program Outcomes:

1. Professional Competencies: Students will be able to demonstrate adequate knowledge and competencies needed to be successful sports and fitness management professionals in a variety of settings.
2. Application of Knowledge and Skill: Students will be able to effectively apply knowledge and skills learned throughout the curriculum in real world settings.
3. Critical Thinking: Students will be able to apply critical thinking and reasoning skills as sport and fitness management professionals.
4. Communication Skills: Students will be able to capably communicate, orally and in writing, as a sports and fitness management professional within various sport settings.
5. Leadership Application: Students will be able to analyze situations and apply the principles of appropriate leadership skills and behaviors related to sport and fitness management and sport leadership responsibilities.
6. Morals & Ethics in Sports Management: Students will be able to analyze moral and ethical issues related to sport and develop a personal philosophy regarding social responsibility and moral commitment in the sports and fitness management setting and as a sports and fitness management professional.

## Admission Requirements

### To the Department

Students entering the Department of Health, Physical and Secondary Education must complete a [Declaration of Major Form](#) (access through the QR code below) to receive departmental advisement and be assigned an advisor in the major. All majors must choose a Bachelor of Science in Sport and Fitness Management. A GPA of 2.0 is required to declare the major.

Once the Major has been declared students are required to complete the following steps:

- Meet with their Major Advisor prior to enrolling in courses
- Complete and sign a declared major new program of study



## Graduation Requirements

Students in the Sport Management Concentration must meet the following requirements to be **eligible for graduation**:

- Complete all courses in the University College Core Curriculum;
- Have a cumulative GPA of 2.0 or higher; and
- Earn a grade of C or higher in all SPTM, HEED, PEDU major core courses and Elective courses.

**To apply for graduation**, the candidate must:

- Apply for graduation
- Pay \$75 application fee
- Spring Candidates should apply for graduation by March 30 of the same year
- Fall candidates should apply for graduation by October 30 of the same year
- To apply for graduation, follow the [Banner Student Online Graduation Application Instructions](#)
- Transcripts will be updated with "Degree Awarded" and diplomas mailed 4-6 weeks after graduation.

# Program Requirements

**University College Core Curriculum** **39 Credit Hours**

**Sport Management Core Courses** **36 Credit Hours**

SPTM 211	Introduction to Sport Management	3 credits
SPTM 301	Sport Governance and Policy	3 credits
SPTM 330	Sport Facility and Event Management	3 credits
SPTM 331	Economics and Finance of Sport	3 credits
SPTM 340	Sport Marketing and Communications	3 credits
SPTM 350	Aquatics and Facility Management	3 credits
SPTM 421	Management and Leadership in Sport Organizations	3 credits
*SPTM 450	Legal Aspect of Sport	3 credits
*SPTM 490	Sport Management Internship and Seminar ( <i>only offered Fall and Spring Semesters</i> )	12 credits

**Physical Education Core Courses** **30 Credit Hours**

PEDU 101 or PEDU 200	Swimming or Swimming I	1 credit
PEDU 350	Functional Anatomy	3 credits
PEDU 361	Sports Officiating	2 credits
PEDU 362	Lifesaving and Water Instruction	3 credits
*PEDU 402	Motor Learning	3 credits
*PEDU 421	Measurement and Evaluation	3 credits
PEDU 431	Adapted PE	3 credits
PEDU 450	Kinesiology/Physiology of Exercise	3 credits
PEDU 452	The Intramural Sports Program	3 credits
*PEDU 460	Introduction to Personal Training	3 credits
PEDU 472	Sports in Contemporary American Society	3 credits

**Health Core Courses** **9 Credit Hours**

HEED 310	Mental and Emotional Health	3 credits
HEED 372	First Aid and Safety Education	3 credits
HEED 420	Nutrition	3 credits

**Elective Courses** **6 Credit Hours**

Elective	Advisor Approved Elective	3 credits
Elective	Advisor Approved Elective	3 credits

**Note – Student must be classified as a Junior or Senior to enroll in 400 level courses or have instructor approval.**

## Contact Information

**BACHELOR OF SCIENCE IN SPORT & FITNESS MANAGEMENT - 120 Credits**

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