



Department of Health, Physical and Secondary Education

**Bachelor of Science in Health and Physical Education  
Program of Study  
2021-2022**

Name:	Banner #:
Date:	Expected Program Graduation Date:

Course Number	Course Title	Credit Hours	Semester and Final Grade	Advisor's Signature
<b>University College Core Curriculum: 39 Credits</b>				
<b>Transitional Studies - University Studies</b>				
UNIV 101 and UNIV 102	Freshman Seminar I (Required for all first-time students) Freshman Seminar II (Required for all first-time students)	2		
<b>Or</b> UNIV 110 <b>or</b> UNIV 111	University Studies (Required of transfer student who have less than 30 transfer credits) University Studies Student Program			
<b>Transitional Studies - Life Skills</b>				
HEED 112	Health & Wellness	2		
<b>Communication Skills - Written Communication</b>				
ENGL 110	English Composition I	3		
<b>Communication Skills - Oral Communication</b>				
SPEE 200	Introduction to Speech	3		
<b>Information Literacy</b>				
ENGL 120	English Composition II	3		
<b>Reasoning Skills - Critical Thinking</b>				
<i>Select one (1) of the following:</i>	(Required of transfer students who have less than 60 transfer credits)	3		
PHIL 110 PHIL 220	Critical Thinking Introduction to Logic			
<b>Reasoning Skills - Quantitative Reasoning</b>				
<i>Select one (1) of the following:</i>		3-4		
MATH 123 MATH 126 MATH 127 MATH 128 MATH 129 MATH 130 MATH 131	College Algebra Quantitative Reasoning Quantitative Reasoning with Special Applications Quantitative Reasoning for Business Precalculus Mathematics I Precalculus Mathematics II Algebra and Trigonometry			
<b>Scientific Literacy - Natural Sciences</b>				

NSCI 111/111L	Comprehensive Physical Science (Lecture & Lab)	4			
BIOL 150/150L	Principles of Biology I (Lecture & Lab)	4			
<b>Scientific Literacy - Social Sciences</b>					
<i>Select one (1) of the following:</i>					
CRJC 210	Introduction to Criminology	3			
ECON 212	Principles of Microeconomics				
ECON 211	Principles of Macroeconomics				
ENEC 270	Climate Change and Public Policy				
GEOG 210	Principles of Geography				
HIST 212	United States since 1865				
HIST 271	Environmental History				
POLI 200	Introduction to Political Science				
POLI 210	Principles of American Government				
POLI 220	Principles of Public Administration				
PSYC 210	General Psychology				
SOCI 210	Principles of Sociology				
<b>Humanities and Creative Arts</b>					
<i>Select one (1) of the following:</i>					
ART 210	Survey of Art	3			
COMM 220	Film and Video Appreciation				
ENGL 220	African American Literature I				
ENGL 223	African American Literature II				
ENGL 240	Introduction to Literature				
ENGL 250	Women in Literature				
ENGL 253	Images of Women				
HIST 210	African American History				
HUMN 211	Humanities: Music, Art and Ideas I				
HUMN 212	Humanities: Music, Art and Ideas II				
HUMM 213	Humanities: Pop Culture Connections				
HUMN 215	Arts in Performance				
MUSI 210	Music Appreciation				
MUSI 225	History Jazz / American Culture				
MUSI 260	African American Music				
PHIL 210	Introduction to Philosophy				
RELI 215	Introduction to the Bible				
THEA 203	Introduction to Theatre				
<b>Global Literacy</b>					
<i>Select one (1) of the following:</i>					
ANTH 210	Introduction to Anthropology	3			
ART 150	Manga and Sequential Art in World Culture				
ART 215	Survey of Global Art				
BADM 210	Intro to Global Business Environment				
CHIN 110	Elementary Chinese I				
CHIN 120	Elementary Chinese II				
ENGL 211	World Literature I				
ENGL 212	World Literature II				
FREN 110	Elementary French I				
FREN 120	Elementary French II				
GEOG 220	World Regional Geography				
HIST 110	World History to 1600				
HIST 120	World History since 1600				
HIST 270	An Introduction to Africa				
PHIL 211	Introduction to World Religion				
POLI 230	Ethics and Global Affairs				
SOCI 150	Global Society				
SPAN 110	Elementary Spanish I				
SPAN 112	Spanish for the Professions I				

SPAN 120	Elementary Spanish II			
SPAN 122	Spanish for the Professions II			
SPAN 211	Intermediate Spanish I			
THEA 242	Contemporary World Drama			
YORU 110	Elementary Yoruba I			
YORU 120	Elementary Yoruba II			
<b>Ethics and Civic Engagement</b>				
EDUC 211	Laboratory Experiences in Area Schools	<b>3</b>		15 hrs. Observation
<b>Professional Education Courses: 33 Credits</b>				
EDUC 210	Technology Applications for Teachers	<b>3</b>		
EDUC 310	Foundation of Education	<b>3</b>		
EDUC 330	Educational Psychology and Human Development	<b>3</b>		10 hrs. Observation
EDUC 331	Instructional Design and Assessment	<b>3</b>		10 hrs. Observation
EDUC 455	Classroom Management & Principles of Secondary Teaching	<b>3</b>		
**EDUC 464	Methods and Materials in Health & Physical Education K-12	<b>3</b>		40 hrs. Observation
**READ 320	Teaching Reading in the Content Areas	<b>3</b>		
<b>**Admission to Teacher Education is required to enroll in these courses.</b>				
++EDUC 497	Student Teaching in the Middle/Secondary School	<b>11</b>		
++EDUC 490	Professional Education Seminar	<b>1</b>		
<b>++Admission to Student Teaching is required to enroll in these courses. Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all education major courses to qualify for graduation.</b>				
<b>Health Core Courses: 21 Credits</b>				
HEED 300	Human Sexuality	<b>3</b>		
HEED 301	Drug Education	<b>3</b>		
HEED 310	Mental & Emotional Health	<b>3</b>		
HEED 321	Health in Early Childhood Education	<b>3</b>		
Or HEED 322	Health in Intermediate Grades			
HEED 372	First Aid & Safety	<b>3</b>		
HEED 420	Nutrition	<b>3</b>		
HEED _____	<b>Select one (1) of the following electives:</b> HEED 311 Environmental Health <b>OR</b> HEED 321 Health in Early Childhood Education <b>OR</b> HEED 322 Health in Intermediate Grades <b>OR</b> HEED 410 Introduction to Epidemiology <b>OR</b> HEED 411 Public Health Problems	<b>3</b>		
<b>Physical Education Core Courses: 27 Credits</b>				
PEDU 205	Net/Wall & Field/Striking Games	<b>1</b>		
PEDU 215	Target & Invasion Games	<b>1</b>		
PEDU 302	Motor Learning	<b>2</b>		
PEDU 310	Rhythms and Movement Concepts for Physical Education	<b>2</b>		
PEDU 311	History & Principles	<b>3</b>		
PEDU 321	Educational Games for Early Childhood Physical Education K-6	<b>3</b>		
PEDU 322	Physical Education in Middle Grades 6-9	<b>3</b>		
PEDU 360	Theory and Practice in Elementary Physical Education	<b>3</b>		
**PEDU 421	Measurement & Evaluation	<b>3</b>		
**PEDU 431	Adapted Physical Education	<b>3</b>		
**PEDU 450	Physiology of Exercise and Kinesiology	<b>3</b>		
<b>**Must be classified as a junior or senior and/or Admission to Teacher Education is required to enroll in these courses. Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all major (health and physical education) courses to qualify for graduation.</b>				
<b>TOTAL # OF CREDITS</b>		<b>120</b>		

Approval Recommended: \_\_\_\_\_

\_\_\_\_\_  
(Signature of Student)

\_\_\_\_\_  
(Advisor)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Chairperson)

\_\_\_\_\_  
(Date)

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<b>Fayetteville State University Advisement Verification Form</b>		<b>Student: Banner ID:</b>	
<b>Major: Health and Physical Education Concentration:</b>		<b>Term/Semester/Year: Advisor:</b>	
<b>Preferred Courses –Student is responsible for reviewing curriculum guide and completing list below <u>prior</u> to submitting form for advisor’s approval. (Please indicate credit hours in parentheses)</b>			
<b>Alternate Courses (if preferred courses are not available)</b>			
<b>Comments:</b>			
WORK TOWARD COMPLETION OF UNIV CORE, <b>2.7</b> OR HIGHER GPA & PRAXIS CORE WORKSHOPS FOR ADMISSION TO TE.			
<i>I will enroll only in courses approved by my advisor to avoid delays in degree completion.</i>			
Student Signature: _____ Date: _____			
<i>I approve the courses listed above for student.</i>			
Advisor Name (Print): _____			
Advisor Signature: _____ Date: _____			
Alternate PIN: <u>  The Alternate PIN is required to register.  </u> (Valid for one semester only.)			
Top Page – Student    Second Page – Advisor    Third Page – Department Chair			