



**Department of Health, Physical and Secondary Education**  
**Public Health, BS**  
**Community Health Concentration**  
**Program of Study**  
**2026-2027**

Name:	Banner #:
Date:	Expected Program Graduation Date:
PIN #:	Advisor:

Course Number	Course Title	Credit Hours	Semester and Final Grade	Advisor's Signature
<b>University College Core Curriculum: 39 Credits</b>				
<b>Transitional Studies - University Studies</b>				
UNIV 101 and UNIV 102  Or UNIV 110 or UNIV 111	Freshman Seminar I <b>(Required for all first-time students)</b> Freshman Seminar II <b>(Required for all first-time students)</b>  University Studies <b>(Required of transfer student who have less than 30 transfer credits)</b> University Studies Student Program	<b>2</b>		
<b>Transitional Studies - Life Skills</b>				
HEED 112	Health & Wellness	<b>2</b>		
<b>Communication Skills - Written Communication</b>				
ENGL 110	English Composition I	<b>3</b>		
<b>Communication Skills - Oral Communication</b>				
SPEE 200	Introduction to Speech	<b>3</b>		
<b>Information Literacy</b>				
ENGL 120	English Composition II	<b>3</b>		
<b>Reasoning Skills - Critical Thinking</b>				
<i>Select one (1) of the following:</i> PHIL 110 PHIL 220	<b>(Required of transfer students who have less than 60 transfer credits)</b>  Critical Thinking Introduction to Logic	<b>3</b>		
<b>Reasoning Skills - Quantitative Reasoning</b>				
<i>Select one (1) of the following:</i> MATH 123 MATH 126 MATH 128 MATH 129 MATH 130 MATH 131 POLI 240	College Algebra Quantitative Reasoning Quantitative Reasoning for Business Pre-calculus Mathematics I Pre-calculus Mathematics II Algebra and Trigonometry Introduction to Political Statistics	<b>3-4</b>		

<b>Scientific Literacy - Natural Sciences (7-8 credits)</b>				
<b>Select one (1) of the following:</b> BIOL 111/111L BIOL 131/131L BIOL 150/150L BIOL 160/160L NSCI 111/111L NSCI 121/121L	Natural Science Course and its associated lab:  General Biology I (Lecture & Lab) General Biology II (Lecture & Lab) Principles of Biology I (Lecture & Lab) Principles of Biology II (Lecture & Lab) Comprehensive Physical Science (Lecture & Lab) Modern Biology (Lecture & Lab)	<b>4</b>		
<b>Select one (1) of the following:</b> ASTR 101/101L ASTR 102/102L ASTR 213 ASTR 214 BIOL 111/111L BIOL 131/131L BIOL 150/150L BIOL 160/160L CHEM 105/105L CHEM 106/106L CHEM 141/141L CHEM 161/161L ENEC 201/201L ENEC 202/202L GEOG 200 NSCI 111/111L NSCI 121/121L PHYS 115 PHYS 116 PHYS 125/125L PHYS 126/126L	Natural Science Course (associated lab is optional):  Introduction to Astronomy I: The Solar System (Lecture & Lab) Introduction to Astronomy II (Lecture & Lab) Life in the Universe Special Topics in Astronomy General Biology I (Lecture & Lab) General Biology II (Lecture & Lab) Principles of Biology I (Lecture & Lab) Principles of Biology II (Lecture & Lab) Introduction to Chemical Principles (Lecture & Lab) Introduction to Organic and Biochemistry (Lecture & Lab) General Chemistry I (Lecture & Lab) General Chemistry II (Lecture & Lab) Ecology I (Lecture & Lab) Nature and Environment (Lecture & Lab) Weather and Climate Comprehensive Physical Science (Lecture & Lab) Modern Biology (Lecture & Lab) General Physics I General Physics II College Physics I (Lecture & Lab) College Physics II (Lecture & Lab)	<b>3-4</b>		
<b>Scientific Literacy - Social Sciences</b>				
CRJC 210 ECON 212 ECON 211 ECON 212 ENEC 270/POLI 270 GEOG 210 HIST 212 HIST 271 POLI 200 POLI 210 POLI 220 PSYC 210 SOC 210	Introduction to Criminology Principles of Microeconomics Principles of Macroeconomics Principles of Microeconomics Climate Change and Public Policy Principles of Geography The United States since 1865 Environmental History Introduction to Political Science Principles of American Government Principles of Public Administration General Psychology Principles of Sociology	<b>3</b>		
<b>Humanities and Creative Arts</b>				
<b>Select one (1) of the following:</b> ART 210 COMM 220 ENGL 220 ENGL 223 ENGL 240 ENGL 250 ENGL 253 HIST 210 HUMN 211 HUMN 212 HUMN 213	Survey of Art Film and Video Appreciation African American Literature I African American Literature II Introduction to Literature Women in Literature Images of Women African American History Music, Art and Ideas I Music, Art and Ideas II Humanities: Pop Culture Connections	<b>3</b>		

HUMN 215	Arts in Performance			
MUSI 210	Music Appreciation			
MUSI 225	History Jazz / American Culture			
MUSI 260	African American Music			
PHIL 210	Introduction to Philosophy			
RELI 215	Introduction to the Bible			
THEA 203	Introduction to Theatre			
<b>Global Literacy</b>				
<b>Select one (1) of the following:</b>				
ANTH 210	Introduction to Anthropology			
ART 150	Manga and Sequential Art in World Culture			
ART 215	Survey of Global Art			
BADM 210	Intro to Global Business Environment			
CHIN 110	Elementary Chinese I			
CHIN 120	Elementary Chinese II			
ENGL 211	World Literature I			
ENGL 212	World Literature II			
FREN 110	Elementary French I			
FREN 120	Elementary French II			
GEOG 220	World Regional Geography	<b>3</b>		
HIST 110	World History to 1600			
HIST 120	World History since 1600			
HIST 270	An Introduction to Africa			
PHIL 211	Introduction to World Religion			
POLI 230	Ethics and Global Affairs			
SOCI 150	Global Society			
SPAN 110	Elementary Spanish I			
SPAN 112	Spanish for the Professions I			
SPAN 120	Elementary Spanish II			
SPAN 122	Spanish for the Professions II			
SPAN 211	Intermediate Spanish I			
THEA 242	Contemporary World Drama			
YORU 110	Elementary Yoruba I			
YORU 120	Elementary Yoruba II			
<b>Ethics and Civic Engagement</b>				
<b>Select one (1) of the following:</b>				
EDUC 211	Laboratory Experiences in Area Schools (15 hrs. Practicum)			
BADM 220	Ethics in a Contemporary World			
CRJC 203	Criminal Justice Ethics			
ENEC 210	Introduction to Sustainability			
ENGL 225	Narrative Constructs of Race			
ENGL 232	Introduction to Film and Visual Literacy			
ENGL 233	Hip Hop: Poetry, Politics, and Pop Culture	<b>3</b>		
ETCE 101	Foundations of Ethics and Civic Engagement			
ETCE 102	Intermediate Ethics and Civic Engagement in Action			
ETCE 103	Advanced Ethics and Civic Engagement in Action			
ETCE 200	Ethics and Civic Engagement in Action			
GEOG 270	Environment and Experience			
HCM 200	Ethics for Health Professions			
HIST 211	The United States to 1865			
PHIL 120	Moral Principles and Contemporary Moral Issues			
PHIL 212	African-American Philosophy			
PHIL 250	Environmental Ethics			
PNUR 210	Introduction to Professional Nursing			
POLI 150	North Carolina Government and Politics			
SPTM 210	Ethics and Moral Reasoning in Sport			
SWRK 220	Introduction to Human Services			
<b>Public Health Core Courses: 48 Credit</b>				
PUHE 200	Introduction to Public Health	<b>3</b>		

PUHE 290	Advancing Health Equity	3		
PUHE 310	Public Health Policy and Practice	3		
PUHE 311	Environmental Health	3		
PUHE 330	Health Theory and Behavior	3		
PUHE 340	Communication in Health	3		
PUHE 360	Global Health	3		
PUHE 410	Introduction to Epidemiology	3		
PUHE 411	Public Health Problems	3		
PUHE 460	Public Health Fieldwork Preparation	3		
PUHE 470	Seminar in Public Health (Corequisite to PUHE 480) ++ (Only offered Fall and Spring Semesters)	3		
PUHE 480	Field Work in Public Health ++ (Only offered Fall and Spring Semesters)	9		
STATS 202	Basic Probability and Stats	3		
ENGL 344 Or ENGL 345	Business and Professional Writing Technical Writing	3		
<p><b>Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all Public Health courses to qualify for graduation.</b>  <b>++ Internship and seminar are to be completed during the last semester. Internships are only offered during the Fall and Spring semesters.</b></p>				
<b>Community Health Core Courses: 27 Credits</b>				
COHE 201	Community Health Experiences	3		
PUHE 320	Health Program Planning	3		
PUHE 321	Health Program Evaluation	3		
COHE 400	Community Health Engagement	3		
HEED 215	Women's Health	3		
HEED 300	Human Sexuality	3		
HEED 301	Drug Education	3		
HEED 310	Mental and Emotional Health	3		
HEED 420	Nutrition	3		
<b>Elective Courses: 6 Credits</b>				
Elective	Elective (Advisor approval needed)	3		
Elective	Elective (Advisor approval needed)	3		
<p><b>Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all concentration courses to qualify for graduation.</b></p>				
<b>TOTAL # OF CREDITS</b>		<b>120</b>		

\_\_\_\_\_  
(Advisor)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Chairperson)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of Student)

\_\_\_\_\_  
(Date)



Term	Year	Course Number	Course Title	Credits
Fall	2026	UNIV 101	Freshman Seminar I	1
Fall	2026	HEED 112	Health and Wellness	2
Fall	2026	ENGL 110	English Composition I	3
Fall	2026	Global Literacy	Global Lit Option	3
Fall	2026	Scientific Literacy	Social Sciences: Choose one	3
Fall	2026	HUMN Option	Humanities Music, Art, Ideas I	3
			Total hours	15
Term	Year	Course Number	Course Title	Credits
Spring	2027	UNIV 102	Freshman Seminar II	1
Spring	2027	ENGL 120	English Composition II	3
Spring	2027	PUHE 200	Introduction to Public Health	3
Spring	2027	MATH 123 or higher	Math 123 or higher	4
Spring	2027	PHIL 110	Critical Thinking	3
Spring	2027	SPEE 200	Intro. to Speech	3
			Total Hours	17
Term	Year	Course Number	Course Title	Credits
Fall	2027	Science Option 1	Lecture and Lab	4
Fall	2027	Ethics Option	Ethics and Civic Engagement	3
Fall	2027	HEED 301	Drug Education	3
Fall	2027	COHE 201	Community Health Experiences	3
Fall	2027	ENGL 344 or 345	Professional/Technical Writing	3
			Total Hours	16
Term	Year	Course Number	Course Title	Credits
Spring	2028	STAT 202	Basic Statistics	3
Spring	2028	HEED 215	Women's Health	3
Spring	2028	PUHE 290	Advancing Health Equity	3
Spring	2028	PUHE 330	Health Theory and Behavior	3
Spring	2028	Science Option 2	Lecture (Lab is optional)	3-4
			Total Hours	15-16
Term	Year	Course Number	Course Title	Credits
Fall	2028	PUHE 310	Theory & Practice in Public Health	3
Fall	2028	HEED 300	Human Sexuality	3
Fall	2028	PUHE 311	Environmental Health	3
Fall	2028	HEED 420	Nutrition	3
Fall	2028	PUHE 320	Health Program Planning	3
			Total Hours	15
Term	Year	Course Number	Course Title	Credits
Spring	2029	PUHE 340	Communication in Health	3
Spring	2029	HEED 310	Mental & Emotional Health	3
Spring	2029	PUHE 321	Health Program Evaluation	3
Spring	2029	Elective Option	Advisor Approved Elective	3
Spring	2029	COHE 400	Community Health Engagement	3
			Total Hours	15
Term	Year	Course Number	Course Title	Credits
Fall	2029	PUHE 360	Global Health	3
Fall	2029	PUHE 410	Introduction to Epidemiology	3
Fall	2029	PUHE 411	Public Health Problems	3
Fall	2029	Elective Option	Advisor Approved Elective	3
Fall	2029	PUHE 460	Fieldwork Preparation	3

			Total Hours	15
<b>Term</b>	<b>Year</b>	<b>Course Number</b>	<b>Course Title</b>	<b>Credits</b>
Spring	2030	PUHE 470	Seminar in Public Health	3
Spring	2030	PUHE 480	Field Work (Internship)	9
			Total Hours	12

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Consider prerequisites, prior credit, course availability, and student needs in developing the individual plan. Courses fulfilling requirements are listed on the reverse. For information about prerequisites and other program requirements consult the appropriate Catalog Program of Study and an advisor.

Year 1										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	UNIV 101 - Freshman Seminar	1	N	1.1		UNIV 102 - Freshman Seminar II	1	N	1.1	
	Transitional Studies: HEED 112 - Health & Wellness	2	N	1.2		Oral Comm. Skills: SPEE 200 – Intro. to Speech	3	N	2.2	
	Written Comm. Skills: ENGL 110 - English Comp.	3	N	2.1		Info. Literacy ENGL 120 - English Composition II	3	N	4	
	Global Literacy- Choose one	3	N	7		Reasoning Skills- Quantitative Reasoning	4	N	3.2	
	Scientific Literacy - Social Sciences: Choose one	3	N	5.2		Reasoning Skills – Critical Thinking: Choose one	3	N	3.1	
	Humanities and Creative Arts: Choose one	3	N	6		PUHE 200: Introduction to Public Health	3	N	9.14	
<b>Total Credits</b>		<b>15</b>			<b>Total Credits</b>		<b>17</b>			
Year 2										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	Scientific Reasoning – Choose one Science and lab	4	N	5.1		PUHE 290- Advancing Health Equity	3	N	9.16	
	Ethics and Civic Engagement: Choose one	3	N	8		Scientific Reasoning – Natural Sciences (lab opt.)	3	Y	5.1	
	HEED 301- Drug Education	3	N	9.15		STATS 202- Basic Probability and Stats	3	N	9.14	
	COHE 201- Community Health Experiences	3	N	9.14		HEED 215- Women’s Health	3	N	9.15	
	ENGL 344- Business or ENGL 345: Technical Writing	3	N			PUHE 330- Health Theory and Behavior	3	IP	9.14	
<b>Total Credits</b>		<b>16</b>			<b>Total Credits</b>		<b>15</b>			
Year 3										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	HEED 300 - Human Sexuality	3	N	9.15		PUHE 321- Health Program Evaluation	3	N	9.15	
	HEED 420 - Nutrition	3	N	9.15		COHE 400- Community Health Engagement	3	N	9.15	
	PUHE 320 - Health Program Planning	3	N	9.14		Advisor Approved Elective	3	N	9.14	
	PUHE 311 - Environmental Health	3	N	9.16		PUHE 340- Communication in Health	3	N	9.14	
	PUHE 310- Public Health Policy and Practice	3	N	9.14		HEED 310 - Mental and Emotional Health	3	N	9.15	
<b>Total Credits</b>		<b>15</b>			<b>Total Credits</b>		<b>15</b>			
Year 4										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	PUHE 410- Introduction to Epidemiology	3	IP	9.14		PUHE 480- Field Work in Public Health	9	IP	9.14	
	Advisor Approved Elective	3	N	9.14		PUHE 470- Seminar in Community Health	3	IP	9.14	
	PUHE 360- Global Health	3	N	9.14						
	PUHE 460- Public Health Internship Preparation	3	IP	9.14						
	PUHE 411- Public Health Problems	3	N	9.14						
<b>Total Credits</b>		<b>15</b>			<b>Total Credits</b>		<b>12</b>			

## Fayetteville State Four-Year Public Health, Community Health Concentration, BS Requirements/Notes

**Pre. Prerequisite: Y (Yes) - Course/Requirement has prerequisite(s). N (No) - Course/Requirement has no prerequisite. C (Check) - Some courses satisfying requirement have prerequisites and/or courses have non-prerequisite restrictions. Check Catalog for details.**

**\* Recommended. For transfer courses, following recommendations will reduce or eliminate the need to take additional courses at FSU. For FSU courses, following recommendations will optimize the student's educational experience. If in doubt, consult an advisor.**

**++ Internship is to be completed during the last semester. Internships are only offered during the Fall and Spring semesters.**

- 1.1. Core Transitional UNIV. (UNIV 101 And UNIV 102) Or UNIV 110 Or UNIV 111. UNIV 101-UNIV 102 required for all first-time students; UNIV 110 required for transfer students with fewer than 30 transfer credits. Students do not earn credit if requirement is waived. UNIV 111 may be required based on academic performance.
- 1.2. Core Transitional Life. HEED 112.
- 2.1. Core Written Comm. ENGL 110.
- 2.2. Core Oral Comm. SPEE 200.
- 3.1. Core Critical Thinking. PHIL 110 Or PHIL 220. Not required for students with 60+ transfer credits. Students do not earn credit if requirement is waived.
- 3.2. Core Quantitative Reason. MATH 123 Or MATH 126 Or MATH 129 Or MATH 130 Or MATH 131. MATH 121 may be required based on profile scores. Some core courses require a one-hour lab.
4. Core Info Literacy. ENGL 120.
- 5.1. Core Natural Sci. ASTR 101/101L Or ASTR 102/102L Or BIOL 111/111L Or BIOL 131/131L Or BIOL 150/150L; And BIOL 160/160L Or CHEM 105/105L Or CHEM 106/106L Or CHEM 141/141L Or CHEM 161/161L Or ENEC 201/201L Or ENEC 202/202L Or NSCI 111/111L Or PHYS 115 Or PHYS 116 Or PHYS 125/125L Or PHYS 126/126L.
- 5.2. Core Social Sci. CRJC 210 Or ECON 211 Or ECON 212 Or ENEC 270 Or GEOG 210 Or HIST 212 Or HIST 271 Or POLI 200 Or POLI 210 Or POLI 220 Or POLI 270 Or PSYC 210 Or SOCI 210.
6. Core HUMN Creative Arts. ART 210 Or COMM 220 Or ENGL 220 Or ENGL 223 Or ENGL 240 Or ENGL 250 Or ENGL 253 Or HIST 210 Or HUMN 211 Or HUMN 212 Or MUSI 210 Or MUSI 225 Or MUSI 260 Or PHIL 210 Or RELI 215 Or THEA 203.
7. Core Global Literacy. ANTH 210 Or ART 150 Or ART 215 Or BADM 210 Or CHIN 110 Or CHIN 120 Or ENGL 211 Or ENGL 212 Or FREN 110 Or FREN 120 Or GEOG 220 Or GLOBL 200 Or HIST 110 Or HIST 120 Or HIST 270 Or PHIL 211 Or POLI 230 Or SOCI 150 Or SPAN 110 Or SPAN 112 Or SPAN 120 Or SPAN 122 Or THEA 242 Or YORU 110 Or YORU 120. Not required for students with 30+ transfer credits from a foreign institution. Students do not earn credit if requirement is waived.
8. Core Ethics Civic Engage. BADM 220 Or CRJC 203 Or EDUC 211 Or ENEC 210 Or ENGL 225 Or ENGL 232 Or ENGL 233 Or ETCE 101 Or ETCE 102 Or ETCE 103 Or ETCE 200 Or GEOG 270 Or HCM 200 Or HIST 211 Or PHIL 120 Or PHIL 212 Or PHIL 250 Or PNUR 210 Or POLI 150 Or SPTM 210 Or SWRK 220.
- 9.14. Public Health Core. PUHE 200 And PUHE 290 And PUHE 310 And PUHE 311 And PUHE 320 And PUHE 321 And PUHE 330 And PUHE 340 And PUHE 360 And PUHE 410 And PUHE 411 And PUHE 460 And PUHE 470 And PUHE 480 And STATS 202 And ENGL 344 Or ENGL 345.
- 9.15. Community Health Core. COHE 201 And COHE 400 And HEED 215 And HEED 300 And HEED 301 And HEED 310 And HEED 420.
- 9.16. Electives (Advisor Approval).