



**Department of Health, Physical and Secondary Education**  
**Sport & Fitness Management, BS**  
**Program of Study**  
**2026-2027**

Name:	Banner #:
Date:	Expected Program Graduation Date:
PIN #:	Advisor:

Course Number	Course Title	Credit Hours	Semester and Final Grade	Advisor's Initials
<b>University College Core Curriculum: 39 Credits</b>				
<b>Transitional Studies - University Studies</b>				
UNIV 101 and UNIV 102  Or UNIV 110 or UNIV 111	Freshman Seminar I <b>(Required for all first-time students)</b> Freshman Seminar II <b>(Required for all first-time students)</b>  University Studies <b>(Required of transfer student who have less than 30 transfer credits)</b> University Studies Student Program	<b>2</b>		
<b>Transitional Studies - Life Skills</b>				
HEED 112	Health & Wellness	<b>2</b>		
<b>Communication Skills - Written Communication</b>				
ENGL 110	English Composition I	<b>3</b>		
<b>Communication Skills - Oral Communication</b>				
SPEE 200 Or BADM 215	Introduction to Speech  Business Communications	<b>3</b>		
<b>Information Literacy</b>				
ENGL 120	English Composition II	<b>3</b>		
<b>Reasoning Skills - Critical Thinking</b>				
<b>Select one (1) of the following:</b>  PHIL 110 PHIL 220	<b>(Required of transfer students who have less than 60 transfer credits)</b>  Critical Thinking Introduction to Logic	<b>3</b>		
<b>Reasoning Skills - Quantitative Reasoning</b>				
<b>Select one (1) of the following:</b> MATH 123 MATH 126 MATH 128 MATH 129 MATH 130 MATH 131 POLI 240	College Algebra Quantitative Reasoning Quantitative Reasoning for Business Pre-calculus Mathematics I Pre-calculus Mathematics II Algebra and Trigonometry Introduction to Political Statistics	<b>3-4</b>		

STAT 202	Basic Probability and Statistics			
<b>Scientific Literacy - Natural Sciences</b>				
<b>Select two (2) of the following:</b> ASTR 101/101L ASTR 102/102L BIOL 111/111L BIOL 131/131L BIOL 150/150L BIOL 160/160L CHEM 105/105L CHEM 106/106L CHEM 141/141L CHEM 161/161L ENEC 201/201L ENEC 202/202L NSCI 111/111L PHYS 115 PHYS 116 PHYS 125/125L PHYS 126/126L	Introduction to Astronomy I: The Solar System (Lecture & Lab) Introduction to Astronomy II (Lecture & Lab) General Biology I (Lecture & Lab) General Biology II (Lecture & Lab) Principles of Biology I (Lecture & Lab) Principles of Biology II (Lecture & Lab) Introduction to Chemical Principles (Lecture & Lab) Introduction to Organic and Biochemistry (Lecture & Lab) General Chemistry I (Lecture & Lab) General Chemistry II (Lecture & Lab) Ecology I (Lecture & Lab) Nature and Environment (Lecture & Lab) Comprehensive Physical Science (Lecture & Lab) General Physics I General Physics II College Physics I (Lecture & Lab) College Physics II (Lecture & Lab)	<b>8</b>		
<b>Scientific Literacy - Social Sciences</b>				
<b>Select one (1) of the following:</b> ECON 212 CRJC 210 ECON 211 ECON 212 ENEC 270/POLI 270 GEOG 210 HIST 212 HIST 271 POLI 200 POLI 210 POLI 220 PSYC 210 SOC 210	Principles of Microeconomics Introduction to Criminology Principles of Macroeconomics Principles of Microeconomics Climate Change and Public Policy Principles of Geography The United States since 1865 Environmental History Introduction to Political Science Principles of American Government Principles of Public Administration General Psychology Principles of Sociology	<b>3</b>		
<b>Humanities and Creative Arts</b>				
<b>Select one (1) of the following:</b> ART 210 COMM 220 ENGL 220 ENGL 223 ENGL 240 ENGL 250 ENGL 253 HIST 210 HUMN 211 HUMN 212 HUMN 213 HUMN 215 MUSI 210 MUSI 225 MUSI 260 PHIL 210 RELI 215 THEA 203	Survey of Art Film and Video Appreciation African American Literature I African American Literature II Introduction to Literature Women in Literature Images of Women African American History Music, Art and Ideas I Music, Art and Ideas II Humanities: Pop Culture Connections Arts in Performance Music Appreciation History Jazz / American Culture African American Music Introduction to Philosophy Introduction to the Bible Introduction to Theatre	<b>3</b>		
<b>Global Literacy</b>				
<b>Select one (1) of the following:</b> ANTH 210	Introduction to Anthropology			

ART 150	Manga and Sequential Art in World Culture	<b>3</b>		
ART 215	Survey of Global Art			
BADM 210	Intro to Global Business Environment			
CHIN 110	Elementary Chinese I			
CHIN 120	Elementary Chinese II			
ENGL 211	World Literature I			
ENGL 212	World Literature II			
FREN 110	Elementary French I			
FREN 120	Elementary French II			
GEOG 220	World Regional Geography			
HIST 110	World History to 1600			
HIST 120	World History since 1600			
HIST 270	An Introduction to Africa			
PHIL 211	Introduction to World Religion			
POLI 230	Ethics and Global Affairs			
SOCI 150	Global Society			
SPAN 110	Elementary Spanish I			
SPAN 112	Spanish for the Professions I			
SPAN 120	Elementary Spanish II			
SPAN 122	Spanish for the Professions II			
SPAN 211	Intermediate Spanish I			
THEA 242	Contemporary World Drama			
YORU 110	Elementary Yoruba I			
YORU 120	Elementary Yoruba II			
<b>Ethics and Civic Engagement</b>				
<b>Select one (1) of the following:</b>		<b>3</b>		
EDUC 211	Laboratory Experiences in Area Schools (15 hrs. Practicum)			
BADM 220	Ethics in a Contemporary World			
CRJC 203	Criminal Justice Ethics			
ENEC 210	Introduction to Sustainability			
ENGL 225	Narrative Constructs of Race			
ENGL 232	Introduction to Film and Visual Literacy			
ENGL 233	Hip Hop: Poetry, Politics, and Pop Culture			
ETCE 101	Foundations of Ethics and Civic Engagement			
ETCE 102	Intermediate Ethics and Civic Engagement in Action			
ETCE 103	Advanced Ethics and Civic Engagement in Action			
ETCE 200	Ethics and Civic Engagement in Action			
GEOG 270	Environment and Experience			
HCM 200	Ethics for Health Professions			
HIST 211	The United States to 1865			
PHIL 120	Moral Principles and Contemporary Moral Issues			
PHIL 212	African-American Philosophy			
PHIL 250	Environmental Ethics			
PNUR 210	Introduction to Professional Nursing			
POLI 150	North Carolina Government and Politics			
SPTM 210	Ethics and Moral Reasoning in Sport			
SWRK 220	Introduction to Human Services			
<b>Sport Management Core Courses: 36 Credit</b>				
SPTM 211	Introduction to Sport Management	<b>3</b>		
SPTM 301	Sport Governance and Policy	<b>3</b>		
SPTM 330	Sport Facility and Event Management	<b>3</b>		
SPTM 331	Economics and Finance of Sport	<b>3</b>		
SPTM 340	Sport Marketing and Communications	<b>3</b>		
SPTM 350	Aquatics and Facility Management	<b>3</b>		
**SPTM 421	Management and Leadership in Sport Organizations	<b>3</b>		
**SPTM 450	Legal Aspect of Sport	<b>3</b>		
**SPTM 490	Sport Management Internship and Seminar ++ (Only offered Fall and Spring Semesters)	<b>12</b>		

**\*\*Must be classified as a Junior or Senior to enroll in these courses.**

**Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all concentration (Sport Management) courses to qualify for graduation.**

**++ Internship is to be completed during the last semester. Internships are only offered during the Fall and Spring semesters.**

**Health Core Courses: 9 Credits**

HEED 310	Mental & Emotional Health	3		
HEED 372	First Aid & Safety	3		
HEED 420	Nutrition	3		

**Physical Education Core Courses: 30 Credits**

PEDU 101 Or PEDU 200	Swimming I Swimming II	1		
**PEDU 350	Functional Anatomy	3		
PEDU 361	Sports Officiating	2		
PEDU 362 Or Elective	Lifesaving and Water Instruction Approved Elective	3		
PEDU 402	Motor Learning	3		
**PEDU 421	Measurement and Evaluation	3		
PEDU 431	Adapted PE	3		
**PEDU 450	Physiology of Exercise and Kinesiology	3		
PEDU 452	Intramural Sports Program	3		
**PEDU 460	Introduction to Personal Training	3		
**PEDU 472	Sports in Contemporary American Society	3		

**\*\*Must be classified as a Junior or Senior to enroll in these courses.**

**Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all concentration (Sport Management) courses to qualify for graduation.**

**Elective Courses: 6 Credits**

Elective	Advisor Approved	3		
Elective	Advisor Approved	3		

<b>TOTAL # OF CREDITS</b>		<b>120</b>		
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\_\_\_\_\_  
(Major Advisor)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Chairperson)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of Student)

\_\_\_\_\_  
(Date)

Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits
Term	Year	Course Number	Course Title	Credits

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Consider prerequisites, prior credit, course availability, and student needs in developing the individual plan. Courses fulfilling requirements are listed on the reverse. For information about prerequisites and other program requirements consult the appropriate Catalog Program of Study and an advisor.

Note: NC community college transfers should consult one of the transfer plans.

Year 1										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	UNIV 101 - Freshman Seminar	1	N	1.1		UNIV 102 - Freshman Seminar II	1	N	1.1	
	HEED 112 - Health and Wellness	2	N	1.2		SPEE 200 - Introduction to Speech	3	N	2.2	
	ENGL 110 - English Composition	3	N	2.1		ENGL 120 - English Composition II	3	N	4	
	PHIL 110 Or PHIL 220	3	N	3.1		Natural Science Option (Lecture and Lab)	4	N	5.1	
	MATH 126; 128; 129; 130; or 131; POLI 240	3	N	3.2		SPTM 210 - Ethics and Moral Reasoning in Sport	3	N	8	
	BAD 210 - Intro to the Global Business Env.	3	N	7						
<b>Total Credits</b>		<b>15</b>			<b>Total Credits</b>		<b>14</b>			
Year 2										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	Natural Science Option (Lecture and Lab)	4	N	5.1		SPTM 301 - Sport Governance	3	N	9.1	
	Core Humn Creative Arts	3	N	6		PEDU 101 - Swimming I	1	N	9.13	
	SPTM 211 - Intro to Sport Management	3	N	9.1		PEDU 361 - Sport Officiating	2	N	9.1	
	Approved Elective	3	N	-		Social Sciences Option	3	N	5.2	
	SPTM 330 - Sport Facility and Event Mgmt	3	N	9.1		Approved Elective	3	N	-	
						HEED 310 - Mental and Emotional Health	3	N	9.12	
<b>Total Credits</b>		<b>16</b>			<b>Total Credits</b>		<b>15</b>			
Year 3										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	PEDU 431 – Adapted Physical Education	3	N	9.13		PEDU 402- Motor Learning	3	N	9.3	
	SPTM 331 - Economics and Finance of Sport	3	N	9.1		SPTM 340 - Sport Marketing and Communications	3	N	9.1	
	PEDU 452 - The Intramural Sports Prgm	3	N	9.13		SPTM 350 - Aquatics and Facility Management	3	Y	9.1	
	HEED 372 - First Aid and Safety	3	N	9.12		PEDU 350 - Functional Anatomy	3	N	9.13	
	PEDU 450 - Physiology of Exerc and Kinesiology	3	N	9.13		PEDU 362 - Lifesaving and Water Instruction	3	Y	9.13	
<b>Total Credits</b>		<b>15</b>			<b>Total Credits</b>		<b>14</b>			
Year 4										
Fall	Course	Cr	Pre-Req	Req	Spring	Course	Cr	Pre-Req	Req	
	SPTM 421 - Management & Leadership	3	IP	9.1		SPTM 490 - Sport Mgmt Internship & Sem	12	Y	9.1	
	HEED 420 - Nutrition	3	N	9.12		SPTM 450 - Legal Aspects of Sport	3	IP	9.1	
	PEDU 460 - Introduction to Personal Training	3	Y/IP	9.13						
	PEDU 421 - Measurement & Evaluation	3	Y	9.13						
	PEDU 472 - Sports in Contemp American Soc	3	IP	9.13						
<b>Total Credits</b>		<b>15</b>			<b>Total Credits</b>		<b>15</b>			

## Fayetteville State Four-Year: Sport & Fitness Management, BS Requirements/Notes

**Pre. Prerequisite: Y (Yes) - Course/Requirement has prerequisite(s). N (No) - Course/Requirement has no prerequisite. C (Check) - Some courses satisfying requirement have prerequisites and/or courses have non-prerequisite restrictions. Check Catalog for details.**

**\* Recommended. For transfer courses, following recommendations will reduce or eliminate the need to take additional courses at FSU. For FSU courses, following recommendations will optimize the student's educational experience. If in doubt, consult an advisor.**

**++ Internship is to be completed during the last semester. Internships are only offered during the Fall and Spring semesters.**

1.1. Core Transitional UNIV. (UNIV 101 And UNIV 102) Or UNIV 110 Or UNIV 111. UNIV 101-UNIV 102 required for all first-time students; UNIV 110 required for transfer students with fewer than 30 transfer credits. Students do not earn credit if requirement is waived. UNIV 111 may be required based on academic performance.

1.2. Core Transitional Life. HEED 112.

2.1. Core Written Comm. ENGL 110.

2.2. Core Oral Comm. SPEE 200.

3.1. Core Critical Thinking. PHIL 110 Or PHIL 220. Not required for students with 60+ transfer credits. Students do not earn credit if requirement is waived.

3.2. Core Quantitative Reason. MATH 123 Or MATH 126 Or MATH 129 Or MATH 130 Or MATH 131. MATH 121 may be required based on profile scores. Some core courses require a one-hour lab.

4. Core Info Literacy. ENGL 120.

5.1. Core Natural Sci. BIOL 150 And BIOL 150L; And BIOL 160/160L Or CHEM 105/105L Or CHEM 106/106L Or ENEC 201/201L Or NSCI 111/111L Or PHYS 125/125L.

5.2. Core Social Sci. ECON 212.

6. Core HUMN Creative Arts. ART 210 Or COMM 220 Or ENGL 220 Or ENGL 223 Or ENGL 240 Or ENGL 250 Or ENGL 253 Or HIST 210 Or HUMN 211 Or HUMN 212 Or MUSI 210 Or MUSI 225 Or MUSI 260 Or PHIL 210 Or RELI 215 Or THEA 203.

7. Core Global Literacy. ANTH 210 Or ART 150 Or ART 215 Or BADM 210 Or CHIN 110 Or CHIN 120 Or ENGL 211 Or ENGL 212 Or FREN 110 Or FREN 120 Or GEOG 220 Or GLBL 200 Or HIST 110 Or HIST 120 Or HIST 270 Or PHIL 211 Or POLI 230 Or SOCI 150 Or SPAN 110 Or SPAN 112 Or SPAN 120 Or SPAN 122 Or THEA 242 Or YORU 110 Or YORU 120. Not required for students with 30+ transfer credits from a foreign institution. Students do not earn credit if requirement is waived.

8. Core Ethics Civic Engage. SPTM 210.

9.1. Sport Management. SPTM 211 And SPTM 301 And SPTM 330 And SPTM 331 And SPTM 340 And SPTM 350 And SPTM 421 And SPTM 450 And SPTM 490.

9.12. Health Core. HEED 310 And HEED 372 And HEED 420.

9.13. Physical Education Core. PEDU 101 And PEDU 350 And PEDU 361 And PEDU 361 And PEDU 421 And PEDU 450 And PEDU 452 And PEDU 460 And PEDU 472.