

# B.S. in Health and Physical Education (Teaching)

Department of Health, Physical and Secondary Education

## Program Information

The Department of Health, Physical and Secondary Education offers a Bachelor of Science Degree in Health and Physical Education leading to teacher certification in K-12. The degree requires 120 credit hours. In support of the mission of the University and College of Education, the department is committed to preparing students as facilitators of learning in the fields of health, physical education, recreation, and related service areas. The department is further committed through its curricula to assist students in the development of cognitive, psychomotor, and affective learning patterns as requisite tools for effective teaching.

A member of the (NCATE) North Carolina accredited College of Education, the Health and Physical Education Program is approved by both the NC State Department of Public Instruction and UNC Board of Governors to offer the BS degree leading to certification in teaching K-12. Students in the Health and Physical Education Program are trained to implement effective strategies to teach health and physical education to students in kindergarten through twelfth grade. All students in the program receive quality training in classroom management, assessment techniques, and professionalism.

## Admission Requirements

### To the Department

Students entering the Department of Health, Physical and Secondary Education must complete a [Declaration of Major Form](#) to receive departmental advisement and be assigned an advisor in the major. All majors must choose a Bachelor of Science in Health and Physical Education.

### To the Teacher Education

Applicants must meet the following in order to be admitted to Teacher Education:

- Complete all courses in the University College Core Curriculum;
- Complete EDUC 211 with a grade of C or higher;
- Pass Praxis Core Academic Skills for Educators (CASE) tests; Composite Score of 468;
- Have a cumulative GPA of 2.7 or higher;
- Earn a grade of C or higher in all professional education and HPE major core courses;
- Complete the Admission to Teacher Education Application Form;
- Complete a Security Background Check;
- Complete the Clearance Form (Health and Department Status); and
- Complete and successful pass Departmental Interview.

**Note – Student must be admitted to Teacher Education one full semester prior to Clinical Experience (Student Teaching)**

### To Clinical Experience (Student Teaching)

Students must meet the following to be admitted to Clinical Experience (Student Teaching):

- Have an official degree evaluation after 90 hours;
- Must have been admitted to Teacher Education;
- Have a cumulative GPA of 2.7 or higher;
- Earn a grade of C or higher in all professional education and HPE major core courses;
- Submit PRAXIS II Health and Physical Education exam scores and/or proof of registration;
- Complete the Admission to Clinical Experience (Student Teaching) Application Form;
- [Educator Employment Liability Coverage](#)
- Complete a Security Background;
- Check and complete the Clearance Form;
- Apply for graduation after 90 hours of course work in the major, and
- Successfully pass the Clinical Experience (Student Teaching) Interview and writing sample.

**Note - Student must be admitted to Clinical Experience (Student Teaching) a semester prior to the actual experience.**

# Program Requirements

## University College Core Curriculum

**39 Credit Hours**

EDUC 211 Laboratory Experience in Area Schools 3 Credit Hours

## Professional Education Courses

**33 Credit Hours**

EDUC 210 Technology Applications for Teachers 3 credits  
EDUC 310 Foundations of Education 3 credits  
EDUC 330 Educational Psychology and Human Development 3 credits  
EDUC 331 Instructional Design and Assessment 3 credits  
EDUC 455 Classroom Management and Principles of Secondary Teaching 3 credits  
EDUC 464 Methods and Materials in Health & Physical Education K-12 3 credits  
READ 320 Teaching Reading in Secondary Schools 3 credits  
EDUC 480/497 Clinical Experience in the Secondary School (HPE) 11 credits  
EDUC 490 Professional Education Seminar 1 credit

## Physical Education Courses

**27 credits**

PEDU 205 Net/Wall & Field/Striking Games 1 credit  
PEDU 215 Target & Invasion Games 1 credit  
PEDU 302 Motor Learning 2 credits  
PEDU 310 Rhythms & Movement Concepts in Phys. Ed. 3 credits  
PEDU 311 History and Principles 3 credits  
PEDU 321 Educational Games for Early Childhood PE K-6 3 credits  
PEDU 322 Physical Education in Middle Grades 6-9 3 credits  
PEDU 360 Theory and Practice in Elementary Physical Education 3 credits  
PEDU 421 Measurement and Evaluation 3 credits  
PEDU 431 Adapted Physical Education 3 credits  
PEDU 450 Physiology of Exercise & Kinesiology 3 credits

## Health and Physical Education Core Courses

**48 Credits**

## Exit Requirements

To graduate with a B.S. in the HPE, students must, successfully complete the university college core and:

1. Have a cumulative GPA of 2.7 or higher with a grade of C or better in each professional, major core, and concentration courses;
2. Successfully complete Clinical Experience (Student Teaching);
3. Earn a satisfactory rating on the Clinical Experience (Student Teaching), Exit Criteria, or LEA/IHE Certification of Teaching Capacity;
4. Submit an edTPA portfolio for teaching licensure in North Carolina.
5. Submit graduation application and fees.

## Licensure Requirements

To apply for a NC teaching license, in the HPE candidate must register using the NC DPI Online Licensure System.

- The URL is: <https://vo.licensure.ncpublicschools.gov>
- Complete an edTPA portfolio with a passing score required for teaching licensure in North Carolina.
- Must take and successfully pass the PRAXIS II Health and Physical Education exam and edTPA (Task 1, 2, & 3).
- Application for a NC Teaching License;
- Processing fee payable to NCDPI; and
- Official degree-dated transcript.
- Once you have submitted your application, please contact Dr. Jenny Washington at [jwashington@uncfsu.edu](mailto:jwashington@uncfsu.edu) and follow up with a call to 910-672-1587.

## Contact Information

**BACHELOR OF SCIENCE IN HEALTH AND PHYSICAL EDUCATION (K-12) 120 Credits**

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