



Human Trafficking – Red Flags

- Exhibits change in behavior or school participation (unexplained absences)
- Homelessness, periodic homelessness of family
- History of running away from home
- Signs of abuse or inattentive caregivers (untreated illness or injury, bruises, scars, etc.)
- Signs of physical trauma, withdrawn behavior, depression, anxiety, or fear
- Hungry, malnourished, sleep deprived, inappropriately dressed for weather
- Attempts to conceal recent scars / bruises



Human Trafficking – Red Flags

- Has multiple cell phones
- Stays in constant contact with third party via phone / text
- Exhibits sexual behavior that is high risk and/or inappropriate for age
- Has explicitly sexual online profile
- Involved in relationship with noticeably older individual, frequently picked up by individual or receiving gifts from individual
- Engages in sexual activity in exchange for something of value
- Knowledge of commercial sex industry

Bullying – Warning Signs

- Unexplainable injuries
- Lost or destroyed clothing, books, electronics, or jewelry
- Frequent headaches or stomach aches, feeling sick or faking illness
- Changes in eating habits, like suddenly skipping meals or binge eating. Kids may come home from school hungry because they did not eat lunch.
- Difficulty sleeping or frequent nightmares
- Declining grades, loss of interest in schoolwork, or not wanting to go to school
- Sudden loss of friends or avoidance of social situations
- Feelings of helplessness or decreased self esteem
- Self-destructive behaviors such as running away from home, harming themselves, or talking about suicide

Source: stopbullying.gov

Bullying - Why don't kids ask for help?

- Bullying can make a child feel helpless. Kids may want to handle it on their own to feel in control again. They may fear being seen as weak or a tattletale.
- Kids may fear backlash from the kid who bullied them.
- Bullying can be a humiliating experience. Kids may not want adults to know what is being said about them, whether true or false. They may also fear that adults will judge them or punish them for being weak.
- Kids who are bullied may already feel socially isolated. They may feel like no one cares or could understand.
- Kids may fear being rejected by their peers. Friends can help protect kids from bullying, and kids can fear losing this support.

- Source: stopbullying.gov