# Four-Year Degree Plan

**Catalog:** 2018-2019  
**Type:** Freshman  
**Last Update:** 11/16/2018

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Consider prerequisites, prior credit, course availability, and student needs in developing the individual plan. Courses fulfilling requirements are listed on the reverse. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Note: NC community college transfers should consult one of the transfer plans.

### Year 1 Fall
- **Course/Requirement:** UNIV 101 - Freshman Seminar I  
  **Cr:** 1  
  **Pre:** N  
  **Req:** 1.1
- **Course/Requirement:** HEED 112 - Health and Wellness  
  **Cr:** 2  
  **Pre:** N  
  **Req:** 1.2
- **Course/Requirement:** ENGL 110 - English Composition I  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 2.1
- **Course/Requirement:** PHIL 110 Or PHIL 220  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 3.1
- **Course/Requirement:** Core Quantitative Reason  
  **Cr:** 3  
  **Pre:** Y  
  **Req:** 3.2
- **Course/Requirement:** Core Global Literacy  
  **Cr:** 3  
  **Pre:** C  
  **Req:** 3

### Year 1 Spring
- **Course/Requirement:** UNIV 102 - Freshman Seminar II  
  **Cr:** 1  
  **Pre:** N  
  **Req:** 1.1
- **Course/Requirement:** SPEE 200 - Introduction to Speech  
  **Cr:** 3  
  **Pre:** Y  
  **Req:** 2.2
- **Course/Requirement:** ENGL 120 - English Composition II  
  **Cr:** 3  
  **Pre:** Y  
  **Req:** 4
- **Course/Requirement:** NSCI 110 Or NSCI 111 And NSCI 111L  
  **Cr:** 4  
  **Pre:** C  
  **Req:** 5.1
- **Course/Requirement:** Core Humn Creative Arts  
  **Cr:** 3  
  **Pre:** C  
  **Req:** 6
- **Course/Requirement:** EDUC 211 - Lab Experiences in Area School  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 8

### Year 2 Fall
- **Course/Requirement:** BIOL 150 And BIOL 150L  
  **Cr:** 4  
  **Pre:** C  
  **Req:** 5.1
- **Course/Requirement:** Core Social Sci  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 5.2
- **Course/Requirement:** EDUC 210 - Computers in Education  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.1
- **Course/Requirement:** PEDU 204 - Meth & Mat in Ind & Dual Sport  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.13

### Year 2 Spring
- **Course/Requirement:** Health Core - HEED 300*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** Health Core - HEED 301*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** PEDU 214 - Methods and Materials in Team  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.13
- **Course/Requirement:** PEDU 311 - History and Principles  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.13

### Year 3 Fall
- **Course/Requirement:** EDUC 310 - Foundations of Education  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.1
- **Course/Requirement:** EDUC 421 - Princ of Secondary Educ  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.1
- **Course/Requirement:** Health Core - HEED 311 Or HEED 321 Or HEED 322*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** Health Core - HEED 372*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** PEDU 201 - Swimming II  
  **Cr:** 1  
  **Pre:** N  
  **Req:** 9.13
- **Course/Requirement:** PEDU 450 - Physiology of Exer and Kinesio  
  **Cr:** 4  
  **Pre:** N  
  **Req:** 9.13

### Year 3 Spring
- **Course/Requirement:** EDUC 330 - Educ Psych & Measuremnt  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.1
- **Course/Requirement:** EDUC 331 - Instructional Design and Asses  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.1
- **Course/Requirement:** READ 320 - Tch Read In Content Area  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.1
- **Course/Requirement:** Health Core - HEED 321 Or HEED 322*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** Health Core - HEED 310*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** PEDU 310 - Rhythms and Movement Concepts  
  **Cr:** 2  
  **Pre:** N  
  **Req:** 9.13

### Year 4 Fall
- **Course/Requirement:** EDUC 450 - Classroom Management  
  **Cr:** 2  
  **Pre:** Y  
  **Req:** 9.1
- **Course/Requirement:** EDUC 464 - Meth/Mat in Phys Educ K-12  
  **Cr:** 3  
  **Pre:** Y  
  **Req:** 9.1
- **Course/Requirement:** Health Core - HEED 420*  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.12
- **Course/Requirement:** PEDU 411 - Org & Adm of Hlth & PEDU  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.13
- **Course/Requirement:** PEDU 421 - Measurement & Evaluation  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.13
- **Course/Requirement:** PEDU 431 - Adapted Physical Education  
  **Cr:** 3  
  **Pre:** N  
  **Req:** 9.13

**Degree Total:** 120
### Fayetteville State Four-Year Plan

#### Health and Physical Education, BS

**Requirements/Notes**

- **Pre.** Prerequisite: Y (Yes) - Course/Requirement has prerequisite(s). N (No) - Course/Requirement has no prerequisite. C (Check) - Some courses satisfying requirement have prerequisites and/or courses have non-prerequisite restrictions. Check Catalog for details.

- *Recommended. For transfer courses, following recommendations will reduce or eliminate the need to take additional courses at FSU. For FSU courses, following recommendations will optimize the student's educational experience. If in doubt, consult an advisor.

1. **Core Transitional UNIV.** (UNIV 101 And UNIV 102) Or UNIV 110 Or UNIV 111. UNIV 101-UNIV 102 required for all first time students; UNIV 110 required for transfer students with fewer than 30 transfer credits. Students do not earn credit if requirement is waived. UNIV 111 may be required based on academic performance.

2. **Core Transitional Life.** HEED 112.

3. **Core Written Comm.** ENGL 110.

4. **Core Oral Comm.** SPEE 200.

5. **Core Critical Thinking.** PHIL 110 Or PHIL 220. Not required for students with 60+ transfer credits. Students do not earn credit if requirement is waived.

6. **Core Quantitative Reason.** MATH 123 Or MATH 126 Or MATH 129 Or MATH 130 Or MATH 131. MATH 121 may be required based on profile scores. Some core courses require a one-hour lab.

7. **Core Info Literacy.** ENGL 120.

8. **Core Natural Sci.** BIOL 150 And BIOL 150L And NSCI 110 Or NSCI 111 And NSCI 111L.

9. **Core Social Sci.** CRJC 210 Or ECON 211 Or ECON 212 Or GEOG 210 Or HIST 212 Or HIST 271 Or POLI 200 Or POLI 210 Or POLI 220 Or POLI 270 Or PSYC 210 Or SOCI 210.

10. **Core Humn Creative Arts.** ART 210 Or COMM 220 Or ENGL 220 Or ENGL 223 Or ENGL 240 Or ENGL 250 Or ENGL 253 Or HIST 210 Or HUMN 211 Or HUMN 212 Or MUSI 210 Or MUSI 225 Or MUSI 260 Or PHIL 210 Or RELI 215 Or THEA 203.

11. **Core Global Literacy.** ANTH 210 Or ART 150 Or ART 215 Or BADM 210 Or CHIN 110 Or CHIN 120 Or ENGL 211 Or ENGL 212 Or FREN 110 Or FREN 120 Or GEOG 220 Or GLBL 200 Or HIST 120 Or HIST 270 Or PHIL 211 Or POLI 230 Or SOCI 150 Or SPAN 110 Or SPAN 112 Or SPAN 120 Or SPAN 122 Or THEA 242 Or YORU 110 Or YORU 120. Not required for students with 30+ transfer credits from a foreign institution. Students do not earn credit if requirement is waived.

12. **Core Ethics Civic Engage.** EDUC 211.

13. **Professional Education.** EDUC 210 And EDUC 211 And EDUC 310 And EDUC 330 And EDUC 331 And EDUC 421 And EDUC 450 And EDUC 464 And (EDUC 470 Or EDUC 480) And EDUC 490 And READ 320.

14. **Health Core.** HEED 300 And HEED 301 And HEED 310 And (HEED 321 Or HEED 322) And HEED 372 And HEED 420 And select one of the following: HEED 311 Or HEED 321 Or HEED 322.

15. **Physical Education Core.** PEDU 201 And PEDU 204 And PEDU 214 And PEDU 310 And PEDU 311 And PEDU 411 And PEDU 421 And PEDU 431 And PEDU 450.