# Bachelor of Science in Health and Physical Education Community Health Concentration Transfer Curriculum Planning Guide and Baccalaureate Degree Plan Fayetteville State University (2021-2022)

University College Core Curriculum (General Education – 39 Credits)	Transfer Course <sup>1</sup>	Cr.	FSU Equivalent
Transitional Studies – University Studies (2 Credits)		2	Waived with transfer of 30 credit hours <sup>2</sup>
Select one option from	ACA 122 (1 cr.)		of 50 credit hours
(UNIV 101/102) or UNIV 110 or UNIV 111 or UNIV 112			
Transitional Studies – Life Skills (2 Credits)	HEA 110	2	HEED 112
HEED 112 or HEED 113			
Communication Skills – Written Communication (3 Credits)		3	
ENGL 110	ENG 111		ENGL 110
Information Literacy (3 Credits)		3	
ENGL 120	ENG 112		ENGL 120
Communication Skills – Oral Communication (3 Credits)		3	
SPEE 200	COM 231		SPEE 200
Reasoning Skills – Critical Thinking (3 Credits)		3	Waived with transfer
Select one from the following:			of 60 credit hours <sup>2</sup>
PHIL 110 or PHIL 220	HUM 115		PHIL 110
Reasoning Skills – Quantitative Reasoning (3-4 Credits)		3	
Select one from the following: MATH 121 or MATH 123 or MATH 126 or MATH 129 or MATH 130 or MATH 131	MAT 143 MAT 171 MAT 172		MATH 126 MATH 129 MATH 130
Scientific Literacy – Natural Sciences (7-8 Credits) <sup>4</sup>	BIO 111 with lab	4	BIOL 150/150L
BIOL 150/150L	Science course with lab	4	
And NSCI 121/121L			
Scientific Literacy – Social Sciences (3 Credits) POLI 220 or PSYC 210 or SOCI 210	SOC 210 PSY 150	3	SOCI 210 PSYC 210
Humanities and Creative Arts (3 Credits)	151 150	3	1510 210
Select one from the following: ART 210 or COMM 220 or ENGL 220 or ENGL 223 or ENGL 240 or ENGL 250 or ENGL 253 or HIST 210 or HUMN 211 or HUMN 212 or HUMN 213 or HUMN 215 or MUSI 210 or MUSI 225 or MUSI 260 or PHIL 210 or RELI 215 or THEA 203	MUS 111		MUSI 210
Global Literacy (3 Credits) <sup>5</sup>		3	
Select one from the following: ANTH 210 or ART 150 or ART 215 or BADM 210 or CHIN 110 or CHIN 120 or ENGL 211 or ENGL 212 or FREN 110 or FREN 120 or GEOG 220 or HIST 110 or HIST 120 or HIST 270 or PHIL 211 or POLI 230 or SOCI 150 or SPAN 110 or SPAN 112 or SPAN 120 or SPAN 122 or SPAN 211 or THEA 242 or YORU 110 or YORU 120	HIS 111 HIS 121 HIS 221 SPA 111		HIST 110 HIST 120 HIST 270 SPAN 110
Ethics and Civic Engagement (3 Credits)	Ethics or civic engagement course	3	Waived with transfer of 60 credit hours <sup>2</sup>
HCM 200			

### Notes

- 1. Course numbers are for the North Carolina Community College (NCCC) system.
- 2. Students do not earn credit if any requirement is waived. All students must earn at least 120 credits to graduate.
- 3. NCCC degrees: Associate in Arts (AA), Associate in Science (AS), Associate in Applied Science (AAS), Associate in General Education (AGE). Per NC Comprehensive Articulation Agreement, NCCC graduates with AA or AS have completed FSU general education requirements. Non-NCCC general education requirements are waived unless otherwise noted. NCCC general education courses not used for core may be applied to free electives or used to reach 120 credits.
- 4. At least one Natural Science class must include a lab.
- 5. Not required for students with 30 or more transfer credits from a foreign institution. Students do not earn credit if requirement is waived.

Program Requirements: Community Health Concentration (81 Credits)	Transfer Course	Cr.	FSU Equivalent
Community Health Courses (35 Credits)	Prefix Number	Cr	Prefix Number
COHE 200 And COHE 270 And COHE 330 And COHE 360 And COHE 425 And COHE 426 And COHE 460 And COHE 470 And COHE 480		3	COHE 200
And COHE 400 And COHE 470 And COHE 480		3	COHE 270
		3	**COHE 330
		3	COHE 360
		3	**COHE 425
		3	**COHE 426
		3	**COHE 460
		2	**COHE 470
		12	**COHE 480
Health Education Courses (27 Credits)		3	HEED 300
HEED 300 And HEED 301 And HEED 310 And HEED 311 Or HEED 372 And HEED 410 And HEED 411 And HEED 420.		3	HEED 301
TEED 411 And TEED 420.		3	HEED 310
		3	HEED 311
		3	HEED 372
		3	<b>HEED 410</b>
		3	HEED 411
		3	HEED 420
Physical Education Courses (19 Credit Hours)		1	PEDU 101
PEDU 101 And PEDU 204 And PEDU 214 And PEDU 311 And PEDU 411 And PEDU 421 And PEDU 431.		3	PEDU 204
		3	PEDU 214
		3	PEDU 311
		3	**PEDU 411
		3	**PEDU 421
		3	**PEDU 431
**Must be classified as a junior or senior and/or Admission to Teacher Education is required to enro- courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a physical education) courses to qualify for graduation.			
Total Credits		120	
Transfer Credits			

## **Baccalaureate Degree Plan (A.A.)**

This Plan illustrates how students from North Carolina community colleges can meet degree course requirements in four years. Courses and requirements in Year 1 and Year 2 are from the NC community college catalog. Courses and requirements in Year 3 and Year 4 are from the FSU catalog. Some courses listed below may be taken in an alternate order. Courses fulfilling requirements are listed on the previous pages. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Students should work with advisor to create and update an individual plan.

Year 1 Fall		
Requirement	Course	Cr
Freshman Seminar I	UNIV 101	1
Health and Wellness	HEED 112	2
English Composition I	ENGL 110	3
PHIL 110 Or PHIL 220		3
Quantitative Reasoning		3
Global Literacy		3
	Total:	15

Year 1 Spring		
Requirement	Course	Cr
Freshman Seminar II	UNIV 102	1
Introduction to Speech	SPEE 200	3
English Composition II	ENGL 120	3
Natural Sciences	NSCI 111/L	4
Humanities/Creative Arts		3
	Total:	14

Year 2 Fall		
Requirement	Course	Cr
Scientific Literacy	BIO 150/L	4
Social/Behavioral Sciences	SOCI 210	3
Introduction to Community Health	COHE 200	3
Environmental Health	HEED 311	3
Ethics in Health Professions	HCM 200	3
	Total:	16

Year 2 Spring		
Requirement	Course	Cr
Human Sexuality	HEED 300	3
Drug Education	HEED 301	3
Methods and Materials Team Sport	PEDU 214	3
History and Principles	PEDU 311	3
Consumer Health	COHE 270	3
	Total:	15

Year 3 Fall		
Requirement	Course	Cr
Communication in Health	COHE 360	3
Introduction to Epidemiology	HEED 410	3
First Aid and Safety Education	HEED 372	3
Physiology of Exer and Kinesio	PEDU 450	4
Methods and Materials Ind Sport	PEDU 204	3
	Total:	16

Year 3 Spring		
Requirement	Course	Cr
Community Health Organizing	COHE 425	3
Program Planning and Evaluation	COHE 426	2
Public Health Problems	HEED 411	3
Mental and Emotional Health	HEED 310	3
Health Behavior and Counseling	COHE 330	3
Swimming I	PEDU 101	1
	Total:	15

Year 4 Fall		
Requirement	Course	Cr
Aging	COHE 460	3
Nutrition	HEED 420	3
Org & Admin of Health and PE	PEDU 411	3
Measurement and Evaluation	PEDU 421	3
Adapted Physical Education	PEDU 431	3
	Total:	15

Course	Cr
COHE 470	12
COHE 480	2
Total:	14
	COHE 470 COHE 480

#### Notes

\* Indicates a course recommended by the program. Other courses listed under the requirement may be used.

## **Baccalaureate Degree Plan (A.S.)**

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Freshman Seminar I	UNIV 101	1
Health and Wellness	HEED 112	2
English Composition I	ENGL 110	3
PHIL 110 Or PHIL 220		3
Quantitative Reasoning		3
Global Literacy		3
	Total:	15

Year 1 Spring		
Requirement	Course	Cr
Freshman Seminar II	UNIV 102	1
Introduction to Speech	SPEE 200	3
English Composition II	ENGL 120	3
Natural Sciences	NSCI 111/L	4
Humanities/Creative Arts		3
	Total:	14

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Requirement	Course	Cr
Scientific Literacy	BIO 150/L	4
Social/Behavioral Sciences	SOCI 210	3
Introduction to Community Health	COHE 200	3
Environmental Health	HEED 311	3
Ethics in Health Professions	HCM 200	3
	Total:	16

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Requirement	Course	Cr
Human Sexuality	HEED 300	3
Drug Education	HEED 301	3
Methods and Materials Team Sport	PEDU 214	3
History and Principles	PEDU 311	3
Consumer Health	COHE 270	3
	Total:	15

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Program Planning and Evaluation	COHE 426	2
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Mental and Emotional Health	HEED 310	3
Health Behavior and Counseling	COHE 330	3
Swimming I	PEDU 101	1
	Total:	15

Year 4 Fall		
Requirement	Course	Cr
Aging	COHE 460	3
Nutrition	HEED 420	3
Org & Admin of Health and PE	PEDU 411	3
Measurement and Evaluation	PEDU 421	3
Adapted Physical Education	PEDU 431	3
	Total:	15

Course	Cr
COHE 470	12
COHE 480	2
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	COHE 470 COHE 480

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