# Bachelor of Science in Health and Physical Education Community Health Concentration Transfer Curriculum Planning Guide and Baccalaureate Degree Plan

Fayetteville State University (2022-2023)

| University College Core Curriculum (General Education – 39 Credits)   | Transfer Course <sup>1</sup>             | Cr. | FSU Equivalent                                       |
|---|--|-----|--|
| Transitional Studies – University Studies (2 Credits)   |  | 2   | Waived with transfer                                 |
| Select one option from  | ACA 122 (1 cr.)                          |     | of 30 credit hours <sup>2</sup>                      |
| (UNIV 101/102) or UNIV 110 or UNIV 111 or UNIV 112  |  |     |  |
| Transitional Studies – Life Skills (2 Credits)  | HEA 110                                  | 2   | HEED 112   |
| HEED 112 or HEED 113  |  |     |  |
| Communication Skills – Written Communication (3 Credits)  |  | 3   |  |
| ENGL 110  | ENG 111                                  |     | ENGL 110   |
| Information Literacy (3 Credits)  |  | 3   |  |
| ENGL 120  | ENG 112                                  |     | ENGL 120   |
| Communication Skills – Oral Communication (3 Credits)   | 2110 112                                 | 3   | EIVGE 120  |
| SPEE 200  | COM 231                                  |     | SPEE 200   |
| Reasoning Skills – Critical Thinking (3 Credits)  | COM 231                                  | 3   | Waived with transfer                                 |
|   |  |     | of 60 credit hours <sup>2</sup>                      |
| Select one from the following:  |  |     |  |
| PHIL 110 or PHIL 220  | HUM 115                                  |     | PHIL 110   |
| Reasoning Skills – Quantitative Reasoning (3-4 Credits)   |  | 3   |  |
| Select one from the following:  | MAT 143                                  |     | MATH 126   |
| MATH 121 or MATH 123 or MATH 126 or MATH 129 or MATH 130 or MATH 131  | MAT 171<br>MAT 172                       |     | MATH 129<br>MATH 130                                 |
| Scientific Literacy – Natural Sciences (7-8 Credits) <sup>4</sup>   | BIO 111 with lab                         | 4   | BIOL 150/150L  |
|   | Science course with                      | 4   |  |
| BIOL 150/150L<br>And  | lab                                      |     |  |
| NSCI 121/121L   |  |     |  |
| Scientific Literacy – Social Sciences (3 Credits)   | SOC 210                                  | 3   | SOCI 210   |
| POLI 220 or PSYC 210 or SOCI 210  | PSY 150                                  |     | PSYC 210   |
| Humanities and Creative Arts (3 Credits)  |  | 3   |  |
| Select one from the following: ART 210 or COMM 220 or ENGL 220 or ENGL 223 or ENGL 240 or ENGL 250 or ENGL 253 or HIST 210 or HUMN 211 or HUMN 212 or HUMN 213 or HUMN 215 or MUSI 210 or MUSI 225 or MUSI 260 or PHIL 210 or RELI 215 or THEA 203  | MUS 111                                  |     | MUSI 210   |
| Global Literacy (3 Credits) <sup>5</sup>  |  | 3   |  |
| Select one from the following: ANTH 210 or ART 150 or ART 215 or BADM 210 or CHIN 110 or CHIN 120 or ENGL 211 or ENGL 212 or FREN 110 or FREN 120 or GEOG 220 or HIST 110 or HIST 120 or HIST 270 or PHIL 211 or POLI 230 or SOCI 150 or SPAN 110 or SPAN 112 or SPAN 120 or SPAN 122 or SPAN 211 or THEA 242 or YORU 110 or YORU 120 | HIS 111<br>HIS 121<br>HIS 221<br>SPA 111 |     | HIST 110<br>HIST 120<br>HIST 270<br>SPAN 110         |
| Ethics and Civic Engagement (3 Credits)   | Ethics or civic engagement course        | 3   | Waived with transfer of 60 credit hours <sup>2</sup> |
| HCM 200   |  |     |  |

- 1. Course numbers are for the North Carolina Community College (NCCC) system.
- Students do not earn credit if any requirement is waived. All students must earn at least 120 credits to graduate.
- NCCC degrees: Associate in Arts (AA), Associate in Science (AS), Associate in Applied Science (AAS), Associate in General Education (AGE). Per NC Comprehensive Articulation Agreement, NCCC graduates with AA or AS have completed FSU general education requirements. Non-NCCC general education requirements are waived unless otherwise noted. NCCC general education courses not used for core may be applied to free electives or used to reach 120 credits.
- At least one Natural Science class must include a lab.
- Not required for students with 30 or more transfer credits from a foreign institution. Students do not earn credit if requirement is waived.

| rogram Requirements: Community Health Concentration (81 Credits)   | Transfer Course | Cr. | FSU Equivalent |
|--|-----------------|-----|----------------|
| Community Health Courses (35 Credits)  | Prefix Number   | Cr  | Prefix Number  |
| COHE 200 And COHE 270 And COHE 330 And COHE 360 And COHE 425 And COHE 426 And COHE 460 And COHE 470 And COHE 480   |                 | 3   | COHE 200       |
| MIN CORE 400 AND CORE 470 AND CORE 480   |                 | 3   | COHE 270       |
|  |                 | 3   | **COHE 330     |
|  |                 | 3   | COHE 360       |
|  |                 | 3   | **COHE 425     |
|  |                 | 3   | **COHE 426     |
|  |                 | 3   | **COHE 460     |
|  |                 | 2   | **COHE 470     |
|  |                 | 12  | **COHE 480     |
| lealth Education Courses (27 Credits)  |                 | 3   | HEED 300       |
| IEED 300 And HEED 301 And HEED 310 And HEED 311 Or HEED 372 And HEED 410 And IEED 411 And HEED 420.  |                 | 3   | HEED 301       |
| DEED 411 And DEED 420.   |                 | 3   | HEED 310       |
|  |                 | 3   | HEED 311       |
|  |                 | 3   | HEED 372       |
|  |                 | 3   | HEED 410       |
|  |                 | 3   | HEED 411       |
|  |                 | 3   | HEED 420       |
| hysical Education Courses (19 Credit Hours)  |                 | 1   | PEDU 101       |
| EDU 101 And PEDU 204 And PEDU 214 And PEDU 311 And PEDU 411 And PEDU 421 And EDU 431.  |                 | 3   | PEDU 204       |
| EBC 131.   |                 | 3   | PEDU 214       |
|  |                 | 3   | PEDU 311       |
|  |                 | 3   | **PEDU 411     |
|  |                 | 3   | **PEDU 421     |
|  |                 | 3   | **PEDU 431     |
| Must be classified as a junior or senior and/or Admission to Teacher Education is required to enrouses with a grade of C or higher before enrolling in subsequent courses, and students must earn a physical education) courses to qualify for graduation. |                 |     |                |
| Otal Credits   |                 | 120 |                |

| Total Credits    | 120 |  |
|------------------|-----|--|
| Transfer Credits |     |  |

# Baccalaureate Degree Plan (A.A.)

This Plan illustrates how students from North Carolina community colleges can meet degree course requirements in four years. Courses and requirements in Year 1 and Year 2 are from the NC community college catalog. Courses and requirements in Year 3 and Year 4 are from the FSU catalog. Some courses listed below may be taken in an alternate order. Courses fulfilling requirements are listed on the previous pages. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Students should work with advisor to create and update an individual plan.

| Year 1 Fall            |          |    |
|------------------------|----------|----|
| Requirement            | Course   | Cr |
| Freshman Seminar I     | UNIV 101 | 1  |
| Health and Wellness    | HEED 112 | 2  |
| English Composition I  | ENGL 110 | 3  |
| PHIL 110 Or PHIL 220   |          | 3  |
| Quantitative Reasoning |          | 3  |
| Global Literacy        |          | 3  |
| -                      | Total:   | 15 |

| Year 1 Spring            |            |    |
|--------------------------|------------|----|
| Requirement              | Course     | Cr |
| Freshman Seminar II      | UNIV 102   | 1  |
| Introduction to Speech   | SPEE 200   | 3  |
| English Composition II   | ENGL 120   | 3  |
| Natural Sciences         | NSCI 111/L | 4  |
| Humanities/Creative Arts |            | 3  |
|                          |            |    |
|                          | Total:     | 14 |

| Year 2 Fall                      |           |    |
|----------------------------------|-----------|----|
| Requirement                      | Course    | Cr |
| Scientific Literacy              | BIO 150/L | 4  |
| Social/Behavioral Sciences       | SOCI 210  | 3  |
| Introduction to Community Health | COHE 200  | 3  |
| Environmental Health             | HEED 311  | 3  |
| Ethics in Health Professions     | HCM 200   | 3  |
|                                  | Total:    | 16 |

| Year 2 Spring                    |          |    |
|----------------------------------|----------|----|
| Requirement                      | Course   | Cr |
| Human Sexuality                  | HEED 300 | 3  |
| Drug Education                   | HEED 301 | 3  |
| Methods and Materials Team Sport | PEDU 214 | 3  |
| History and Principles           | PEDU 311 | 3  |
| Consumer Health                  | COHE 270 | 3  |
|                                  | Total:   | 15 |

| Year 3 Fall                     |          |    |
|---------------------------------|----------|----|
| Requirement                     | Course   | Cr |
| Communication in Health         | COHE 360 | 3  |
| Introduction to Epidemiology    | HEED 410 | 3  |
| First Aid and Safety Education  | HEED 372 | 3  |
| Physiology of Exer and Kinesio  | PEDU 450 | 4  |
| Methods and Materials Ind Sport | PEDU 204 | 3  |
|                                 | Total:   | 16 |

| Year 3 Spring                   |          |    |
|---------------------------------|----------|----|
| Requirement                     | Course   | Cr |
| Community Health Organizing     | COHE 425 | 3  |
| Program Planning and Evaluation | COHE 426 | 2  |
| Public Health Problems          | HEED 411 | 3  |
| Mental and Emotional Health     | HEED 310 | 3  |
| Health Behavior and Counseling  | COHE 330 | 3  |
| Swimming I                      | PEDU 101 | 1  |
|                                 | Total:   | 15 |

| Year 4 Fall                  |          |    |
|------------------------------|----------|----|
| Requirement                  | Course   | Cr |
| Aging                        | COHE 460 | 3  |
| Nutrition                    | HEED 420 | 3  |
| Org & Admin of Health and PE | PEDU 411 | 3  |
| Measurement and Evaluation   | PEDU 421 | 3  |
| Adapted Physical Education   | PEDU 431 | 3  |
|                              | Total:   | 15 |

| Year 4 Spring                  |          |    |
|--------------------------------|----------|----|
| Requirement                    | Course   | Cr |
| Seminar in Community Health    | COHE 470 | 12 |
| Field Work in Community Health | COHE 480 | 2  |
|                                |          |    |
|                                |          |    |
|                                | Total:   | 14 |

### **Notes**

<sup>\*</sup> Indicates a course recommended by the program. Other courses listed under the requirement may be used.

# **Baccalaureate Degree Plan (A.S.)**

This Plan illustrates how students from North Carolina community colleges can meet degree course requirements in four years. Courses and requirements in Year 1 and Year 2 are from the NC community college catalog. Courses and requirements in Year 3 and Year 4 are from the FSU catalog. Some courses listed below may be taken in an alternate order. Courses fulfilling requirements are listed on the previous pages. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Students should work with advisor to create and update an individual plan.

| Year 1 Fall            |          |    |
|------------------------|----------|----|
| Requirement            | Course   | Cr |
| Freshman Seminar I     | UNIV 101 | 1  |
| Health and Wellness    | HEED 112 | 2  |
| English Composition I  | ENGL 110 | 3  |
| PHIL 110 Or PHIL 220   |          | 3  |
| Quantitative Reasoning |          | 3  |
| Global Literacy        |          | 3  |
|                        | Total    | 15 |

| Year 1 Spring            |            |    |
|--------------------------|------------|----|
| Requirement              | Course     | Cr |
| Freshman Seminar II      | UNIV 102   | 1  |
| Introduction to Speech   | SPEE 200   | 3  |
| English Composition II   | ENGL 120   | 3  |
| Natural Sciences         | NSCI 111/L | 4  |
| Humanities/Creative Arts |            | 3  |
|                          |            |    |
|                          | Total:     | 14 |

| Year 2 Fall                      |           |    |
|----------------------------------|-----------|----|
| Requirement                      | Course    | Cr |
| Scientific Literacy              | BIO 150/L | 4  |
| Social/Behavioral Sciences       | SOCI 210  | 3  |
| Introduction to Community Health | COHE 200  | 3  |
| Environmental Health             | HEED 311  | 3  |
| Ethics in Health Professions     | HCM 200   | 3  |
|                                  | Total:    | 16 |

| Year 2 Spring                    |          |    |
|----------------------------------|----------|----|
| Requirement                      | Course   | Cr |
| Human Sexuality                  | HEED 300 | 3  |
| Drug Education                   | HEED 301 | 3  |
| Methods and Materials Team Sport | PEDU 214 | 3  |
| History and Principles           | PEDU 311 | 3  |
| Consumer Health                  | COHE 270 | 3  |
|                                  | Total:   | 15 |

| Year 3 Fall                     |          |    |
|---------------------------------|----------|----|
| Requirement                     | Course   | Cr |
| Communication in Health         | COHE 360 | 3  |
| Introduction to Epidemiology    | HEED 410 | 3  |
| First Aid and Safety Education  | HEED 372 | 3  |
| Physiology of Exer and Kinesio  | PEDU 450 | 4  |
| Methods and Materials Ind Sport | PEDU 204 | 3  |
|                                 | Total:   | 16 |

| Year 3 Spring                   |          |    |
|---------------------------------|----------|----|
| Requirement                     | Course   | Cr |
| Community Health Organizing     | COHE 425 | 3  |
| Program Planning and Evaluation | COHE 426 | 2  |
| Public Health Problems          | HEED 411 | 3  |
| Mental and Emotional Health     | HEED 310 | 3  |
| Health Behavior and Counseling  | COHE 330 | 3  |
| Swimming I                      | PEDU 101 | 1  |
|                                 | Total:   | 15 |

| Year 4 Fall                  |          |    |
|------------------------------|----------|----|
| Requirement                  | Course   | Cr |
| Aging                        | COHE 460 | 3  |
| Nutrition                    | HEED 420 | 3  |
| Org & Admin of Health and PE | PEDU 411 | 3  |
| Measurement and Evaluation   | PEDU 421 | 3  |
| Adapted Physical Education   | PEDU 431 | 3  |
|                              | Total:   | 15 |

| Year 4 Spring                  |          |    |
|--------------------------------|----------|----|
| Requirement                    | Course   | Cr |
| Seminar in Community Health    | COHE 470 | 12 |
| Field Work in Community Health | COHE 480 | 2  |
|                                |          |    |
|                                |          |    |
|                                | Total:   | 14 |

### **Notes**

<sup>\*</sup> Indicates a course recommended by the program. Other courses listed under the requirement may be used.