

Bachelor of Science in Health and Physical Education, Community Health Concentration
Freshman Curriculum Planning Guide and Baccalaureate Degree Plan
Fayetteville State University
(2022-2023)

University College Core Curriculum (General Education - 39 Credits)	Course Number	Cr.	Term	Grade
Transitional Studies – University Studies (2 Credits) ¹ Select one option from (UNIV 101/102) or UNIV 110 or UNIV 111 or UNIV 112		2		
Transitional Studies – Life Skills (2 Credits) Select two credits from the following: HEED 112 or HEED 113		2		
Communication Skills – Written Communication (3 Credits) – ENGL 110		3		
Information Literacy (3 Credits) – ENGL 120		3		
Communication Skills – Oral Communication (3 Credits) SPEE 200		3		
Reasoning Skills – Critical Thinking (3 Credits) ² Select one from the following: PHIL 110 or PHIL 220		3		
Reasoning Skills – Quantitative Reasoning (3 Credits) ³ Select one from the following: MATH 123 or MATH 126 or MATH 127 or MATH 128 or MATH 129 or MATH 130 or MATH 131		3		
Scientific Literacy – Natural Sciences (8 Credits) ⁴ Select from the following: BIOL 150 and BIOL 150L NSCI 111 and NSCI 111L		4 4		
Scientific Literacy – Social Sciences (3 Credits) CRJC 210 or ENEC 270 or ECON 211 or ECON 212 or GEOG 210 or HIST 212 or HIST 271 or POLI 200 or POLI 210 or POLI 220 or PSYC 210 or SOCI 210		3		
Humanities and Creative Arts (3 Credits) Select one from the following: ART 210 or COMM 220 or ENGL 220 or ENGL 223 or ENGL 240 or ENGL 250 or ENGL 253 or HIST 210 or HUMN 211 or HUMN 212 or HUMN 213 or HUMN 215 or MUSI 210 or MUSI 225 or MUSI 260 or PHIL 210 or RELI 215 or THEA 203		3		
Global Literacy (3 Credits) ⁵ Select one from the following: ANTH 210 or ART 150 or ART 215 or BADM 210 or CHIN 110 or CHIN 120 or ENGL 211 or ENGL 212 or FREN 110 or FREN 120 or GEOG 220 or HIST 110 or HIST 120 or HIST 270 or PHIL 211 or POLI 230 or SOCI 150 or SPAN 110 or SPAN 112 or SPAN 120 or SPAN 122 or SPAN 211 or THEA 242 or YORU 110 or YORU 120		3		
Ethics and Civic Engagement (3 Credits) Select three credits from the following: HCM 200		3		

Notes

1. Course numbers are for the North Carolina Community College (NCCC) system.
2. Students do not earn credit if any requirement is waived. All students must earn at least 120 credits to graduate.
3. NCCC degrees: Associate in Arts (AA), Associate in Science (AS), Associate in Applied Science (AAS), Associate in General Education (AGE). Per NC Comprehensive Articulation Agreement, NCCC graduates with AA or AS have completed FSU general education requirements. Non-NCCC general education requirements are waived unless otherwise noted. NCCC general education courses not used for core may be applied to free electives or used to reach 120 credits.
4. At least one Natural Science class must include a lab.
5. Not required for students with 30 or more transfer credits from a foreign institution. Students do not earn credit if requirement is waived.

Community Health Concentration Program Requirements (81 Credits)	Course	Cr.	Term	Grade
Community Health Courses (35 Credits) COHE 200 And COHE 270 And COHE 330 And COHE 360 And COHE 425 And COHE 426 And COHE 460 And COHE 470 And COHE 480	COHE 200	3		
	COHE 270	3		
	**COHE 330	3		
	COHE 360	3		
	**COHE 425	3		
	**COHE 426	3		
	**COHE 460	3		
	**COHE 470	2		
	**COHE 480	12		
Health Education Courses (27 Credits) HEED 300 And HEED 301 And HEED 310 And HEED 311 Or HEED 372 And HEED 410 And HEED 411 And HEED 420.	HEED 300	3		
	HEED 301	3		
	HEED 310	3		
	HEED 311	3		
	HEED 372	3		
	HEED 410	3		
	HEED 411	3		
	HEED 420	3		
Physical Education Courses (19 Credit Hours) PEDU 101 And PEDU 204 And PEDU 214 And PEDU 311 And PEDU 411 And PEDU 421 And PEDU 431.	PEDU 101	1		
	PEDU 204	3		
	PEDU 214	2		
	PEDU 311	2		
	**PEDU 411	3		
	**PEDU 421	3		
	**PEDU 431	3		
**Must be classified as a junior or senior and/or Admission to Teacher Education is required to enroll in these courses. Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all major (health and physical education) courses to qualify for graduation.				
Total Credits		120		
Transfer Credits				

Baccalaureate 4-Year Degree Plan

This Plan illustrates how students from North Carolina community colleges can meet degree course requirements in four years. Courses and requirements in Year 1 and Year 2 are from the NC community college catalog. Courses and requirements in Year 3 and Year 4 are from the FSU catalog. Some courses listed below may be taken in an alternate order. Courses fulfilling requirements are listed on the previous pages. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Students should work with advisor to create and update an individual plan.

Year 1 Fall		
Requirement	Course	Cr
Freshman Seminar I	UNIV 101	1
Health and Wellness	HEED 112	2
English Composition I	ENGL 110	3
PHIL 110 Or PHIL 220		3
Quantitative Reasoning		3
Global Literacy		3
Total:		15

Year 1 Spring		
Requirement	Course	Cr
Freshman Seminar II	UNIV 102	1
Introduction to Speech	SPEE 200	3
English Composition II	ENGL 120	3
Natural Sciences	NSCI 111/L	4
Humanities/Creative Arts		3
Total:		14

Year 2 Fall		
Requirement	Course	Cr
Scientific Literacy	BIO 150/L	4
Social/Behavioral Sciences	SOCI 210	3
Introduction to Community Health	COHE 200	3
Environmental Health	HEED 311	3
Ethics in Health Professions	HCM 200	3
Total:		16

Year 2 Spring		
Requirement	Course	Cr
Human Sexuality	HEED 300	3
Drug Education	HEED 301	3
Methods and Materials Team Sport	PEDU 214	3
History and Principles	PEDU 311	3
Consumer Health	COHE 270	3
Total:		15

Year 3 Fall		
Requirement	Course	Cr
Communication in Health	COHE 360	3
Introduction to Epidemiology	HEED 410	3
First Aid and Safety Education	HEED 372	3
Physiology of Exer and Kinesio	PEDU 450	4
Methods and Materials Ind Sport	PEDU 204	3
Total:		16

Year 3 Spring		
Requirement	Course	Cr
Community Health Organizing	COHE 425	3
Program Planning and Evaluation	COHE 426	2
Public Health Problems	HEED 411	3
Mental and Emotional Health	HEED 310	3
Health Behavior and Counseling	COHE 330	3
Swimming I	PEDU 101	1
Total:		15

Year 4 Fall		
Requirement	Course	Cr
Aging	COHE 460	3
Nutrition	HEED 420	3
Org & Admin of Health and PE	PEDU 411	3
Measurement and Evaluation	PEDU 421	3
Adapted Physical Education	PEDU 431	3
Total:		15

Year 4 Spring		
Requirement	Course	Cr
Seminar in Community Health	COHE 470	12
Field Work in Community Health	COHE 480	2
Total:		14

Notes

- * Indicates a course recommended by the program. Other courses listed under the requirement may be used.