

**Bachelor of Science in Health Psychology Freshman
Curriculum Planning Guide and Four-Year Plan
Fayetteville State University
2026-2027**

University College Core Curriculum (38-40 Credits)	Course	Cr.	Term	Grade
Transitional Studies – University Studies (2 Credits)¹ <i>Select one option from (UNIV 101/102) or UNIV 110 or UNIV 111 or UNIV 112</i>		1		
		1		
Transitional Studies – Life Skills (2 Credits) <i>Select two credits from the following: ENTR 100 or FINC 100 or GEOG 110 or HEED 112 or HEED 113 or PEDU 101 or PEDU 107 or PEDU 112 or PEDU 120 or PEDU 122 or PEDU 130 or PEDU 132 or PEDU 140</i>		2		
Communication Skills – Written Communication (3 Credits) – ENGL 110 or ENGL 111		3		
Information Literacy (3 Credits) – ENGL 120		3		
Communication Skills – Oral Communication (3 Credits) <i>Select one from the following: BADM 215 or SPEE 200</i>		3		
Reasoning Skills – Critical Thinking (3 Credits)² <i>Select one from the following: PHIL 110 or PHIL 220</i>		3		
Reasoning Skills – Quantitative Reasoning (3-4 Credits)³ <i>Select one from the following: MATH 123 or MATH 126 or MATH 128 or MATH 129 or MATH 130 or MATH 131</i>		3		
Scientific Literacy – Natural Sciences (7-8 Credits)⁴ <i>Select from the following: ASTR 101/101L or ASTR 102/102L or ASTR 213 or ASTR 214 or BIOL 111/111L or BIOL 131/BIOL 131L or BIOL 150/150L or BIOL 160/160L or CHEM 105/105L or CHEM 106/106L or CHEM 141/141L or CHEM 161/161L or ENEC 201/201L or ENEC 202/202L or GEOG 200 or NSCI 111/111L or NSCI 121/121L or PHYS 125/125L or PHYS 126/126L</i>		4		
		3		
Scientific Literacy – Social Sciences (3 credits) <i>Select one from the following: PSYC 310 or POLI 210</i>		3		
Humanities and Creative Arts (3 Credits) <i>Select one from the following: ART 210 or COMM 220 or ENGL 220 or ENGL 223 or ENGL 240 or ENGL 250 or ENGL 253 or HIST 210 or HUMN 211 or HUMN 212 or HUMN 213 or HUMN 215 or HUMN 216 or HUMN 217 or MUSI 210 or MUSI 225 or MUSI 260 or PHIL 210 or PHIL 230 or RELI 215 or THEA 210</i>		3		
Global Literacy (3 Credits)⁵ <i>Select one from the following: ANTH 210 or ART 150 or ART 215 or BADM 210 or CHIN 110 or CHIN 120 or ENGL 211 or ENGL 212 or FREN 110 or FREN 120 or GEOG 220 or HIST 110 or HIST 120 or HIST 270 or PHIL 211 or POLI 230 or SOCI 150 or SPAN 110 or SPAN 112 or SPAN 120 or SPAN 122 or SPAN 211 or THEA 242 or YORU 110 or YORU 120</i>		3		
Ethics and Civic Engagement² (3 Credits) <i>Select three credits from the following: BADM 220 or PSYC 203 or EDUC 211 or ENEC 210 or ENGL 225 or ENGL 232 or ENGL 233 or (ETCE 101/102/103) or ETCE 200 or GEOG 270 or HCM 200 or HIST 211 or PHIL 120 or PHIL 212 or PHIL 250 or PNUR 210 or POLI 150 or SPTM 210 or SWRK 220</i>		3		
Foundations of American Democracy² <i>Select three credits from the following: BADM 220 or ENGL 111 or HCM 200 or HIST 211 or HIST 212 or HUMN 216 or HUMN 217 or PHIL 230 or POLI 150 or POLI 210</i> The course selected <u>must</u> also be used to satisfy another Core requirement. The credits count only once.		0		

Notes

- UNIV 101-UNIV 102 required for all first-time students; UNIV 110 required for transfer students with fewer than 30 transfer credits. Students do not earn credit if the requirement is waived. UNIV 111 may be required based on academic performance
- Not required for students with 60+ transfer credits. Students do not earn credit if requirement is waived
- MATH 121 may be required based on profile scores. Some core courses require a one-hour lab.
- At least one natural science class must include its associated lab. Some majors require two lab sciences, increasing requirement to 8 credits
- Not required for students with 30 or more transfer credits from a foreign institution. Students do not earn credit if the requirement is waived.

Psychology Program Requirements (82 Credits)	Course	Cr.	Term	Grade
Psychology Core Courses (21 Credits) <i>PSYC 210 and PSYC 233 and PSYC 302 and PSYC 305 and PSYC 320 and PSYC 343 and PSYC 343</i>	PSYC 210	3		
	PSYC 233	3		
	PSYC 302	3		
	PSYC 305	3		
	PSYC 320	3		
	PSYC 331	3		
	PSYC 343	3		
Major Elective Courses (27 Credits) Grade of C or higher required Select six from the following: (Up to 6 major elective credits at 200-300 level; minimum 18 hours of major electives must be 300-400 level courses); PSYC 202 OR PSYC 300 OR PSYC 210 OR PSYC 212 OR PSYC 222 OR PSYC 332 OR PSYC 350 OR PSYC 300 OR PSYC 352 OR PSYC 360 OR PSYC 365 OR PSYC 370 OR PSYC 331 OR PSYC 325 OR PSYC 370 OR PSYC 380 OR PSYC 390 OR PSYC 345 OR PSYC 351 OR PSYC 361 OR OR OR PSYC 460 OR PSYC 402 OR PSYC 430 OR 460 <i>To further career preparation, designated courses supplementing PSYC competencies are approved to substitute for 3 credits in major electives. Approved, non-PSYC courses: ANTH 310 or ENGL 380 or GEOG 320, or PSYC 422 or SOCI 360 or a 200-level foreign language course. This course can only replace a 300/400 level elective.</i>		3		
		3		
		3		
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		3		
		3		
Statistics Elective Course (3 Credits) Grade of C or higher required Select one from the following: PSYC 315 or POLI 240 or PSYC 233 or SOCI 331		3		
Computer Skills Elective Course (3 Credits) Select one from the following: CSC 100 or CSC 101 or CSC 104 or BADM 214 or EDUC 210 or ISBA 300 or SOCI 333		3		
Other Required Courses - Major Restricted Electives (9 Credits) Grade of C or higher required Must take PSYC 210 and SOCI 210 and select one from the following: ECON, GEOG, HIST, HIPO, INTL, POLI, PSYC, or SOCI (POLI 210 does not meet this requirement if taken to fulfill core requirements)	PSYC 210	3		
	SOCI 210	3		
		3		
Minor or Free Electives: 19 Credits		3		
		3		
		3		
		3		
		3		
		3		
		1		
Total Credits		120		

Other Program Requirements

- 1 A minimum overall GPA of 2.0 and a final grade of "C" or higher is required to declare Health Psychology as a major. All University College Core Curriculum courses must be fully completed before acceptance to the online degree completion (ODC) program.
- 2 Grade of C or higher in all major courses, including any non-health psychology courses used to meet the health psychology elective, other required courses, or statistics elective major requirements.
- 3 No academic credit is awarded for life experiences or for military, police academy, or other professional training.
- 4 Health Psychology majors must earn at least 50% of their credits in health psychology through instruction offered by the institution.
- 5 An overall GPA of 2.00 or higher is required to graduate.

Four-Year Plan

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Courses fulfilling requirements are listed on the previous pages. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Students should work with their advisor to create and update an individual plan in Degree Works.

Year 1 Fall		
Requirement	Course	Cr
University Studies	UNIV 101	1
Written Communication	ENGL 110 or ENGL 111	3
Transitional Life Skill	See Guide	2
Reasoning Skills	PHIL 110	3
Quantitative Reasoning	MATH 126*	3
PSYC Required Major Course	PSYC 210	3
Total:		15

Year 1 Spring		
Requirement	Course	Cr
University Studies	UNIV 102	1
Information Literacy	ENGL 120	3
Social Science Elective	PSYC 210 or POLI 210	3
PSYC Required Major Course	PSYC 331	3
Major Restricted Elective	SOCI 210	3
Humanities and Creative Arts	See Guide	3
Total:		16

Year 2 Fall		
Requirement	Course	Cr
Oral Communication	BADM 215 or SPEE 200	3
Natural Science with Lab	See Guide	4
Global Literacy Elective	See Guide	3
PSYC Required Major Course	PSYC 215	3
Major Restricted Elective	PSYC 210	3
Total:		16

Year 2 Spring		
Requirement	Course	Cr
Natural Science (Lab Optional)	See Guide	3
PSYC Required Major Course	PSYC 305	3
PSYC Required Major Course	PSYC 320	3
Ethics & Civic Engagement Elective	See Guide	3
Minor or Free Elective	See Catalog	3
Total:		15

Year 3 Fall		
Requirement	Course	Cr
PSYC Required Major Course	PSYC 314	3
PSYC 200/300 Elective	See Guide	3
PSYC 200/300 Elective	See Guide	3
Computer Science Elective	See Guide	3
Minor or Free Elective	See Guide	3
Total:		15

Year 3 Spring		
Requirement	Course	Cr
Major Restricted Elective	See Guide	3
Statistics Elective	See Guide	3
PSYC 200/300 Elective	See Guide	3
PSYC 200/300 Elective	See Guide	3
Minor or Free Elective	See Catalog	3
Total:		15

Year 4 Fall		
Requirement	Course	Cr
PSYC Required Major Course	PSYC 450	3
PSYC 200/300 Elective	See Guide	3
PSYC 200/300 Elective	See Guide	3
PSYC 200/300 Elective	See Catalog	3
Minor or Free Elective	See Catalog	3
Total:		15

Year 4 Spring		
Requirement	Course	Cr
PSYC 200/300 Elective	See Guide	3
PSYC 200/300 Elective	See Guide	3
Minor or Free Elective	See Guide	3
Minor or Free Elective	See Catalog	4
Total:		13

Notes

* Indicates a course recommended by the program. Other courses listed under the requirement may be used

PSYC 210, 233, 302, 305, 320, and 331 are prerequisites for upper-level Health Psychology required courses and should be taken as early as possible and prioritized in scheduling.

If a minor is added, plan schedules so that any prerequisites and/or rarely offered courses are taken as early as possible.

The Foundations in American Democracy requirement can be met by taking a course from one of the following University Core Curriculum categories: Written Communication, Ethics and Civic Engagement, Social Science Literacy, and Humanities and Creative Arts. See Guide for the list of courses.