

CADD Friday, September 26, 2025: Workshop Schedule 8:00am-2:30pm

All sessions take place in the Student Center. “Learning” = Learning Outcomes for participants

Schedule Grid

Time	Student Center Rm A (Movement)	Student Center Rm B (Lecture/Educational/Entrepreneurship)	Student Center Rm C (Movement)
8:00–8:45am	Registration & Networking Meet fellow participants and get ready for a day of movement and learning together.		
9:00–9:15am	Opening: Movement as a Mindset <i>Avis Hatcher-Puzzo MFA, MS</i> Sets the tone for using dance as a tool for growth in all areas of life, not only on stage.		
9:20–10:30am	Rituals, Rhythms & Roots <i>Shireen Dickson, BA</i> (Northwestern U) Explore rhythmic traditions and storytelling moves rooted in African and American cultures. Focus: community, connection, and creative inspiration. Learning: Connect with tradition, expand movement vocabulary, and gain confidence in creative self-expression.	Dance, Education & Opportunities <i>Dr. Takiyah Amin (Virginia Tech)</i> Interactive lecture on how dance education shapes policy, opens career paths, and supports community and entrepreneurship. Learning: Recognize how dance informs diverse careers and leave ready to advocate for dance in any setting.	Caribbean Dance: Expand Your Toolkit <i>Makeda Thomas. MFA (Northwestern U)</i> Joyful, high-energy moves from Caribbean traditions. Open to all levels; focuses on self-discovery and cultural sharing. Learning: Build new skills, cultural appreciation, and see dance as a bridge across backgrounds.
10:40–11:50am	UpROOTing; Contemporary Dance Technique / Stories in Motion	Dance as Embodied Pedagogy: Skills for Teaching & Leadership <i>Dr. Nyama McCarthy-Brown (Ohio State)</i>	Afro Modern: Creative Movement <i>Ava Vinesett, MFA (Duke U)</i> Guided improvisation and teamwork. Discover

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	<p><i>Stafford Berry, MFA (Indiana U)</i> Polyrhythmic African-rooted and contemporary dance. Share your stories through dynamic movement.</p> <p>Learning: Develop rhythmic and storytelling skills, creativity, and foundations in contemporary technique.</p>	<p><i>U)</i> Workshop on practical skills for teaching, leadership, and career growth via dance.</p> <p>Learning: Collaborate, communicate, solve problems, and gain tools to lead with confidence and adaptability.</p>	<p>creative leadership and personal growth through dance.</p> <p>Learning: Practice collaboration, creative risks, and empathetic leadership.</p>
12:00–1:00pm	Lunch	Lunch	Lunch
1:10–2:20pm	<p>Contemporary Hip Hop <i>André Zachery, MFA (NYU)</i> High-energy, contemporary hip hop for all levels. Industry-ready skills and creative improvisation.</p> <p>Learning: Gain practical tools for performance, teaching, connection, and collaboration in any setting.</p>	<p>Dance and Shekere <i>Andrea E. Woods Valdés, MFA, PhD (Duke U)</i> Movement workshop blending modern and African Diaspora dance with shekere playing and singing. Dancers become musicians, building rhythm, group music-making, and joyful community. Instruments provided.</p> <p>Learning: Experience new rhythms, music, and cultural traditions while making a joyful noise together.</p>	<p>Re-imagining Dance: Education for the Stage, Life, and Community <i>Panel Discussion</i> <i>Collaborative</i> <i>Members of CADD E-board</i> Conversation for teachers, admin, and dance educators on broadening dance education, strengthening teaching, and empowering communities.</p> <p>Learning: Share strategies and support, address challenges, and discover practical uses for movement in schools and beyond.</p>

Time	Student Center Rm A (Movement)	Student Center Rm B (Lecture/Educational/Entrepreneurship)	Student Center Rm C (Movement)
2:30–3:00pm	<i>Closing Connections: Community Networking</i> Wrap-up, reflection, and connection—reinforcing the day’s theme that movement is a mindset we can take everywhere.		

Class Descriptions

Rituals, Rhythms & Roots

Explore rhythmic traditions and storytelling from African and American cultures. Shireen’s movement class is open to all, focusing on community, connection, and inspiration.

Learning: Connect with tradition, expand your movement vocabulary, and gain confidence in creative self-expression.

This session welcomes you to discover movement as a tool for growth—a mindset for life.

Dance, Education & Opportunities

Dr. Amin presents how dance education creates opportunities far beyond performance, shaping policy, careers, and community impact.

Learning: Advocate for dance in diverse settings and recognize its influence on program design and school culture.

New perspectives can reframe your work and worldview.

Caribbean Dance: Expand Your Toolkit

Makeda’s energetic class introduces Caribbean movement for any experience level, focusing on self-discovery and cross-cultural sharing.

Learning: Gain new skills, build cultural appreciation, and see dance bridging people and perspectives.

Each step supports connection and celebration.

UpROOTing; Contemporary Dance Technique / Stories in Motion

Stafford combines African-rooted and contemporary dance, encouraging personal storytelling and dynamic movement for all.

Learning: Develop rhythm, creativity, and contemporary dance foundations while sharing your story.

Movement can unlock learning and empathy beyond the studio.

Dance as Embodied Pedagogy: Skills for Teaching & Leadership

Dr. McCarthy-Brown’s workshop shows how dance trains teaching, leadership, and problem-solving.

Learning: Collaborate, communicate, adapt, and confidently lead in teaching and team settings.
Movement becomes a lens for innovative leadership.

Afro Modern: Creative Movement

Ava's class centers teamwork, improvisation, and personal growth, empowering participants to take creative risks and lead.
Learning: Practice collaboration, experiment creatively, and lead empathetically.
Movement fosters resilience and adaptability.

Contemporary Hip Hop

André's high-energy modern hip hop session builds industry-ready skills and creativity for any background or experience level.
Learning: Gain confidence, strong technique, and tools for collaboration and real-world dance settings.
Groove with the mindset for success.

Dance and Shekere

Andrea's lively session fuses dance and music, teaching shekere rhythms and group singing to foster joy and community.
Learning: Play, sing, and dance together; discover new rhythms and musical cultures as movers and musicians.
Move with joy—make a joyful noise as a group.

Re-imagining Dance: Education for the Stage, Life, and Community

Panel for educators and administrators to explore expanding dance education and strengthening communities.
Learning: Share strategies, address local challenges, and support each other—actionable insight for classrooms and organizations.
Movement is not just dance, but a mindset for teaching and leading with vision.

Closing Connections: Community Networking

Wrap up the day through reflection, conversation, and continued community—carrying the day's "Movement as a Mindset" theme forward.